

Be My Disciples

Scope and Sequence • School 1-8



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Unit 1: We Believe, Part One**CHAPTER 1 - The Bible****Faith Concepts:**

- The Bible is God's Word to us.
- Stories in the Bible teach us about God's love.
- We listen to the Bible at Mass.

Sacred Scripture: Luke 11:28 (Listen to God's Word); 1 John 4:8-9, 21 (God is love); Acts 8:26-40 (Saint Philip converts an African man); John 13:34b-35 (Love one another); Ephesians 6:1-2a (Obey your parents)

Disciple Power: faithful (Fruit of the Holy Spirit)

Faith Vocabulary: Bible

Faith-Filled People: Saint Philip the Apostle

Catholics Believe: Readings at Mass

The Church Follows Jesus: Saint Augustine

Prayer: A Listening Prayer

Catechism of the Catholic Church (CCC): 101-133

U.S. Catholic Catechism for Adults (USCCA): pp. 11-15

CHAPTER 2 - God Loves Us**Faith Concepts:**

- God's gift of faith helps us to know him and believe in him.
- Jesus helps us best to know, love, and believe in God.
- The Church and our family also help us to know, love and serve God.

Sacred Scripture: Psalm 139:1-6 (Lord, you see me and know me); Genesis 17:4,15-16 (God's promise to Abraham); John 14:23 (Have faith in Jesus)

Disciple Power: generosity (Fruit of the Holy Spirit)

Faith Vocabulary: faith, believe, pray

Faith-Filled People: Isaac

Catholics Believe: Sign of the Cross

The Church Follows Jesus: Saint Rose of Lima

Prayer: The Sign of the Cross

Catechism of the Catholic Church (CCC): 80-95, 142-175

U.S. Catholic Catechism for Adults (USCCA): pp. 35-47

CHAPTER 3 - God, Our Father and Creator**Faith Concepts:**

- God is the Creator who made the whole world out of love.
- God creates every person in his image and likeness.
- Jesus taught us that God is our Father.

Sacred Scripture: Psalm 136:4 (Hymn of Thanksgiving); Genesis 1:1-31 (Creation of humans; made in God's image); Matthew 6:9 (Jesus teaches the Our Father); Psalm 148 (Psalm of thanksgiving)

Disciple Power: wonder (Gift of the Holy Spirit)

Faith Vocabulary: Creator, image of God

Faith-Filled People: Saint Catherine of Siena

Catholics Believe: The Our Father

The Church Follows Jesus: Kateri Tekakwitha

Prayer: Thank You, God! (rebus prayer based on Psalm 148)

Catechism of the Catholic Church (CCC): 232-248, 268-314

U.S. Catholic Catechism for Adults (USCCA): pp. 53-56, 67-68

CHAPTER 4 - Jesus, the Son of God**Faith Concepts:**

- Jesus is the Son of God and the only son of Mary.
- Jesus shared God's love with everyone.
- The family of Jesus, Mary and Joseph is called the Holy Family.

Sacred Scripture: Luke 2:7 (Mary wrapped him in swaddling clothes); Luke 2:8-17, 20 (The shepherds visit the Holy Family); Luke 2:41-52 (Jesus in the Temple)

Disciple Power: kindness (capital virtue)

Faith Vocabulary: Son of God, Holy Family

Faith-Filled People: Saints Anne and Saint Joachim

Catholics Believe: Lord, Have Mercy

The Church Follows Jesus: We Have Room! (Las Posadas)

Prayer: Jesus, I Love You (sign language)

Catechism of the Catholic Church (CCC): 456-478, 512-560

U.S. Catholic Catechism for Adults (USCCA): pp. 77-87, 143-149

Catholic Social Teaching — Unit 1: We Care for God's Creation

Unit 2: We Believe, Part Two**CHAPTER 5 - Mary, the Mother of Jesus****Faith Concepts:**

- God chose Mary to be the mother of Jesus.
- The Bible tells us about Mary's faith in God.
- Mary loves and trusts God.

Sacred Scripture: Luke 1:28, 31, 35, 38 (The Annunciation); Luke 11: 28 (Blessed are the people who listen to God's Word); Psalm 1:1-2 (Happy are the people who listen to God's Word)

Disciple Power: courage (Cardinal Virtue)

Faith Vocabulary: angels, trust

Faith-Filled People: Saint Juan Diego

Catholics Believe: Feast Days

The Church Follows Jesus: Mother Théodore Guérin

Prayer: Psalm Prayer

Catechism of the Catholic Church (CCC): 484-507

U.S. Catholic Catechism for Adults (USCCA): pp. 141-149

CHAPTER 6 - Jesus Shares God's Love**Faith Concepts:**

- Jesus loved us so much that he gave his life for us.
- Jesus died on the Cross, rose from the dead, and is alive.
- Jesus returned to his Father in Heaven.

Sacred Scripture: Mark 10:14-16 (Jesus welcomes the children.); John 15:13 (The greatest love); Luke 24:1-4, 6; Matthew 28:6-7 (Resurrection of Jesus); John 20:19 (Peace be with you)

Disciple Power: hope (Theological Virtue)

Faith Vocabulary: cross, Resurrection, Easter, Ascension

Faith-Filled People: Saint Mary Magdalene

Catholics Believe: Candlemas Day

The Church Follows Jesus: Saint Gianna

Prayer: An Act of Hope

Catechism of the Catholic Church (CCC): 561, 620-621, 629, 656-665

U.S. Catholic Catechism for Adults (USCCA): pp. 77-87

CHAPTER 7 - The Holy Spirit, Our Helper**Faith Concepts:**

- The Holy Spirit helps and teaches us to pray.
- The Holy Trinity is One God in Three Divine Persons.
- The Holy Spirit gives us the gifts to help us love God and others.

Sacred Scripture: John 14:26 (The promise of the Holy Spirit); John 14:16 (The Father will give a helper); John 13:34 (Love one another); Romans 8:14 (Children of God)

Disciple Power: counsel (Gift of the Holy Spirit)

Faith Vocabulary: Holy Spirit, Holy Trinity

Faith-Filled People: Saint Patrick

Catholics Believe: Signs and Symbols

The Church Follows Jesus: Signs of the Holy Spirit

Prayer: Come, Holy Spirit

Catechism of the Catholic Church (CCC): 232-248, 683-741

U.S. Catholic Catechism for Adults (USCCA): pp.101-110

CHAPTER 8 - The Church**Faith Concepts:**

- The Holy Spirit helps all the members of the Church.
- The Church helps us to do what Jesus taught us.
- The Saints help us to live as followers of Jesus.

Sacred Scripture: Acts 2:42 (The first members of the Church); Acts 2:1-4 (The Holy Spirit descends upon the disciples)

Disciple Power: reverence (Gift of the Holy Spirit)

Faith Vocabulary: Church, Pentecost, Catholics, Saints

Faith-Filled People: Saint Peter the Apostle

Catholics Believe: The Pope

The Church Follows Jesus: Saint Paul

Prayer: Litany of the Saints

Catechism of the Catholic Church (CCC): 737-741, 748-801

U.S. Catholic Catechism for Adults (USCCA): pp. 111-123

Catholic Social Teaching — Unit 2: We Care for People

Unit 3: We Worship, Part One

CHAPTER 9 - The Church Celebrates Jesus

Faith Concepts:

- The Church has special times and seasons of the year.
- The Church's year is made up of Advent, Christmas, Lent, Easter, and Ordinary Time.
- Sunday is the Lord's Day.

Sacred Scripture: Ecclesiastes 3:1 (There is a season for everything); Isaiah 40:3, 5 (Prepare the way of the Lord); Micah 5:1, 3-4 (A great ruler shall come from you); John 10:14, 27 (I am the Good Shepherd)

Disciple Power: prudence (Cardinal Virtue)

Faith Vocabulary: Church year, Advent, Easter

Faith-Filled People: Saint Joseph

Catholics Believe: Holy Days of Obligation

The Church Follows Jesus: Celebrating Sunday

Prayer: Lord, We Praise You

Catechism of the Catholic Church (CCC): 1163-1173

U.S. Catholic Catechism for Adults (USCCA): pp. 173, 175, 178

CHAPTER 10 - Signs of God's Love

Faith Concepts:

- In Baptism, God shares his love and life with us.
- In Baptism, we receive the gift of the Holy Spirit.
- In Confirmation, we are sealed with the gift of the Holy Spirit to help us live out our Baptism.

Sacred Scripture: Mark 1:10-11 (Baptism of Jesus))

Disciple Power: hospitality (capital virtue)

Faith Vocabulary: Sacraments, Baptism, Confirmation

Faith-Filled People: Godparents

Catholics Believe: Baptismal Candle

The Church Follows Jesus: Project Star Fish

Prayer: Thank You, Lord

Catechism of the Catholic Church (CCC): 1113-1130, 1210-1274

U.S. Catholic Catechism for Adults (USCCA): pp. 183-197, 203-209

CHAPTER 11 - We Follow Jesus

Faith Concepts:

- The Gospel is the Good News that Jesus told about God's love.
- Jesus told his disciples to tell everyone the Good News.
- When we listen to the Gospel, we come to know Jesus better and grow in faith.

Sacred Scripture: Mark 16:15 (Tell everyone the Good News); Matthew 28:19-20 (Baptize all people)

Disciple Power: goodness (Fruit of the Holy Spirit)

Faith Vocabulary: Gospel

Faith-Filled People: Blessed Teresa of Calcutta

Catholics Believe: The Four Gospels

The Church Follows Jesus: Saint Francis of Assisi

Prayer: Lord, Help Us to Listen

Catechism of the Catholic Church (CCC): 124-133, 849-856

U.S. Catholic Catechism for Adults (USCCA): pp. 79-85

CHAPTER 12 - The Catholic Family

Faith Concepts:

- Christian families are signs of Jesus' love in the world.
- Members of a family share their love for God and one another.
- Our family helps us to live our faith.

Sacred Scripture: Luke 2: 39-40 (The Presentation of Jesus); John 2:1-11 (Wedding at Cana)

Disciple Power: fidelity (Fruit of the Holy Spirit)

Faith Vocabulary: marriage, Matrimony

Faith-Filled People: Saint Elizabeth Ann Seton

Catholics Believe: The Family Church

The Church Follows Jesus: Helping Families (Holy Family Day Home)

Prayer: A Family Blessing

Catechism of the Catholic Church (CCC): 1601-1658, 2197-2233

U.S. Catholic Catechism for Adults (USCCA): pp. 279-287

Catholic Social Teaching — Unit 3: We Live in a Community

Unit 4: We Worship, Part Two

CHAPTER 13 - We Pray

Faith Concepts:

- Prayer is listening and talking to God.
- When we pray, we grow in our love for God.
- God always listens to our prayers.

Sacred Scripture: Matthew 6:7 (Jesus teaches us to pray); Matthew 6:6 (God will answer your prayer)

Disciple Power: patience (capital virtue)

Faith Vocabulary: prayer

Faith-Filled People: Saint Thérèse of the Child Jesus

Catholics Believe: Meal Prayers

The Church Follows Jesus: Prayer Partners

Prayer: Hail Mary

Catechism of the Catholic Church (CCC): 2558-2619

U.S. Catholic Catechism for Adults (USCCA): pp. 466-468 and 476-477

CHAPTER 14 - We Are Peacemakers

Faith Concepts:

- Sin hurts our relationship with God and others.
- When we say that we are sorry, we show that we love God and others.
- When we say that we are sorry, we ask for forgiveness from God and from others.

Sacred Scripture: Matthew 6:12 (Ask God to forgive your sins); Matthew 5:9 (Blessed are the peacemakers); Matthew 18:21-22 (You must learn to forgive over and over again)

Disciple Power: peace (Fruit of the Holy Spirit)

Faith Vocabulary: sin

Faith-Filled People: Saint John Vianney

Catholics Believe: Sign of Peace

The Church Follows Jesus: The Pope Makes Peace

Prayer: Prayer of Mercy

Catechism of the Catholic Church (CCC): 1420-1484, 1846-1869

U.S. Catholic Catechism for Adults (USCCA): pp. 235-236

CHAPTER 15 - We Go to Mass

Faith Concepts:

- At Mass, we worship God.
- At Mass, we listen to readings from the Bible.
- At Mass, we celebrate and share the Eucharist.

Sacred Scripture: Psalm 92:2 (Give thanks to the Lord.); Matthew 26:26-28 (The Last Supper)

Disciple Power: perseverance (capital virtue)

Faith Vocabulary: Mass, Eucharist

Faith-Filled People: Priests

Catholics Believe: Peacemakers

The Church Follows Jesus: Sharing God's Love.

Prayer: Thank You, God

Catechism of the Catholic Church (CCC): 1322-1405

U.S. Catholic Catechism for Adults (USCCA): pp. 215-227

CHAPTER 16 - Jesus Shows God's Love

Faith Concepts:

- Jesus saw that the people were hungry and gave them all enough to eat.
- Jesus showed people that God cares for them.
- Jesus teaches us to care for people.

Sacred Scripture: Luke 22:19 (This is my body); Mark 1:14-15 (Turn your hearts to God); Mark 2:12 (People were amazed at Jesus); Matthew 14:15-16, 19-20 (Jesus feeds the people)

Disciple Power: wisdom (Gift of the Holy Spirit)

Faith Vocabulary: Galilee, miracle

Faith-Filled People: Saint María de Jesús

Catholics Believe: Grace

The Church Follows Jesus: CRS Rice Bowl

Prayer: A Blessing Prayer

Catechism of the Catholic Church (CCC): 302-308, 547-550

U.S. Catholic Catechism for Adults (USCCA): pp. 79-80, 215-216, 222-223

Catholic Social Teaching — Unit 4: We Treat All Life As God's Gift to Us

Unit 5: We Live, Part One

CHAPTER 17 - The First Christians
Faith Concepts:
<ul style="list-style-type: none"> Christians believe in Jesus Christ and do what he taught. The first Christians gathered together and loved God and one another. Christians today show their love for one another just as the first Christians did.
Sacred Scripture: Acts 13:52 (The disciples were filled with joy); Psalm 98:4 (Shout with joy); John 15:10–11 (Remain in [Christ’s] love); Acts 2:42,45–47 (How the first Christians lived); 1 Thessalonians 5:16–18 (Always be joyful)
Disciple Power: understanding (Gift of the Holy Spirit)
Faith Vocabulary: Christians
Faith-Filled People: Saint Paul the Apostle
Catholics Believe: Patron Saints
The Church Follows Jesus: Saint Martin de Porres
Prayer: Praise the Lord
<i>Catechism of the Catholic Church (CCC): 849-852, 1397, 2020-2046</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 118-119</i>
CHAPTER 18 - We Love God
Faith Concepts:
<ul style="list-style-type: none"> The Ten Commandments teach us to worship God. The Ten Commandments teach us to speak God’s name with love and respect. The Ten Commandments teach us to take part in Mass on Sundays.
Sacred Scripture: Exodus 20:6 (Keep God’s Commandments.); Matthew 5:18–19 (The Ten Commandments are important); John 13:34 (Jesus gives the New Commandment of love)
Disciple Power: knowledge (Gift of the Holy Spirit)
Faith Vocabulary: Ten Commandments, worship
Faith-Filled People: Saint Clare and Saint Agnes
Catholics Believe: Cathedrals
The Church Follows Jesus: Building Churches
Prayer: An Act of Love
<i>Catechism of the Catholic Church (CCC): 2052-2195</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 341-369</i>
CHAPTER 19 - We Love Others
Faith Concepts:
<ul style="list-style-type: none"> We are to treat ourselves and others as children of God. We are to show respect for other people. We are to tell the truth.
Sacred Scripture: Deuteronomy 6:20–25 (God gave us the Commandments); Matthew 5:37 (Always tell the truth)
Disciple Power: temperance (Cardinal Virtue)
Faith Vocabulary: respect, honor
Faith-Filled People: Saint Vincent de Paul
Catholics Believe: Collection at Mass
The Church Follows Jesus: Helping People in Need (St. Vincent de Paul Society)
Prayer: Lord, Hear Our Prayer
<i>Catechism of the Catholic Church (CCC): 2052-2074, 2196-2557</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 375-455</i>
CHAPTER 20 - We Live as a Community
Faith Concepts:
<ul style="list-style-type: none"> The Great Commandment teaches us to love God and to love others as we love ourselves. The Great Commandment helps us to follow Jesus. The Great Commandment helps us to live as good members of our community.
Sacred Scripture: Matthew 22:34-39 (Jesus gives the Great Commandment); Psalm 25:4-5 (Teach me your ways)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: community, Great Commandment
Faith-Filled People: Saint Louis
Catholics Believe: Religious Communities
The Church Follows Jesus: Saint Peter Claver
Prayer: Teach Me, Lord
<i>Catechism of the Catholic Church (CCC): 1877-1942, 1949-1974, 2234-2246</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 307-309</i>
Catholic Social Teaching — Unit 5: We Reach Out

Unit 6: We Live, Part Two

CHAPTER 21 - Jesus and the Children
Faith Concepts:
<ul style="list-style-type: none"> God loves all people. God wants all people to come to him. God wants us to live in Heaven.
Sacred Scripture: John 15:15 (Jesus calls us friends); Mark 10:13–14,16 (Let the children come to me)
Disciple Power: joy (Fruit of the Holy Spirit)
Faith Vocabulary: Kingdom of God
Faith-Filled People: Saint Nicholas
Catholics Believe: Children’s Choir
The Church Follows Jesus: Children Helping Children (Holy Childhood Association)
Prayer: Let the Children Come (using imagination in prayer)
<i>Catechism of the Catholic Church (CCC): 541-550, 2816-2821</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 67-68, 310</i>
CHAPTER 22 - We Are Children of God
Faith Concepts:
<ul style="list-style-type: none"> God created all people in his image. God gives us the gift of life. We are to take care of the gift of life.
Sacred Scripture: Genesis 1:27 (God created people in his image); Psalm 8 (God is wonderful); 1 Corinthians 3:16 (The spirit of God dwells in you); Romans 12:10 (Care for and respect others)
Disciple Power: gentleness (Fruit of the Holy Spirit)
Faith Vocabulary: children of God, glory
Faith-Filled People: Saint Josephine Bakhita
Catholics Believe: Blessed Sacrament
The Church Follows Jesus: Sisters of the Blessed Sacrament
Prayer: The Glory Be (English and Spanish)
<i>Catechism of the Catholic Church (CCC): 355-361, 1699-1709</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 67-68</i>
CHAPTER 23 - Jesus Teaches about Love
Faith Concepts:
<ul style="list-style-type: none"> Jesus told the parable of the Good Samaritan to help us live as his followers. God wants us to care for others. We show charity when we love our neighbors.
Sacred Scripture: Luke 10:36–37 (The good neighbor); Luke 10:29–35 (The parable of the Good Samaritan); Ephesians 4:32 (Be kind and caring)
Disciple Power: charity (Theological Virtue)
Faith Vocabulary: parable
Faith-Filled People: Saint Isidore the Farmer
Catholics Believe: Prayer of the Faithful
The Church Follows Jesus: Saint Frances Cabrini
Prayer: We Pray for Others (the Prayer of the Faithful)
<i>Catechism of the Catholic Church (CCC): 546</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 27-31, 79-80</i>
CHAPTER 24 - The Our Father
Faith Concepts:
<ul style="list-style-type: none"> Jesus taught us to pray the Our Father. The Our Father is a prayer for all God’s children. The Our Father is also called the Lord’s Prayer.
Sacred Scripture: Matthew 6:6-8 (Jesus taught his disciples to pray); Matthew 6: 9–13 (Jesus teaches the Our Father.)
Disciple Power: humility (capital virtue)
Faith Vocabulary: Our Father
Faith-Filled People: Sister Thea Bowman
Catholics Believe: The Lord’s Prayer
The Church Follows Jesus: Blessed Teresa of Calcutta
Prayer: The Our Father
<i>Catechism of the Catholic Church (CCC): 2759-2856</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 483-492</i>
Catholic Social Teaching — Unit 6: We Share Our Gifts

Unit 1: We Believe, Part One

CHAPTER 1 - The Bible
Faith Concepts: • The Bible is the revealed and written Word of God. • The Bible is made up of the Old and New Testaments. • The Gospels tell us about Jesus.
Sacred Scripture: Hebrews 1:1–2 (God speaks to us through Jesus); Matthew 13:3–9, 19–23 (Parable of the Sower and the Seed); Psalm 119:14, 130, 160 (The Word of God); Colossians 3:16–17 (Let God’s Word dwell in you)
Disciple Power: respect (capital virtue)
Faith Vocabulary: Bible, disciples, Psalms, Gospels
Faith-Filled People: King David
Catholics Believe: The Gospels
The Church Follows Jesus: A Saint Who Loved the Bible (Saint Jerome)
Prayer: A Listening Prayer
<i>Catechism of the Catholic Church (CCC): 101–114</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 11–32</i>
CHAPTER 2 - We Know and Love God
Faith Concepts: • God reveals himself in his creation. • Jesus is the greatest sign of God's love. • The Church helps us know God and his love for us.
Sacred Scripture: Psalm 25:4 (Teach me your ways); Psalm 69:35 (All creation sings God’s praise); Matthew 6:26–34 (Jesus invites us to trust God)
Disciple Power: hospitality (capital virtue)
Faith Vocabulary: believe, faith
Faith-Filled People: Saint Philip the Apostle
Catholics Believe: The Parish Church
The Church Follows Jesus: Welcome! (belonging to a parish)
Prayer: We Believe in God! (an Act of Faith)
<i>Catechism of the Catholic Church (CCC): 50–67, 84–95, 142–175</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 50–53</i>
CHAPTER 3 - The Holy Trinity
Faith Concepts: • God the Father is the First Person of the Holy Trinity. • God the Son is the Second Person of the Holy Trinity. • God the Holy Spirit is the Third Person of the Holy Trinity.
Sacred Scripture: John 14:25–26 (The Father will send the Holy Spirit) Matthew 22:37–39 (Jesus teaches the Law of Love.); Luke 11:13 (The Father sends the Holy Spirit.)
Disciple Power: wonder (Gift of the Holy Spirit)
Faith Vocabulary: Holy Trinity, soul, Son of God
Faith-Filled People: Saint Patrick
Catholics Believe: Sign of the Cross
The Church Follows Jesus: Many Languages! (praying in one’s own language).
Prayer: The Sign of the Cross (ritual action)
<i>Catechism of the Catholic Church (CCC): 232–260</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 51–53</i>
CHAPTER 4 - God, Our Father
Faith Concepts: • God is the Creator, who created all things out of love. • God is almighty and can do all things. • Jesus taught us that God is our Father.
Sacred Scripture: 1 John 3:1 (We are God’s children); Genesis 1:1, 7–12, 16, 20–21, 24–25, 27, 31 (God is the Creator); Psalm 145:9 (God loves and cares for every creature); Psalm 89:9 (There is no one like God); Matthew 6:9 (Jesus taught the Lord’s Prayer)
Disciple Power: honor (capital virtue)
Faith Vocabulary: Creator, almighty
Faith-Filled People: Saint Bonaventure
Catholics Believe: The Lord’s Prayer
The Church Follows Jesus: A Garden for Others
Prayer: The Lord’s Prayer
<i>Catechism of the Catholic Church (CCC): 268–274, 279–314, 325–349</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 50–54</i>
Catholic Social Teaching — Unit 1: We Are Caretakers of God’s Creation

Unit 2: We Believe, Part Two

CHAPTER 5 - Jesus, Son of God
Faith Concepts: • The Covenant is a sign of God's love and mercy. • God made covenants with Noah, Abraham, and Moses. • The birth of Jesus Christ, the Son of God, is a sign of God's love and mercy.
Sacred Scripture: Isaiah 7:14, 9:5–6 (God’s promise to his people); Luke 2: 4–7 (The birth of Jesus); Matthew 14:13, 15–20 (Jesus feeds the crowd)
Disciple Power: mercy (capital virtue)
Faith Vocabulary: Covenant, Jesus Christ
Faith-Filled People: The Blessed Virgin Mary
Catholics Believe: Works of Mercy
The Church Follows Jesus: Brother Martin (Saint Martin de Porres)
Prayer: The Angelus
<i>Catechism of the Catholic Church (CCC): 51–67, 456–560</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 77–87</i>
CHAPTER 6 - Jesus, the Savior
Faith Concepts: • Jesus Christ is the Savior whom God promised to send us. • Jesus suffered death on the Cross to save all people from their sins. • God the Father raised his Son, Jesus, from death to new life.
Sacred Scripture: John 13:34; 15:13 (Love one another); Matthew 1:20–23 (Joseph’s dream); Luke 23:33–34, 44, 46 (Jesus’ Crucifixion and Death); 1 Peter 2:24 (Jesus forgave our sins); Luke 24: 4, 6, 9, 11–12 (The women at the tomb); John 20:1–2 (Mary Magdalene at the tomb)
Disciple Power: sacrifice (Fruit of the Holy Spirit as related to love)
Faith Vocabulary: Crucifixion, Resurrection
Faith-Filled People: Saint Mary Magdalene
Catholics Believe: The Crucifix
The Church Follows Jesus: Saint Elizabeth of Hungary
Prayer: Praise God (includes Memorial Acclamation)
<i>Catechism of the Catholic Church (CCC): 422–451, 456–478, 599–655</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 91–98</i>
CHAPTER 7 - The Holy Spirit
Faith Concepts: • Jesus promised the Father would send the Holy Spirit. • The Holy Spirit came to the disciples on Pentecost. • The Holy Spirit is our helper and teacher.
Sacred Scripture: 1 Corinthians 12:4–11 (The Holy Spirit gives us spiritual gifts); Luke 24:49 (The promise of the Holy Spirit); Acts 2:2–4 (The first Pentecost); Romans 8:26 (The Holy Spirit prays for us)
Disciple Power: generosity (Fruit of the Holy Spirit)
Faith Vocabulary: Ascension, Pentecost
Faith-Filled People: Saint Luke
Catholics Believe: Gifts of the Holy Spirit
The Church Follows Jesus: Kids’ Kitchen
Prayer: Come, Holy Spirit
<i>Catechism of the Catholic Church (CCC): 687–741</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 102–108</i>
CHAPTER 8 - The Church
Faith Concepts: • The Church is the People of God who follow Jesus Christ. • The Church is the Body of Christ. • The Church is the Communion of Saints.
Sacred Scripture: Acts 2:42–47 (The early Church); Matthew 28:19–20 (Baptize all people); 1 Corinthians 12:12–13 (We have been baptized into one body)
Disciple Power: goodness (Fruit of the Holy Spirit)
Faith Vocabulary: Catholics, Body of Christ, Communion of Saints
Faith-Filled People: The Faithful
Catholics Believe: Patron Saints
The Church Follows Jesus: Father Augustus Tolton
Prayer: A Litany of Saints
<i>Catechism of the Catholic Church (CCC): 751–776, 781–801, 874–993</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 143–147</i>
Catholic Social Teaching — Unit 2: We Are United With Others

Unit 3: We Worship, Part One**CHAPTER 9 - We Celebrate God's Love****Faith Concepts:**

- We worship God by using words and actions.
- We worship God when we celebrate the Sacraments.
- The Holy Spirit helps us to celebrate the Sacraments and worship God.

Sacred Scripture:

Psalm 100:1–2 (Shout with joy to God); Mark 5:22–24, 38, 41–42 (The healing of Jairus' daughter); Psalm 34:2 (Bless the Lord at all times)

Disciple Power: piety (Gift of the Holy Spirit)

Faith Vocabulary: worship, Sacraments

Faith-Filled People: Saint Mark

Catholics Believe: Sacramentals

The Church Follows Jesus: Blessed John XXIII

Prayer: We Bless the Lord

Catechism of the Catholic Church (CCC): 1066-1118

U.S. Catholic Catechism for Adults (USCCA): pp. 168-169, 295-298

CHAPTER 10 - Our Church Welcomes Us**Faith Concepts:**

- Baptism is the first Sacrament we receive.
- Baptism joins us to Christ and makes us members of the Church.
- The words and actions of Baptism show that we share in God's life.

Sacred Scripture: Galatians 3:26–28 (You have been baptized in Christ); Acts 10:30–48 (The baptism of Cornelius and his family)

Disciple Power: faith (Theological Virtue)

Faith Vocabulary: Baptism, deacon, grace

Faith-Filled People: Saint Paul the Apostle

Catholics Believe: Baptismal Candle

The Church Follows Jesus: Saint Kateri (Tekakwitha)

Prayer: Glory to God (a prayer of adoration)

Catechism of the Catholic Church (CCC): 1213-1284

U.S. Catholic Catechism for Adults (USCCA): pp. 183-197

CHAPTER 11 - We Celebrate the Holy Spirit**Faith Concepts:**

- Confirmation is received after the Sacrament of Baptism.
- In Confirmation, the Holy Spirit gives us spiritual gifts to help us love and serve God and one another.
- In the Sacrament of Confirmation, the Holy Spirit strengthens us to live our Baptism.

Sacred Scripture: 1 Corinthians 12:4–11 (There are different gifts, but one Spirit); Romans 12:5–6, 9–12, 18 (Use your gifts to share God's love); Galatians 4:6 (God sent the Holy Spirit to live in our hearts)

Disciple Power: knowledge (Gift of the Holy Spirit)

Faith Vocabulary: Confirmation, spiritual gifts

Faith-Filled People: Saint Stephen

Catholics Believe: Sacred Chrism

The Church Follows Jesus: Gifted Saints (Saint Catherine of Siena and Saint Thomas Aquinas)

Prayer: Send Your Spirit

Catechism of the Catholic Church (CCC): 1285-1314, 1830-1845

U.S. Catholic Catechism for Adults (USCCA): pp. 203-209

CHAPTER 12 - We Celebrate Forgiveness**Faith Concepts:**

- Sin is choosing to do or say something against God.
- In Penance and Reconciliation, we ask for and receive forgiveness for our sins.
- Contrition, confession, penance, and absolution are part of Reconciliation.

Sacred Scripture: Luke 15:7 (Ask for forgiveness); Luke 15:11–24 (Parable of the Forgiving Father); John 20:19–23 (The Apostles receive the power to forgive sins)

Disciple Power: forgiveness (capital virtue)

Faith Vocabulary: sin, reconciliation, penance

Faith-Filled People: Zacchaeus

Catholics Believe: Act of Contrition

The Church Follows Jesus: Saint John Vianney

Prayer: Prayer of Petition

Catechism of the Catholic Church (CCC): 545-546, 587-590, 976-983, 1420-1484, 1846-1848

U.S. Catholic Catechism for Adults (USCCA): 234-243

Catholic Social Teaching — Unit 3: We Make Peace

Unit 4: We Worship, Part Two**CHAPTER 13 - We Gather For Mass****Faith Concepts:**

- The Mass is the most important celebration of the Church.
- Everyone at Mass has a part to play in the celebration of the Mass.
- The Introductory Rites of the Mass gather us and prepare us to worship God.

Sacred Scripture: Joel 2:15–16, 23 (Worship the Lord); Matthew 18:20 (Where two or three are gathered); Acts 2:42 (The early Church); Psalm 100 (Shout with joy to God)

Disciple Power: love (Theological Virtue)

Faith Vocabulary: Mass, assembly

Faith-Filled People: Saint Justin

Catholics Believe: The Lord's Day

The Church Follows Jesus: To Keep the Faith Alive (Father Petr Pit'ha)

Prayer: Praise God (Psalm 100)

Catechism of the Catholic Church (CCC): 1322-1332, 1346, 1348

U.S. Catholic Catechism for Adults (USCCA): pp. 215-227

CHAPTER 14 - We Listen to God's Word**Faith Concepts:**

- The Liturgy of the Word is the first main part of the Mass.
- The Gospel is the main part of the Liturgy of the Word.
- At Mass we listen and respond to the Word of God.

Sacred Scripture: Luke 11:27–28 (Blessed are those who hear the Word of God and keep it); Luke 13:18–19 (Parable of the Mustard Seed)

Disciple Power: compassion (capital virtue)

Faith Vocabulary: Liturgy of the Word

Faith-Filled People: Saint Paul Chong Ha-sang

Catholics Believe: The Sanctuary

The Church Follows Jesus: Announcing God's Word (American Sign Language)

Prayer: Lord, Hear Our Prayer (Prayer of the Faithful)

Catechism of the Catholic Church (CCC): 1322-1332, 1346, 1349

U.S. Catholic Catechism for Adults (USCCA): p. 218

CHAPTER 15 - We Give Thanks**Faith Concepts:**

- At the Last Supper, Jesus gave the Church the Sacrament of the Eucharist.
- At the celebration of the Eucharist, the bread and wine become the Body and Blood of Jesus.
- We receive the Body and Blood of Jesus in Holy Communion.

Sacred Scripture: Psalm 35:18 (I thank you, Lord); 1 Chronicles 16:34 (Give thanks to the Lord); Luke 22:17–20 (The Last Supper)

Disciple Power: thankfulness (Fruit of the Holy Spirit as related to generosity)

Faith Vocabulary: Liturgy of the Eucharist, Eucharist

Faith-Filled People: Saint Pius X

Catholics Believe: The Holy Sacrifice

The Church Follows Jesus: Thank You, Lord (The Franciscans)

Prayer: Blessed Be God (blessing prayer)

Catechism of the Catholic Church (CCC): 1345-1405

U.S. Catholic Catechism for Adults (USCCA): pp. 218-220

CHAPTER 16 - We Live as Disciples of Jesus**Faith Concepts:**

- At the end of Mass, we receive God's blessing to live as Jesus' disciples.
- The Dismissal sends us forth from Mass to glorify God.
- The concluding procession reminds us that we are people sent on a mission.

Sacred Scripture: Isaiah 6:8 (Here I am, send me); John 13:4–5, 13–14, 34–35 (Love one another as I have loved you)

Disciple Power: courage (Cardinal Virtue)

Faith Vocabulary: procession

Faith-Filled People: Saint Damien de Veuster

Catholics Believe: Washing of Feet

The Church Follows Jesus: Spreading the Gospel (Saint Francis Solano, Jean Donovan, Saint Frances Cabrini, and Saint Damien de Veuster)

Prayer: Here I Am, Lord

Catechism of the Catholic Church (CCC): 1333-1405, 1822-1823

U.S. Catholic Catechism for Adults (USCCA): pp. 220-227

Catholic Social Teaching — Unit 4: We Reach Out to People

Unit 5: We Live, Part One

CHAPTER 17 - In God's Image
Faith Concepts: <ul style="list-style-type: none"> All people are to be honored and respected. Jesus taught that we are to live as children of God. The Holy Spirit helps us make choices to live as children of God.
Sacred Scripture: 1 John 3:1 (God the Father loves us); Genesis 1:27–28 (God created human beings in his image); Psalm 8:6 (The Lord has blessed us); Matthew 18:1–4 (Become like a little child); John 14:6 (I am the way and the truth and the life)
Disciple Power: kindness (Fruit of the Holy Spirit)
Faith Vocabulary: honor, grace
Faith-filled People: Saint Teresa of Jesus (Saint Teresa of Ávila)
Catholics Believe: Fruits of the Holy Spirit
The Church Follows Jesus: The Little Flower (Thérèse of the Child Jesus)
Prayer: May God Bless Us
<i>Catechism of the Catholic Church (CCC): 1699-1756, 1996-2016</i>
<i>U.S. Catholic Catechism for Adults (USCCA): 307-309, 351-354</i>
CHAPTER 18 - We Live as Children of God
Faith Concepts: <ul style="list-style-type: none"> Jesus teaches on his own authority. Jesus taught us the greatest Commandment. The Great Commandment tells us to love God and to love others as we love ourselves.
Sacred Scripture: Psalm 25:4–5 (Make known your ways); John 14:9 (Whoever has seen me has seen the Father); Matthew 5:43–44 (Love your enemies); John 7:16 (My teaching is not my own); John 14:23 (Follow [Christ's] teaching); Matthew 22:36–39 (The Great Commandment); 1 John 4:16 (God is love)
Disciple Power: fortitude (Gift of the Holy Spirit)
Faith Vocabulary: rabbi, Great Commandment
Faith-Filled People: Saint Peter
Catholics Believe: The Cross
The Church Follows Jesus: Saint Pedro (Calungsod)
Prayer: An Act of Love
<i>Catechism of the Catholic Church (CCC): 2052-2055, 2083, 2196</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 307-309</i>
CHAPTER 19 - We Love God
Faith Concepts: <ul style="list-style-type: none"> God gave us the Ten Commandments to live happy and holy lives. The first three Commandments teach us to love and honor God. Proverbs are wise sayings that help us to love God and to live happy, holy lives.
Sacred Scripture: Psalm 119:1–3 (Happy are those who keep God's laws); Proverbs 3:5–6 (Trust God); Proverbs 3:9–10 (Honor God)
Disciple Power: obedience (capital virtue)
Faith Vocabulary: Ten Commandments, proverbs
Faith-Filled People: Saint Scholastica
Catholics Believe: The Bishop's Motto
The Church Follows Jesus: Saint Benedict
Prayer: Come, Holy Spirit (sign language)
<i>Catechism of the Catholic Church (CCC): 2083-2136, 2142-2165, 2168-2188, 2194</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 341-369</i>
CHAPTER 20 - We Love Others
Faith Concepts: <ul style="list-style-type: none"> People who live the Ten Commandments help build a kind world. The Fourth through Tenth Commandments teach us to love, honor, and respect other people and ourselves. We follow Jesus by keeping the Ten Commandments and the Golden Rule.
Sacred Scripture: Matthew 7:12 (Treat others the way you want them to treat you); Mark 10:17–22 (Give what you have to the poor)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: covet, false witness
Faith-Filled People: Saint John Bosco
Catholics Believe: Almsgiving
The Church Follows Jesus: Caring for Others (St. Vincent de Paul Society)
Prayer: Trust in the Lord!
<i>Catechism of the Catholic Church (CCC): 2196-2246, 2258-2317, 2331-2391, 2401-2499, 2464-2503, 2514-2527, 2534-2550</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 375-455</i>
Catholic Social Teaching — Unit 5: We Respect All People

Unit 6: We Live, Part Two

CHAPTER 21 - We Make Choices
Faith Concepts: <ul style="list-style-type: none"> It is important for us to make wise choices. Making wise choices will help us find happiness. The Proverbs can help us choose wisely.
Sacred Scripture: Joshua 24:15 (Choose to serve the Lord); Proverbs 16:3 (Trust in the Lord); Proverbs 12:24 (Work hard); Proverbs 15:15 (The gloomy and the cheerful person); Proverbs 15:22 (Say yes to good advice); 1 Thessalonians 5:16–18 (Rejoice every day); Proverbs 12:20 (Happy is the person who chooses to make peace)
Disciple Power: humility (capital virtue)
Faith Vocabulary: wise choices, Heaven
Faith-Filled People: Saint Clare of Assisi
Catholics Believe: Daily Prayer
The Church Follows Jesus: Saint Francis of Assisi
Prayer: A Peace Prayer (Prayer of Saint Francis of Assisi)
<i>Catechism of the Catholic Church (CCC): 1719-1724, 2825</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 315-317</i>
CHAPTER 22 - We Can Choose Right from Wrong
Faith Concepts: <ul style="list-style-type: none"> We are making wise choices when we choose to live as Jesus taught. Wise choices show we are forming and following our consciences. All of our choices have consequences.
Sacred Scripture: Deuteronomy 30:19 (Choose life.); Sirach 15:14-15 (God gave us free choice.)
Disciple Power: joy (Fruit of the Holy Spirit)
Faith Vocabulary: consequences, conscience
Faith-Filled People: Saint Philip Neri
Catholics Believe: Examination of Conscience
The Church Follows Jesus: Paula's Choice (Saint Paula Frassinetti)
Prayer: Be the Joy of My Heart (Saint Augustine)
<i>Catechism of the Catholic Church (CCC): 1716-1724, 1730-1738, 1776-1794</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 314-315, 341-369</i>
CHAPTER 23 - We Share in God's Life
Faith Concepts: <ul style="list-style-type: none"> Grace is a gift from God. Sanctifying grace is the gift of God's life that he shares with us. The gift of peace helps us live a holy and happy life.
Sacred Scripture: John 1:14,16 (Jesus is the living Word of God); Matthew 25:36 (I was in prison and you visited me); Galatians 3:26 (You are all children of God); John 20:21–22 (Peace be with you)
Disciple Power: trust (Fruit of the Holy Spirit as related to faithfulness)
Faith Vocabulary: sanctifying grace, mortal sin, venial sin
Faith-Filled People: Saint Monica
Catholics Believe: The Gift of Peace
The Church Follows Jesus: A Caring Ministry (prison chaplains)
Prayer: Hail Mary
<i>Catechism of the Catholic Church (CCC): 1846-1869, 1996-2016</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 193, 328-330</i>
CHAPTER 24 - The Our Father
Faith Concepts: <ul style="list-style-type: none"> We pray the Our Father to show our love and adoration for God. The Our Father helps us to live as children of God. The Our Father helps us to prepare for the Kingdom of God.
Sacred Scripture: Matthew 6:9 (This is how you are to pray)
Disciple Power: hope (Theological Virtue)
Faith Vocabulary: Kingdom of God, trespass, Lord's Prayer
Faith-Filled People: Saint Thomas Aquinas
Catholics Believe: Vocation
The Church Follows Jesus: A Life of Prayer
Prayer: Go Forth!
<i>Catechism of the Catholic Church (CCC): 2777-2856</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 481-492</i>
Catholic Social Teaching — Unit 6: We Take Part in Our Community

Unit 1: We Believe, Part One

CHAPTER 1 - God Speaks to Us

Faith Concepts:

- God gives us the gift of faith to help us know and believe in him.
- God speaks to us through the Bible.
- God speaks to us through the Church.

Sacred Scripture: Mark 9:2-7 (The Transfiguration of Jesus); Mark 10:21 (Come, follow me); 2 Timothy 3:15-17 (The holy writings teach us); Acts 2:42 (The early Church)

Disciple Power: love (Theological Virtue)

Faith Vocabulary: faith, Holy Trinity

Faith-Filled People: The Evangelists

Catholics Believe: Creeds of the Church

The Church Follows Jesus: Saint Francis of Assisi

Prayer: Glory to God (The Glory Be in English and Spanish)

Catechism of the Catholic Church (CCC): 232-260

U.S. Catholic Catechism for Adults (USCCA): pp. 49-63

CHAPTER 2 - God the Creator

Faith Concepts:

- God alone is Creator, who created everyone and everything.
- God created people with a body and a soul, and in his image and likeness.
- God always cares for us and for all of his creation.

Sacred Scripture: Psalm 19:2 (The heavens declare God's glory); Genesis 1:31 (God found it very good); Matthew 6: 26, 30 (Your Father in Heaven knows everything you need); Genesis 1:26-30 (God provides for us); Psalm 104:1,24,25 (God is great)

Disciple Power: generosity (Fruit of the Holy Spirit)

Faith Vocabulary: creation, Divine Providence

Faith-Filled People: Andrew the Apostle

Catholics Believe: Prayers of Blessing

The Church Follows Jesus: Let Your Light Shine! (The Sisters of the Good Shepherd)

Prayer: God, You Are Great! (Psalm 104 in English and Vietnamese)

Catechism of the Catholic Church (CCC): 279-314, 325-349,355-379

U.S. Catholic Catechism for Adults (USCCA): pp. 53-63

CHAPTER 3 - Mary Trusted God

Faith Concepts:

- God the Father chose Mary to be the mother of his Son, Jesus.
- Jesus is the Son of God and the son of Mary.
- Mary shows us what it means to say "Yes" to God.

Sacred Scripture: Proverbs 3:5-6 (Trust in God); Luke 1:28,30-32, 38 (The Annunciation) Luke 1:38 (May these things happen as you say); Luke 1:39-40, 45-46, 49, 56 (The Visitation)

Disciple Power: honor (capital virtue)

Faith Vocabulary: Annunciation, Incarnation, Nativity

Faith-Filled People: Saint Elizabeth

Catholics Believe: Feast Days of Mary

The Church Follows Jesus: We Honor Mary

Prayer: Salve Maria! (The Hail Mary in Spanish)

Catechism of the Catholic Church (CCC): 456-478, 484-507

U.S. Catholic Catechism for Adults (USCCA): pp. 141-149

CHAPTER 4 - Jesus, the Son of God

Faith Concepts:

- Jesus Christ is the Messiah, the Savior God promised to send.
- Jesus grew in age and wisdom, obeying Mary and Joseph.
- Jesus announced the Good News of the Kingdom of God.

Sacred Scripture: Matthew 25:34-36 (Inherit the kingdom prepared for you); Luke 2:28-30,37-38 (Simeon and Anna see Jesus); Luke 2:49-52 (Finding Jesus in the Temple); Acts 2:1-4,14,22-24,36 (Peter addresses the crowd)

Disciple Power: justice (Cardinal Virtue)

Faith Vocabulary: Messiah, Kingdom of God

Faith-Filled People: Saint Joseph

Catholics Believe: The Kingdom of God

The Church Follows Jesus: Good News in Action (Saint Martin de Porres)

Prayer: Lord, Have Mercy (Greek and English)

Catechism of the Catholic Church (CCC): 512-560

U.S. Catholic Catechism for Adults (USCCA): pp. 79-87

Catholic Social Teaching — Unit 1: We Care for God's Creation

Unit 2: We Believe, Part Two

CHAPTER 5 - Jesus Is Risen!

Faith Concepts:

- Jesus suffered and died on the Cross to save all people from their sins.
- Three days after Jesus died and was buried, he rose from the dead.
- Forty days after Jesus rose from the dead, he ascended to the Father in Heaven.

Sacred Scripture: Psalm 33:22 (We hope in the Lord); Luke 23:44,46 (Jesus' Death on the Cross); Matthew 27:59-60; 28:1,5-7 (The women at the tomb); Luke 24:50-51 (The Ascension of Jesus)

Disciple Power: hope (Theological Virtue)

Faith Vocabulary: sacrifice, Paschal Mystery

Faith-Filled People: Saint Joseph of Arimathea

Catholics Believe: The Apostles' Creed

The Church Follows Jesus: Veronica and Simon

Prayer: Prayer of Adoration

Catechism of the Catholic Church (CCC): 599-655

U.S. Catholic Catechism for Adults (USCCA): pp. 89-100

CHAPTER 6 - The Gift of the Holy Spirit

Faith Concepts:

- God the Father sent the Holy Spirit to always be with the Church.
- The Holy Spirit came to the disciples to help them teach about Jesus.
- The Holy Spirit is our advocate, teacher, and guide.

Sacred Scripture: Romans 8:26 (The Holy Spirit helps us); John 13:33 and 14:25,27 (I give you my peace); John 14:15-17 and 16:5-7 (The Holy Spirit will come to you); Acts 1:12-14 (The disciples waited in the upper room); Acts 2:1-4, (Pentecost); John 15: 8-9 (Become my disciples)

Disciple Power: joy (Fruit of the Holy Spirit)

Faith Vocabulary: Pentecost, Holy Spirit

Faith-Filled People: Saint Mary Magdalene

Catholics Believe: Fruits of the Holy Spirit

The Church Follows Jesus: Rise Up in Song! (the spirituals)

Prayer: Feel the Spirit!

Catechism of the Catholic Church (CCC): 668-679

U.S. Catholic Catechism for Adults (USCCA): pp. 111-139

CHAPTER 7 - The Church

Faith Concepts:

- The Church is the holy People of God.
- All the people of the Church are called to live holy lives.
- All the people of the Church help others come to know and follow Jesus.

Sacred Scripture: 1 Peter 2:9 (You are a chosen race, a royal priesthood); Acts 1:16-17, 21-22, 24, 25 (Choosing a man to take Judas' place); Matthew 28:19-20 (Baptize all people); Acts 2:44-46a, 47b (The early Church); 1 Corinthians 6:19 (You are a temple of the Holy Spirit)

Disciple Power: faithfulness (Fruit of the Holy Spirit)

Faith Vocabulary: Apostles, Church

Faith-Filled People: The Ordained

Catholics Believe: Works of Mercy

The Church Follows Jesus: Pope Francis

Prayer: Padre Nuestro (The Our Father in Spanish and English)

Catechism of the Catholic Church (CCC): 668-679

U.S. Catholic Catechism for Adults (USCCA): pp. 111-139

CHAPTER 8 - The Communion of Saints

Faith Concepts:

- The Saints' love for God is stronger than their love for anyone or anything else.
- The Church is the Communion of Saints.
- The Church is the Body of Christ.

Sacred Scripture: Mark 12:30-31 (Love God with your whole heart, soul, mind, and strength); 1 Thessalonians 4:14 (We believe that Jesus died and rose); 1 Corinthians 12:12,27 (The Church is the Body of Christ)

Disciple Power: humility (capital virtue)

Faith Vocabulary: Communion of Saints, Saints

Faith-Filled People: Patron Saints

Catholics Believe: Praying to the Saints

The Church Follows Jesus: Saint Juan Diego

Prayer: Litany to the Saints

Catechism of the Catholic Church (CCC): 946-959, 1172-1173, 1402-1405

U.S. Catholic Catechism for Adults (USCCA): pp. 153-162

Catholic Social Teaching — Unit 2: We Reach Out to People in Need

Unit 3: We Worship, Part One

CHAPTER 9 - A People of Prayer

Faith Concepts:

- We pray for ourselves and for other people.
- We bless God who gives us all our blessings.
- We thank and praise God.

Sacred Scripture: 1 Thessalonians 5:16–18 (Pray without ceasing); Matthew 18:20 (Where two or three are gathered together); Luke 23:34,46 (Father, forgive them); John 17:13,17–19 (May they be one); Luke 17:11–16 (The healing of the ten lepers)

Disciple Power: patience (capital virtue)

Faith Vocabulary: prayers of petition, prayers of intercession

Faith-Filled People: Saint Stephen

Catholics Believe: Liturgy of the Hours

The Church Follows Jesus: Listen and Pray (parish prayer group)

Prayer: Thanks Be to God!

Catechism of the Catholic Church (CCC): 2598-2691

U.S. Catholic Catechism for Adults (USCCA): pp. 461-480

CHAPTER 10 - The Church Year

Faith Concepts:

- The liturgy is the Church's public worship of God and the work of the whole Church.
- The Church's year of worship is called the liturgical year.
- The liturgical year includes Advent, Christmas, Lent, Triduum, Easter, and Ordinary Time.

Sacred Scripture: Ecclesiastes 3:1–4 (There is a time for everything); Psalm 34:2–6 (I will always praise the Lord)

Disciple Power: diligence (capital virtue)

Faith Vocabulary: worship, liturgy

Faith-Filled People: The Elect

Catholics Believe: Liturgical Colors

The Church Follows Jesus: Many People Celebrate (diversity)

Prayer: Thank You, God (signing Psalm 34)

Catechism of the Catholic Church (CCC): 1135-1186

U.S. Catholic Catechism for Adults (USCCA): 165-179

CHAPTER 11 - Celebrating God's Love

Faith Concepts:

- The Sacraments of Christian Initiation lay the foundation for our lives as disciples of Jesus.
- Baptism joins us to Christ and to the Church, the Body of Christ.
- Confirmation strengthens our Baptism and helps us to live as Jesus' followers.

Sacred Scripture: John 13:34 (Love one another); Matthew 25:35–37,40 (Whatever you did for one of these least brothers, you did for me); Matthew 28:19–20 (Make disciples of all nations); Acts 8:14–17 (Peter and John in Samaria); 2 Corinthians 5:17–18 (Whoever is in Christ is a new creation)

Disciple Power: fortitude (Cardinal Virtue)

Faith Vocabulary: Sacraments, Sacraments of Christian Initiation

Faith-Filled People: The Apostles

Catholics Believe: Sacramentals

The Church Follows Jesus: A Slave to the Slaves (Saint Peter Claver)

Prayer: We Promise (renewal of baptismal promises in Spanish and English)

Catechism of the Catholic Church (CCC): 1135-1158, 1210-1274, 1285-1314

U.S. Catholic Catechism for Adults (USCCA): pp. 181-211

CHAPTER 12 - God's Healing Love

Faith Concepts:

- In Penance and Reconciliation, God forgives us for our sins when we are truly sorry.
- In Penance and Reconciliation, the Holy Spirit helps us to not sin again.
- In the Sacrament of Anointing of the Sick, our faith and trust in God are made stronger.

Sacred Scripture: John 20:22–23 (Whose sins you forgive are forgiven them); Luke 15:16–24 (The parable of the Forgiving Father); Luke 7:2–10 (Lord, I am not worthy to have you enter under my roof)

Disciple Power: kindness (Fruit of the Holy Spirit)

Faith Vocabulary: sin, Sacraments of Healing

Faith-Filled People: Saint Peter the Apostle

Catholics Believe: The Beatitudes

The Church Follows Jesus: A Saint of Kindness (Saint Pedro Betancur)

Prayer: An Act of Contrition

Catechism of the Catholic Church (CCC): 1420-1484, 1499-1525

U.S. Catholic Catechism for Adults (USCCA): pp. 181-211

Catholic Social Teaching — Unit 3: We Are One Human Family

Unit 4: We Worship, Part Two

CHAPTER 13 - The Word of God

Faith Concepts:

- A parable is a story that Jesus used to teach people.
- Catholics have the obligation to take part in the Mass on Sundays.
- The Liturgy of the Word is the first main part of the liturgy.

Sacred Scripture: 1 Samuel 3:1 (Speak, for your servant is listening); Mark 4:2–9 (The parable of the Sower and the Seed); John 1: 1-5 (In the beginning was the Word)

Disciple Power: understanding (Gift of the Holy Spirit)

Faith Vocabulary: parables

Faith-Filled People: Saint Jerome

Catholics Believe: Catholic Relief Services

The Church Follows Jesus: The Saint John's Bible

Prayer: God's Active Word (Gospel procession from Cameroon)

Catechism of the Catholic Church (CCC): 101-141

U.S. Catholic Catechism for Adults (USCCA): pp. 22-33

CHAPTER 14 - The Bread of Life

Faith Concepts:

- At the Eucharist, we celebrate what Jesus did at the Last Supper.
- At the Eucharist, the bread and wine become the Body and Blood of Christ.
- The Eucharist is the Blessed Sacrament.

Sacred Scripture: Acts 3:6 (What I have I give to you); Mark 6:35–42 (Five loaves and two fish); Matthew 26:26–28 (The Last Supper)

Disciple Power: goodness (Fruit of the Holy Spirit)

Faith Vocabulary: Eucharist, Blessed Sacrament

Faith-Filled People: Saint Jeanne Jugan

Catholics Believe: Holy Days of Obligation

The Church Follows Jesus: Glorify God with Your Life

Prayer: Giving Thanks (Praying the beginning of the Eucharistic Prayer)

Catechism of the Catholic Church (CCC): 1322-1405

U.S. Catholic Catechism for Adults (USCCA): pp. 213-232

CHAPTER 15 - The Sacrament of Matrimony

Faith Concepts:

- The miracle at the wedding at Cana showed God's power at work in the world.
- At Baptism we receive our vocation to share in Jesus' life and work.
- In Matrimony, a baptized man and a baptized woman become a sign of God's love.

Sacred Scripture: Ruth 1:16 (Wherever you go I will go); John 2:3–11 (Jesus changed the water into wine)

Disciple Power: chastity (capital virtue and Fruit of the Holy Spirit)

Faith Vocabulary: miracle, Matrimony

Faith-Filled People: Saint Elizabeth Ann Seton

Catholics Believe: The Wedding Ring

The Church Follows Jesus: Witnesses of Love (Blessed Maria and Blessed Luigi Beltrame Quattrocchi)

Prayer: Bless Your Servants (in English and in the language of Haiti)

Catechism of the Catholic Church (CCC): 1601-1666

U.S. Catholic Catechism for Adults (USCCA): pp. 277-292

CHAPTER 16 - Called to Serve

Faith Concepts:

- Bishops and priests lead people in worshipping God and living their faith.
- Deacons help bishops and work with priests.
- People called to imitate Jesus in special ways are part of the consecrated life.

Sacred Scripture: Isaiah 6:8 (Here I am. Send me!); John 13:4–5, 15 (Jesus washed his disciples' feet); John 20:21 (As the Father has sent me, so I send you); Acts 6:1–6 (The choosing of Stephen, Philip, and five others)

Disciple Power: wisdom (Gift of the Holy Spirit)

Faith Vocabulary: Holy Orders, consecrated life

Faith-Filled People: Saint Teresa of Ávila (Saint Teresa of Jesus)

Catholics Believe: The Pope

The Church Follows Jesus: Close to God (choosing one's vocation)

Prayer: A Vocation Prayer

Catechism of the Catholic Church (CCC): 1533-1589

U.S. Catholic Catechism for Adults (USCCA): pp. 262-275

Catholic Social Teaching — Unit 4: We Put the Needs of the Poor First

Unit 5: We Live, Part One**CHAPTER 17 - Happiness with God****Faith Concepts:**

- God gives us the gift of grace to share in his divine life.
- God gives us the grace to live a holy and happy life.
- Jesus promised us the gift of eternal life and happiness in Heaven.

Sacred Scripture: 1 Corinthians 2:9 (No eye has seen, no ear has heard); 1 Peter 1:16 (Be holy); John 14:2-3 (I am going to prepare a place for you); Luke 14:16,18-21,23 (Invite everyone you meet); 1 Peter 1:3 (Blessed be the God and Father of our Lord Jesus Christ)

Disciple Power: piety (Gift of the Holy Spirit)

Faith Vocabulary: sanctifying grace, Heaven

Faith-Filled People: Thomas the Apostle

Catholics Believe: Incense

The Church Follows Jesus: Celebrating Happiness (a Funeral Mass)

Prayer: Act of Hope

Catechism of the Catholic Church (CCC): 1020-1050, 1997-2016

U.S. Catholic Catechism for Adults (USCCA): pp. 152-162, 168-169, 193, 329, 336

CHAPTER 18 - God's Laws of Love**Faith Concepts:**

- The First Commandment teaches us to love God above all else.
- The Second Commandment teaches us to honor God's name.
- The Third Commandment teaches us to keep the Lord's Day holy.

Sacred Scripture: John 14:21; 15:12 (Love one another); Matthew 5:17 (Live the Commandments); Exodus 20:2-3 (First Commandment); Exodus 20:7 (Second Commandment); Exodus 20:8 (Third Commandment); 1 John 4:7-10 (God is love)

Disciple Power: gentleness (Fruit of Holy Spirit)

Faith Vocabulary: Ten Commandments

Faith-Filled People: Saint John the Apostle

Catholics Believe: Cathedrals

The Church Follows Jesus: A Gentle Saint (Saint Josephine Bakhita)

Prayer: Prayer of Adoration

Catechism of the Catholic Church (CCC): 218-221, 253-256, 2084-2132, 2142-2159, 2168-2188

U.S. Catholic Catechism for Adults (USCCA): pp. 339-371

CHAPTER 19 - Love One Another**Faith Concepts:**

- The last seven Commandments teach us how to love and respect others and ourselves.
- They teach us to honor and respect people and the things that belong to them.
- They teach us to be honest and truthful, kind and generous.

Sacred Scripture: Psalm 133:1 (How good it is when people dwell as one); Luke 2:46, 51-52 (Jesus honored and obeyed his parents); Exodus 20:12-17 (The Fourth through Tenth Commandments.)

Disciple Power: self-control (Fruit of the Holy Spirit)

Faith Vocabulary: obey, covet

Faith-Filled People: Saint Frances Cabrini

Catholics Believe: The Christian Family

The Church Follows Jesus: Home on the Range (Father Elwood Cassidy)

Prayer: We Pray for Others (using sign language)

Catechism of the Catholic Church (CCC): 2196, 2217-2246, 2258-2317, 2331-2391, 2401-2449, 2464-2503, 2514-2527, 2534-2550

U.S. Catholic Catechism for Adults (USCCA): pp. 373-457

CHAPTER 20 - The Great Commandment**Faith Concepts:**

- We show we are friends of God when we keep our promise to live the Covenant.
- We live the Covenant when we love God with our whole hearts.
- We live the Covenant when we love other people as we love ourselves.

Sacred Scripture: John 15:12 (Love one another); Matthew 22:37-39 (The Great Commandment); 1 John 4:20 (Love others); 1 John 4:21 (Love one another); Matthew 5:44 (Love your enemies); 1 Corinthians 13:4-7 (Love)

Disciple Power: prudence (Moral Virtue)

Faith Vocabulary: Covenant, Great Commandment

Faith-Filled People: Dorothy Day

Catholics Believe: Precepts of the Church

The Church Follows Jesus: Our Lady of La Vang

Prayer: Act of Love

Catechism of the Catholic Church (CCC): 54-67, 2052-2055, 2083

U.S. Catholic Catechism for Adults (USCCA): pg. 345

Catholic Social Teaching — Unit 5: We Respect and Treat All Life as Sacred

Unit 6: We Live, Part Two**CHAPTER 21 - Witnesses of Faith****Faith Concepts:**

- Saul became one of Jesus' disciples and became known as Paul.
- Women disciples also accompanied Jesus and the Apostles.
- Missionaries travel all over the world to help people come to know Jesus.

Sacred Scripture: John 9:25 (I was blind and now I see); Acts 9:3-6,8 (Saul was blinded); Acts 9:17-18 (Saul is healed); Luke 8:1-3 (Mary Magdalene, Joanna, and Susanna accompany Jesus); Luke 24:1-3, 9 (The women at the tomb of Jesus); Acts 18:1-3, 18; Romans 16:3-5 (The house church of Priscilla and Aquila)

Disciple Power: reverence (Gift of the Holy Spirit)

Faith Vocabulary: missionaries

Faith-Filled People: Saint John Neumann

Catholics Believe: Holy People of God

The Church Follows Jesus: Conversion to God (Saint Teresa Benedicta of the Cross)

Prayer: We Believe in Jesus (Memorial Acclamation)

Catechism of the Catholic Church (CCC): 811-812, 849-867

U.S. Catholic Catechism for Adults (USCCA): pp. 125-139

CHAPTER 22 - The Creeds**Faith Concepts:**

- We profess what we believe when we pray the creeds of the Church.
- The Apostles' Creed summarizes the Church's beliefs since the time of the Apostles.
- Praying the creeds of the Church helps us grow as a Church family.

Sacred Scripture: Hebrews 12:2 (Jesus is the author of faith); John 14:16,26 (The Holy Spirit will teach you everything); Romans 8:26 (The Spirit helps us pray); 1 Corinthians 12:3; (The help of the Holy Spirit)

Disciple Power: knowledge (Gift of the Holy Spirit)

Faith Vocabulary: creeds, Apostles' Creed

Faith-Filled People: Saint Bernadette

Catholics Believe: Baptism Promises

The Church Follows Jesus: Professing Faith Until Death (Saint Paul Miki)

Prayer: You Are God (based on the Te Deum)

Catechism of the Catholic Church (CCC): 26-1065, 2650-2672

U.S. Catholic Catechism for Adults (USCCA): pp. 35-63

CHAPTER 23 - Living Our Faith**Faith Concepts:**

- The Beatitudes show ways Jesus wants his disciples to live.
- The Beatitudes name the qualities and actions of people blessed by God.
- The Beatitudes tell us what happens to people who obey God's Laws.

Sacred Scripture: 1 Corinthians 10:13 (God is faithful); Matthew 5:3-10 (Jesus teaches the Beatitudes)

Disciple Power: patience (Fruit of the Holy Spirit)

Faith Vocabulary: Beatitudes

Faith-Filled People: Saint Pauline of the Agonizing Heart of Jesus

Catholics Believe: Solidarity

The Church Follows Jesus: Catholic Charities USA

Prayer: Building God's Kingdom (with response in French)

Catechism of the Catholic Church (CCC): 1716-1729

U.S. Catholic Catechism for Adults (USCCA): pp. 307-309

CHAPTER 24 - Praying as Jesus Did**Faith Concepts:**

- Jesus taught us to talk and listen to God the Father.
- Jesus taught us to pray with trust.
- Jesus gave us a prayer to ask for what we need and forgive others.

Sacred Scripture: 1 Thessalonians 1:2 (We give thanks to God always for all of you); Luke 22:42 (Not my will but yours be done); Matthew 6:9 (When you pray, say, 'Our Father')

Disciple Power: obedience (capital virtue)

Faith Vocabulary: hallowed, trespass

Faith-Filled People: Saint Teresa of the Andes

Catholics Believe: Churches

The Church Follows Jesus: A Mother's Prayers (Saint Monica)

Prayer: Hallowed Be Thy Name (The Our Father in Spanish)

Catechism of the Catholic Church (CCC): 2558-2567, 2598-2619, 2700-2719

U.S. Catholic Catechism for Adults (USCCA): pp. 481-495

Catholic Social Teaching — Unit 6: We Live in Community

Unit 1: We Believe, Part One

CHAPTER 1 - God's Word to Us
Faith Concepts:
<ul style="list-style-type: none"> • The Bible is the inspired, written Word of God. • The Holy Spirit inspired the human authors of the Bible. • The New Testament begins with the four Gospels.
Sacred Scripture: Genesis 1,3-4 (The first day of creation); Matthew 5:14-16 (You are the light of the world); Luke 1:1-4 (The teachings you have received are true); Exodus 3:14 (I AM sent me to you); Exodus 19:8 (The Covenant between God and the Israelites); Luke 15:8-10 (The parable of the Lost Sheep)
Disciple Power: truthfulness (Gift of the Holy Spirit as related to understanding)
Faith Vocabulary: Sacred Scripture, Bible, Covenant
Faith-Filled People: The Israelites
Catholics Believe: The Holy Spirit
The Church Follows Jesus: Reading the Bible
Prayer: Lights in the World (signing before Gospel)
<i>Catechism of the Catholic Church (CCC): 101-133</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 23-33</i>

CHAPTER 2 - I Will Be Your God
Faith Concepts:
<ul style="list-style-type: none"> • God gives us the gift of faith to help us know and believe in him. • God has revealed himself and his plan of creation and Salvation. • God has revealed himself most fully in his own Son, Jesus Christ.
Sacred Scripture: Exodus 6:6-7 (I will be your God); John 20:24-26, 28-29 (Thomas saw Jesus and believed)
Disciple Power: faith (Theological Virtue)
Faith Vocabulary: creeds, Divine Revelation
Faith-Filled People: Saint Thomas the Apostle
Catholics Believe: The Apostles' Creed
The Church Follows Jesus: Faithful Friends (Saint Gregory and Saint Basil)
Prayer: We Profess Our Faith
<i>Catechism of the Catholic Church (CCC): 27-43, 50-67, 142-197</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 12-18</i>

CHAPTER 3 - The Mystery of God
Faith Concepts:
<ul style="list-style-type: none"> • God our Father, the Almighty, is all-knowing, all-loving, truth, and faithfulness. • God is the Creator of all that is visible and invisible. • All people are created in the image and likeness of God.
Sacred Scripture: Psalm 148:1, 3,11,13 (Praise the Lord); Psalm 147:5 (Great is our Lord); Psalm 146:2, 6 (Praise the Lord, my soul); Psalm 13:6 (How good is our God); Isaiah 43:1 (I have called you by name); 2 Samuel 7:28 (Your words are truth); Matthew 6:26, 28, 30 (God will provide for you); Genesis 1:27 (God created man in his image); Matthew 20:1-16 (The parable of the Workers in the Vineyard); Psalm 8 (The Lord's name is awesome)
Disciple Power: trust (Fruit of the Holy Spirit as related to faithfulness)
Faith Vocabulary: Almighty, Creator, Divine Providence
Faith-Filled People: Julian of Norwich
Catholics Believe: Catholic Social Teaching
The Church Follows Jesus: Saint Isidore and Saint Maria
Prayer: Great Is Your Name (Psalm 8)
<i>Catechism of the Catholic Church (CCC): 199-379</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 53-55</i>

CHAPTER 4 - God's Promise
Faith Concepts:
<ul style="list-style-type: none"> • God created all people to be happy with him now on Earth and forever in Heaven. • God promised to send a Savior. • Jesus Christ is the Savior God promised to send.
Sacred Scripture: Mark 1:7-8 (He will baptize you with the Holy Spirit); Psalm 137: 1-2, 4 (By the rivers of Babylon); Isaiah 9:1, 5 (A child is born to us)
Disciple Power: hope (Theological Virtue)
Faith Vocabulary: Original Sin, Messiah
Faith-Filled People: Isaiah the Prophet
Catholics Believe: Works of Mercy
The Church Follows Jesus: Building a Just World (Dorothy Day)
Prayer: Praise the Lord (prayer of praise)
<i>Catechism of the Catholic Church (CCC): 385-412</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 18, 56-57</i>
Catholic Social Teaching — Unit 1: We Care for God's Creation

Unit 2: We Believe, Part Two

CHAPTER 5 - The Son of God
Faith Concepts:
<ul style="list-style-type: none"> • Jesus, the Son of God, became one of us and did not give up being God. • At the start of his public ministry, Jesus announced that he is the Promised One. • Everything Jesus said and did was a sign of God's love for people.
Sacred Scripture: John 10:14-15 (I am the good shepherd); Luke 1:35 (Your child will be called the Son of God); Matthew 1:21 (Name him Jesus); Luke 4:18-19 (The Spirit of the Lord is upon me); Matthew 9:27-31 (The healing of two blind men); Matthew 11:2-5 (Tell John what you hear and see); Ephesians 5:1-2, 8-10 (Be imitators of God)
Disciple Power: love (Theological Virtue)
Faith Vocabulary: Incarnation, public ministry of Jesus
Faith-Filled People: Patron Saints
Catholics Believe: Signs of God's Love
The Church Follows Jesus: Saint Anthony of Padua
Prayer: We Believe (the Nicene Creed)
<i>Catechism of the Catholic Church (CCC): 422-507, 512-560</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 79-87</i>

CHAPTER 6 - The Death and Resurrection of Jesus
Faith Concepts:
<ul style="list-style-type: none"> • Jesus celebrated the Last Supper during Passover before he was crucified. • Jesus suffered and died on the Cross for us. • Jesus was raised from the dead and ascended to his Father in Heaven.
Sacred Scripture: Mark 10:33-34 (Jesus predicts his suffering and death); Matthew 21:8-9 (Hosanna to the Son of David); Matthew 26:38-42 (Let this cup pass from me); Luke 23:21 (Crucify him!); Luke 23:34 (Father, forgive them); Luke 23:46 (Into your hands I commend my spirit); Matthew 28: 2, 5-6 (He has been raised just as he said); Matthew 28:19-20 (Go, make disciples); Matthew 27: 45-50 (the Death of Jesus)
Disciple Power: courage (Cardinal Virtue)
Faith Vocabulary: Passover, Last Supper
Faith-Filled People: Women Disciples of Jesus
Catholics Believe: Symbols
The Church Follows Jesus: Saint Helena of the Cross
Prayer: Adoration of the Cross
<i>Catechism of the Catholic Church (CCC): 595-667</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 91-99</i>

CHAPTER 7 - Receive the Holy Spirit
Faith Concepts:
<ul style="list-style-type: none"> • Jesus promised that he and the Father would send the Holy Spirit. • The Holy Spirit came to the disciples on Pentecost. • The Holy Spirit continues God's work in the Church.
Sacred Scripture: John 14:1, 26 (The Promise of the Holy Spirit); John 14:26-27 (Do not let your hearts be troubled); John 14:15-17 (The Spirit of truth will be in you); Acts 2:2-4 (They were filled with the Holy Spirit); John 20:22 (Receive the Holy Spirit); Acts 2:38 (Repent and be baptized)
Disciple Power: wisdom (Gift of the Holy Spirit)
Faith Vocabulary: Pentecost
Faith-Filled People: Saint Peter the Apostle
Catholics Believe: Evangelization
The Church Follows Jesus: Family House (Maryknoll missionaries)
Prayer: Come, Holy Spirit
<i>Catechism of the Catholic Church (CCC): 683-741</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 101-110</i>

CHAPTER 8 - The People of God
Faith Concepts:
<ul style="list-style-type: none"> • The Church is the Body of Christ, the People of God, and the Communion of Saints. • Jesus founded the Church on Saint Peter the Apostle • Jesus announced the coming of the Kingdom of God
Sacred Scripture: Psalm 100:3 (We are God's people); 1 Peter 2:9 (The Church is a chosen race, a holy nation); Matthew 16:15-19 (Who do you say that I am?); Matthew 13:44 (the Kingdom of Heaven is like a treasure buried in a field)
Disciple Power: understanding (Gift of the Holy Spirit)
Faith Vocabulary: People of God, Body of Christ
Faith-Filled People: The Apostles
Catholics Believe: All Souls' Day
The Church Follows Jesus: The Seven Holy Martyrs of Thailand
Prayer: Thy Kingdom Come!
<i>Catechism of the Catholic Church (CCC): 748-959</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 115-123</i>
Catholic Social Teaching — Unit 2: Rights and Responsibilities

Unit 3: We Worship, Part One

CHAPTER 9 - People of Prayer

Faith Concepts:

- The Church is a people of prayer.
- The liturgy is the official prayer of the Church.
- The creeds of the Church are short summaries of the faith of the Church.

Sacred Scripture: 1 Thessalonians 5:16–19 (Rejoice always); Acts 1:14 (The Apostles devoted themselves to prayer); Acts 3:1 (Peter and John went to pray); Psalm 54:4 (O God, hear my prayer)

Disciple Power: wonder and awe (Gift of the Holy Spirit)

Faith Vocabulary: pray, Liturgy of the Hours

Faith-Filled People: Benedictines

Catholics Believe: Medals and Statues

The Church Follows Jesus: Dear Friend (prayer)

Prayer: Holy Mary, Pray for Us

Catechism of the Catholic Church (CCC): 2558-2567, 2650-2679

U.S. Catholic Catechism for Adults (USCCA): pp. 461-495

CHAPTER 10 - Celebrating God's Love

Faith Concepts:

- The liturgy of the Church is her work of worshipping God.
- In the liturgy, we are made sharers in the Paschal Mystery.
- The Church celebrates and shares in God's plan of Salvation.

Sacred Scripture: Acts 2:42, 46–47 (The members of the early Church); Psalm 66:3–4 (How awesome your deeds); Matthew 28:1–2, 5–8 (Mary Magdalene and Mary at the tomb); Mark 1:3 (Prepare the way of the Lord)

Disciple Power: piety (Gift of the Holy Spirit)

Faith Vocabulary: liturgy, Paschal Mystery

Faith-Filled People: Saint John the Apostle

Catholics Believe: Frequent Communion

The Church Follows Jesus: Las Posadas

Prayer: Holy, Holy, Holy Lord

Catechism of the Catholic Church (CCC): 1076-1109, 1136-1186, 1200-1206

U.S. Catholic Catechism for Adults (USCCA): pp. 165-179

CHAPTER 11 - Sharing in Christ's Life and Work

Faith Concepts:

- The Seven Sacraments were given to the Church by Christ.
- Baptism, Confirmation, and Eucharist are the three Sacraments of Christian Initiation.
- These Sacraments join us to Christ and make us full members of the Church.

Sacred Scripture: John 4:14 (Whoever drinks the water Jesus gives will never thirst); John 6:35 (I am the bread of life); 1 Corinthians 12:27 (You are Christ's body); 2 Corinthians 1:21–22 (Christ has put his seal upon us)

Disciple Power: knowledge (Gift of the Holy Spirit)

Faith Vocabulary: Sacraments of Christian Initiation, Sacraments

Faith-Filled People: Saint Kateri Tekakwitha

Catholics Believe: Sacramentals

The Church Follows Jesus: Bread for the World

Prayer: Anointing

Catechism of the Catholic Church (CCC): 1113-1130, 1210-1274, 1285-1314, 1322-1405

U.S. Catholic Catechism for Adults (USCCA): pp. 181-199, 201-211, 213-232, 527

CHAPTER 12 - Responding to God's Call

Faith Concepts:

- Samuel listened to God to learn what God wanted him to do.
- God calls all of the baptized to do the work of the Church.
- Every person who is baptized has a vocation to know, love, and serve God.

Sacred Scripture: 1 Samuel 3:8-10 (The Call of Samuel); Matthew 28:19 (Make disciples of all nations.); Acts 1:8 (You will be my witnesses); Acts 2:32–36, 36 (Peter preaches at Pentecost); Matthew 5:14-15 (You are the light of the world)

Disciple Power: joy (Fruit of the Holy Spirit)

Faith Vocabulary: vocation

Faith-Filled People: Saint John Bosco

Catholics Believe: Vocation

The Church Follows Jesus: parish priests

Prayer: Speak, Lord, I Am Listening (meditation)

Catechism of the Catholic Church (CCC): 54-61, 121-130, 157-165, 1373-1381

U.S. Catholic Catechism for Adults (USCCA): pp. 37-45

Catholic Social Teaching — Unit 3: Solidarity

Unit 4: We Worship, Part Two

CHAPTER 13 - Jesus Feeds Us

Faith Concepts:

- During the Exodus, God fed the Israelites with manna.
- Jesus fed five thousand people with five loaves of bread and two fish.
- The Bible invites us to believe and trust in God's caring love for us.

Sacred Scripture: Exodus 16a:4 (Bread from heaven); Exodus 16:13–18 (Everyone had enough to eat); Luke 9:11–13, 16–17 (Five loaves and two fish); John 6:7–12 (Five loaves and two fish); John 6:56, 58 (Bread from heaven); Luke 22:19 (Do this in memory of me)

Disciple Power: kindness (Fruit of the Holy Spirit)

Faith Vocabulary: Exodus, manna

Faith-Filled People: Venerable Solanus Casey

Catholics Believe: Almsgiving

The Church Follows Jesus: Give Us Our Daily Bread (Father Solanus Casey)

Prayer: Jesus, the Bread of Life (litany)

Catechism of the Catholic Church (CCC): 302-314, 1094, 1334, 1363, 1391-1405

U.S. Catholic Catechism for Adults (USCCA): pp. 220-229

CHAPTER 14 - Jesus Forgives

Faith Concepts:

- Jesus continues his work of healing and forgiveness through the Church.
- In Reconciliation, we receive forgiveness for sins committed after we are baptized.
- In Penance and Reconciliation, we receive the grace to say no to sin.

Sacred Scripture: Matthew 18:21–22 (Never stop forgiving); Matthew 9: 1–8 (The healing of the paralytic man)

Disciple Power: forgiveness (capital virtue)

Faith Vocabulary: Sacraments of Healing, sin

Faith-Filled People: Óscar Romero

Catholics Believe: Examination of Conscience

The Church Follows Jesus: Blessed Zepherin (Namuncura)

Prayer: Act of Contrition

Catechism of the Catholic Church (CCC): 1420-1484, 1499-1525

U.S. Catholic Catechism for Adults (USCCA): pp. 168, 233-247

CHAPTER 15 - Jesus Heals the Sick

Faith Concepts:

- The Bible has many stories about people who were sick and suffering.
- Jairus believed that Jesus would heal his daughter.
- We are to reach out to Jesus when we are sick or suffering in any way.

Sacred Scripture: Luke 4:38–39 (Jesus heals Peter's mother-in-law); Matthew 16:24–25 (Follow me); Romans 8:18–19, 23–24 (In hope we were saved); Psalm 5:2 (Lord God, hear my prayer); Luke 8:40–42, 49–50, 53–55 (Jesus heals Jairus' daughter); Matthew 28:20 (I am with you always); James 5:14–15 (The prayer of faith)

Disciple Power: compassion (capital virtue)

Faith Vocabulary: suffering, synagogue

Faith-Filled People: Saint John of God

Catholics Believe: Oil of the Sick

The Church Follows Jesus: Comfort Those Who Suffer

Prayer: Lord, Hear Our Prayer (intercession)

Catechism of the Catholic Church (CCC): 309-314, 1500-1510

U.S. Catholic Catechism for Adults (USCCA): pp. 69-70, 168, 249-259

CHAPTER 16 - Signs of God's Love

Faith Concepts:

- The Sacraments at the Service of Communion set aside members of the Church to help others live holy lives.
- Bishops, priests, and deacons are ordained to serve the whole Church.
- In Marriage, a baptized man and a baptized woman receive the grace to love and serve one another and the Church.

Sacred Scripture: John 15: 9,12 (I am the vine, you are the branches); Mark 3:13–15 (He appointed twelve); John 15:1, 4,5,8 (You cannot bear fruit apart from me)

Disciple Power: holiness (Fruit of the Holy Spirit as related to peace)

Faith Vocabulary: Sacraments at the Service of Communion, domestic Church

Faith-Filled People: The Pope

Catholics Believe: Vows and Promises

The Church Follows Jesus: Blessed Maria Romero Meneses

Prayer: Prayer for Vocations

Catechism of the Catholic Church (CCC): 1533-1589, 1601-1658

U.S. Catholic Catechism for Adults (USCCA): pp. 262-292

Catholic Social Teaching — Unit 4: We Live in Community

Unit 5: We Live, Part One

CHAPTER 17 - Created in God's Image
Faith Concepts: • We are each created with a body and a soul. • God created each of us with the gifts of intellect and free will. • We are each created with emotions that influence our decisions.
Sacred Scripture: Psalm 119:73 (God has made and fashioned us.); Genesis 1:27 (God created us in his image); Mark 12:30-31 (Love God with all your heart, soul, mind and strength)
Disciple Power: prudence (Cardinal Virtue)
Faith Vocabulary: intellect, free will
Faith-Filled People: Saint Paul
Catholics Believe: Papal Letters
The Church Follows Jesus: Saint Augustine's Choices
Prayer: Prayer of Saint Augustine
<i>Catechism of the Catholic Church (CCC): 33-35, 1699-1742</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 56-57, 68, 310, 319</i>
CHAPTER 18 - The Beatitudes
Faith Concepts: • God wants everyone to be blessed and truly happy. • The Beatitudes help us make choices that lead to the happiness that comes from God. • Living the Beatitudes leads to the happiness God wants us to have.
Sacred Scripture: Proverbs 14:21 (Happy is the person who is kind to the poor.); Matthew 19:21 (Come, follow me); Matthew 5:3-10 (The Beatitudes); Mark 4:18-20 (The parable of the Sower)
Disciple Power: generosity (Fruit of Holy Spirit)
Faith Vocabulary: Beatitudes
Faith-Filled People: Saint Louise de Marillac
Catholics Believe: Beatitude and Vocation
The Church Follows Jesus: Something Beautiful for God (Blessed Mother Teresa)
Prayer: Praying the Beatitudes
<i>Catechism of the Catholic Church (CCC): 1716-1724</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pg. 308</i>
CHAPTER 19 - Living a Holy Life
Faith Concepts: • Conscience and the virtues help us make good moral choices. • Sin is freely choosing to say or do something we know is against God's will. • The Gifts of the Holy Spirit help us choose to live as followers of Jesus.
Sacred Scripture: Psalm 119:97-99, 105 (Your word is a lamp for my feet); Ephesians 6:10,11,17 (Draw your strength from the Lord)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: conscience, sanctifying grace
Faith-Filled People: Saint Thomas More
Catholics Believe: Lenten Practices
The Church Follows Jesus: CRS Rice Bowl
Prayer: Examination of Conscience
<i>Catechism of the Catholic Church (CCC): 1776-1794, 1803-1832, 1846-1869, 1996-2004</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 108, 314-317, 341</i>
CHAPTER 20 - Living God's Covenant
Faith Concepts: • God gave Moses the Ten Commandments on Mount Sinai. • The Ten Commandments teach us how to love God and our neighbor as ourselves. • Jesus came to show us how to live the Ten Commandments.
Sacred Scripture: Psalm 119:1-3 (Happy are people who observe God's decrees.); Exodus 19:7-8 (Everything the Lord has said, we will do); Exodus 19:9,14-16, 20; 20:1 (God gave Moses the Ten Commandments); Deuteronomy 6:5-6 (You shall love the Lord your God); Matthew 5:19 (The greatest in the kingdom of heaven); Exodus 15:1-2, 6,11-13, 21 (Sing to the Lord)
Disciple Power: fortitude (Cardinal Virtue)
Faith Vocabulary: Hebrews, Ten Commandments
Faith-Filled People: Saint Charles Lwanga and Companions
Catholics Believe: Social Teachings of the Catholic Church
The Church Follows Jesus: The Apostle of the Slaves (Saint Peter Claver)
Prayer: A Prayer of Meditation
<i>Catechism of the Catholic Church (CCC): 2052-2074, 2083, 2196</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 341-457</i>
Catholic Social Teaching — Unit 5: We Respect All People

Unit 6: We Live, Part Two

CHAPTER 21 - Love God with All Your Heart
Faith Concepts: • The First Commandment teaches that us to worship only God. • The Second Commandment teaches us to show love and respect for all that belongs to God. • The Third Commandment teaches us to set aside one day each week as the Lord's Day.
Sacred Scripture: Matthew 22:36-38 (Jesus teaches the greatest Commandment); Exodus 20:2-3 (I am the Lord your God); Deuteronomy 6:4 (The Lord is God); Luke 10:21 (I give you praise); John 15:9-10 (You will remain in my love); Exodus 20:7 (The Second Commandment); Exodus 20:8 (The Third Commandment); 2 Samuel 6:11-15, 21 (David was a mighty king)
Disciple Power: diligence (capital virtue)
Faith Vocabulary: worship, Lord's Day
Faith-Filled People: The Old Testament Prophets
Catholics Believe: The Precepts of the Church
The Church Follows Jesus: Saint Joan of Arc
Prayer: The Divine Praises
<i>Catechism of the Catholic Church (CCC): 2084-2132, 2142-2159, 2168-2188</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 339-371</i>
CHAPTER 22 - Love Your Neighbor as Yourself
Faith Concepts: • The Fourth Commandment calls for respect of others. • The Fifth Commandment teaches us to respect all human life as a sacred gift from God. • The Sixth and Ninth Commandments teach us to express our friendships and love appropriately.
Sacred Scripture: Matthew 22:39-40 (Love your neighbor as yourself); Exodus 20:12 (The Fourth Commandment); Luke 2:51 (Jesus obeyed Mary and Joseph); John 19:27 (Behold, your mother); Mark 14:36 (Not what I want, but what you will); Exodus 20:13 (The Fifth Commandment); Exodus 20:14 (The Sixth Commandment); Exodus 20:17 (The Ninth Commandment)
Disciple Power: respect (capital virtue)
Faith Vocabulary: honor
Faith-Filled People: Sister Helen Prejean
Catholics Believe: Respect Life Sunday
The Church Follows Jesus: L'Arche Communities
Prayer: A Prayer for All People
<i>Catechism of the Catholic Church (CCC): 2196-2246, 2258-2317, 2331-2391, 2514-2527</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 373-416, 439-446</i>
CHAPTER 23 - Love One Another
Faith Concepts: • The Seventh Commandment teaches us to respect the property of others. • The Eighth Commandment teaches to be honest and truthful. • The Tenth Commandment teaches us to be grateful and generous.
Sacred Scripture: John 15:12 (Love one another); Exodus 20:15 (The Seventh Commandment); Exodus 20:16 (The Eighth Commandment); Luke 12:32-34 (Your heart will be where your treasure is); Exodus 20:17 (The Ninth Commandment); Luke 12 (Peter's denial); Luke 19:5-8 (Jesus visits a man who had cheated people); Psalm 145:3a, 4, 17 (The Lord is just)
Disciple Power: mercy (capital virtue)
Faith Vocabulary: reparation, perjury
Faith-Filled People: Saint Stephen the Deacon
Catholics Believe: The Collection at Mass
The Church Follows Jesus: Love By the Truckload (The Potato Project)
Prayer: Signs of Mercy (Sign Language)
<i>Catechism of the Catholic Church (CCC): 2401-2449, 2464-2503, 2534-2550</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 417-438, 447-457</i>
CHAPTER 24 - The Prayer of Disciples
Faith Concepts: • Jesus is our Teacher, who helps us best understand how to live as children of God. • Jesus taught us to call God "our" Father in prayer. • When we pray the Lord's Prayer, we tell God that he is the center of our lives.
Sacred Scripture: Luke 11:1 (Lord, teach us to pray); John 1:38-41 (We have found the Messiah); Luke 11:2-4 (When you pray say, "Father, hallowed be your name"); Matthew 5:3-12 (The Beatitudes)
Disciple Power: charity (Theological Virtue)
Faith Vocabulary: rabbi, Lord's Prayer
Faith-Filled People: Martha and Mary
Catholics Believe: The Doxology
The Church Follows Jesus: The Gift of Hope and Love (The Heifer Project)
Prayer: The Our Father
<i>Catechism of the Catholic Church (CCC): 2759-2856</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 481-495</i>
Catholic Social Teaching — Unit 6: We Reach Out to People in Need

Unit 1: We Believe, Part One

CHAPTER 1 - Speak, Lord
Faith Concepts:
<ul style="list-style-type: none"> • Divine Revelation is God making himself known and his plan of creation and Salvation. • We can come to know God through creation, especially through people. • God most fully reveals himself in Jesus Christ, the Son of God.
Sacred Scripture: John 3:16 ((For God so loved the world); Psalm 148: 3, 9–10, 13 (Praise the Lord); Deuteronomy 7:6 (The Lord has chosen you); 1 Samuel 3:9 (Speak, Lord, your servant is listening); James 1: 22, 25 (Be doers of the word)
Disciple Power: knowledge (Gift of the Holy Spirit)
Faith Vocabulary: Divine Revelation, faith
Faith-Filled People: Saint Anselm of Canterbury
Catholics Believe: Created for Happiness
The Church Follows Jesus: Blessed John XXIII
Prayer: Lord, Help Us Believe (an act of faith)
<i>Catechism of the Catholic Church (CCC): 50-67, 142-175, 185-197</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 11-19, 35-47</i>
CHAPTER 2 - The Word of God
Faith Concepts:
<ul style="list-style-type: none"> • The Bible is the inspired written Word of God. • The Old Testament tells the story of God's Covenant with his people. • The New Testament reveals that Jesus Christ is the new and everlasting Covenant.
Sacred Scripture: Mark 4:39–41 (Jesus calms the storm at sea); John 8:12-16 (I am the light of the world); Psalm 119:105 (God's Word is a light for our paths)
Disciple Power: reverence (Gift of the Holy Spirit)
Faith Vocabulary: Inspiration of the Bible, Covenant, Gospel
Faith-Filled People: Saint Jerome
Catholics Believe: Lectionary and the Book of the Gospels
The Church Follows Jesus: Reverence for the Bible
Prayer: A Light for My Path (meditating on God's Word)
<i>Catechism of the Catholic Church (CCC): 50-133</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 11-33</i>
CHAPTER 3 - The Holy Trinity
Faith Concepts:
<ul style="list-style-type: none"> • The Holy Trinity is the central belief of the Church. • The mystery of the Trinity is most fully revealed in Jesus Christ. • We profess our belief in the Holy Trinity when we pray the Nicene Creed at Mass.
Sacred Scripture: Psalm 25:4–5 (Teach me your paths); John 10: 27–30 (My sheep hear my voice); Matthew 28:19 (Make disciples of all nations); John 14:26 (The Advocate will teach you all things)
Disciple Power: wonder and awe (Gift of the Holy Spirit)
Faith Vocabulary: Holy Trinity, Annunciation
Faith-Filled People: Saint John de Matha
Catholics Believe: Holy Water
The Church Follows Jesus: Saint Augustine
Prayer: Renewal of Faith (from the Rite of Baptism for Children)
<i>Catechism of the Catholic Church (CCC): 232-260</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 49-63</i>
CHAPTER 4 - Great Is the Lord
Faith Concepts:
<ul style="list-style-type: none"> • God is One, almighty, holy, eternal, love, and truth. • God is the Creator of everyone and everything, visible and invisible. • The sin of Adam and Eve explains the beginning of all sin in the world.
Sacred Scripture: Isaiah 64:7 (We are the clay and you the potter); Deuteronomy 6:4 (God is one); Revelation 15:3 (God is almighty); Isaiah 40:28 (The Lord is the eternal God); Isaiah 6:3 (Holy is the Lord); 1 John 4:16 (God is love); Psalm 33:4a (The Lord's word is true); Exodus 34: 6 (The Lord is slow to anger); Psalm 99:3 (Holy is God); Matthew 6:9 (How to pray); 1 John 3:1 (See what love); Isaiah 49: 15–16 (I will never forget you)
Disciple Power: joy (Fruit of the Holy Spirit)
Faith Vocabulary: attributes of God, Abba, soul
Faith-Filled People: Saint Thérèse of Lisieux (Thérèse of the Child Jesus)
Catholics Believe: The Mystery of God
The Church Follows Jesus: Blessing Prayers
Prayer: Lord, You Alone Are God! (prayer of praise)
<i>Catechism of the Catholic Church (CCC): 199-227, 268-274, 279-412</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 49-75</i>
Catholic Social Teaching — Unit 1: We Care for God's Creation

Unit 2: We Believe, Part Two

CHAPTER 5 - Jesus Christ, Son of God
Faith Concepts:
<ul style="list-style-type: none"> • Jesus is the Christ, the Messiah and the Lord. • He is true God and true man. • The Virgin Mary is the Mother of the Church.
Sacred Scripture: Matthew 1: 18, 20–23 (You are to name him Jesus); Luke 1:35 (The child to be born will be called holy); Luke 2:8–11 (A savior has been born for you); John 19:26–27 (Woman, behold your Son)
Disciple Power: faithfulness (Fruit of the Holy Spirit)
Faith Vocabulary: Christ, Lord, Incarnation
Faith-Filled People: Saint Matthew and Saint Luke, Evangelists
Catholics Believe: Christmas Customs
The Church Follows Jesus: Madonna and Child
Prayer: Jesus' Holy Name (a prayer of petition)
<i>Catechism of the Catholic Church (CCC): 422-451, 456-478, 484-507</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 77-87</i>
CHAPTER 6 - The Paschal Mystery
Faith Concepts:
<ul style="list-style-type: none"> • The Passover celebrates God freeing the Israelites from slavery and leading them to new life. • The Paschal Mystery is Jesus' Passion, Death, Resurrection, and glorious Ascension. • By his Paschal Mystery, Christ freed people from sin and death.
Sacred Scripture: Luke 24: 1–3 (They found the stone rolled away); Exodus 12:29 (The Lord slew every first-born); Exodus 12: 39 (They had been rushed out of Egypt); Matthew 26: 26–30 (The Last Supper); Luke 23: 44-46 (The Death of Jesus); 1 Corinthians 15:12–14, 19 (How can you say there is no resurrection from the dead)
Disciple Power: hope (Theological Virtue)
Faith Vocabulary: Passover, Paschal Mystery, Resurrection, Ascension
Faith-Filled People: Saint Veronica
Catholics Believe: Pilgrimage
The Church Follows Jesus: Stations of the Cross
Prayer: The Exsultet
<i>Catechism of the Catholic Church (CCC): 571-664</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 89-100</i>
CHAPTER 7 - Many Gifts, One Spirit
Faith Concepts:
<ul style="list-style-type: none"> • Jesus promised that the Advocate would come to his disciples. • Jesus sent the Holy Spirit to guide the Church as Teacher and Sanctifier. • The Holy Spirit makes the Church holy.
Sacred Scripture: Acts 2:1–2,4 (Pentecost); Luke 4:16–19 (The Spirit of the Lord is upon me); John 16:5–7 (It is better for you that I go); Acts 2:1–2,4 (They were filled with the Holy Spirit); Matthew 28:16–20 (Make disciples of all nations)
Disciple Power: courage (Cardinal Virtue)
Faith Vocabulary: charisms, Sacred Tradition
Faith-Filled People: Saint Elizabeth Ann Seton
Catholics Believe: Fruits of the Holy Spirit
The Church Follows Jesus: Saint Katharine Drexel
Prayer: Spread the Gospel
<i>Catechism of the Catholic Church (CCC): 683-741, 797-801, 1091-1109</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 101-123</i>
CHAPTER 8 - Thy Kingdom Come!
Faith Concepts:
<ul style="list-style-type: none"> • The Church is made up of the lay faithful, the ordained, and those in the consecrated life. • The four Marks of the Church are one, holy, catholic, and apostolic. • The Church works to prepare for the coming of the Kingdom of God.
Sacred Scripture: Romans 12:4–5 (We are one body in Christ); 1 Corinthians 12:12–13,27 (You are Christ's body); Ephesians 4:4–6 (There is one Spirit); 2 Timothy 1:9 (God saved us); Ephesians 2:19–20 (Christ is the capstone); Matthew 28:19 (Make disciples of all nations); Mark 1:15 (This is the time of fulfillment); 2 Peter 3:13 (We await new heavens and a new earth); Matthew 5:17–19 (The greatest in the kingdom of heaven)
Disciple Power: peace (Fruit of the Holy Spirit)
Faith Vocabulary: Church, Kingdom of God
Faith-Filled People: Blessed Pope John Paul II
Catholics Believe: Ichthus
The Church Follows Jesus: Catholic Relief Services
Prayer: Thy Kingdom Come (The Our Father)
<i>Catechism of the Catholic Church (CCC): 668-679, 787-795, 811-972</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 101–113</i>
Catholic Social Teaching — Unit 2: We Reach Out to People in Need

Unit 3: We Worship, Part One

CHAPTER 9 - Celebrating the Liturgy

Faith Concepts

- The liturgy is the Church's work of worshiping God.
- The liturgical year celebrates God's great plan of saving love for us.
- The Sacraments make us sharers in the life of God.

Sacred Scripture: Psalm 75:2 (We thank you, God); Matthew 28:20 (I am with you always)

Disciple Power: perseverance (capital virtue)

Faith Vocabulary: liturgy, Sacraments

Faith-Filled People: Blessed Pope John XXIII

Catholics Believe: Liturgical Colors

The Church Follows Jesus: Blessed by God (Blessed Carlos Manuel)

Prayer: Lift Up Your Hearts (prayer of praise and honor)

Catechism of the Catholic Church (CCC): 1135-1186

U.S. Catholic Catechism for Adults (USCCA): pp. 165-179

CHAPTER 10 - Joined to Christ

Faith Concepts:

- Baptism, Confirmation, and Eucharist are the three Sacraments of Christian Initiation.
- In Baptism we are joined to Christ and become members of the Church..
- In Baptism, Original Sin and all personal sins are forgiven.

Sacred Scripture: John 3:5 (Amen, amen I say to you); Matthew 10:28 (And do not be afraid); 1 John 3:1 (See what love the Father has bestowed); 1 Corinthians 3:16 (You are the temple of God); John 3:3 (Amen, Amen, I say to you); 1 Corinthians 12:13 (We were baptized into one body)

Disciple Power: generosity (Fruit of the Holy Spirit)

Faith Vocabulary: Baptism, Sacred Chrism

Faith-Filled People: Nicodemus

Catholics Believe: Baptismal Garment

The Church Follows Jesus: A Model of Generosity (Saint Maximilian Kolbe)

Prayer: Do You Believe? (renewal of Baptismal Promises)

Catechism of the Catholic Church (CCC): 1210-1284

U.S. Catholic Catechism for Adults (USCCA): pp. 181-199

CHAPTER 11 - We Celebrate the Holy Spirit

Faith Concepts:

- The name Christ means "anointed one."
- In Confirmation we are sealed with the gift of the Holy Spirit.
- The Gifts of the Holy Spirit empower us to continue the mission of Christ.

Sacred Scripture: Luke 4:18-19 (The Spirit of the Lord is upon me); 1 Samuel 16:12-13 (The spirit of the Lord rushed upon David); Isaiah 11:2-3 (The spirit of the Lord shall rest upon him)

Disciple Power: understanding (Gift of the Holy Spirit)

Faith Vocabulary: Confirmation

Faith-Filled People: Missionaries

Catholics Believe: Sacramental Grace

The Church Follows Jesus: Good News for the Poor (Dorothy Day and Peter Maurin)

Prayer: Send Us Your Spirit

Catechism of the Catholic Church (CCC): 1285-1321

U.S. Catholic Catechism for Adults (USCCA): pp. 201-211

CHAPTER 12 - One Bread, One Cup

Faith Concepts:

- Jesus gave us the Eucharist at the Last Supper.
- The Eucharist renews and makes present the one sacrifice of Christ.
- The Eucharist is the center of the Christian life.

Sacred Scripture: Luke 22:19-20 and Matthew 26:26-28 (The institution of the Eucharist); 1 Corinthians 11:26 (As often as you eat this bread)

Disciple Power: charity (Theological Virtue)

Faith Vocabulary: Eucharist, Mass

Faith-Filled People: Óscar Romero

Catholics Believe: Blessed Sacrament

The Church Follows Jesus: The Saint of the Gutter (Teresa of Calcutta)

Prayer: Praise God! (based on Lauda Sion)

Catechism of the Catholic Church (CCC): 1322-1405

U.S. Catholic Catechism for Adults (USCCA): pp. 213-232

Catholic Social Teaching — Unit 3: We Treat All Life as Sacred

Unit 4: We Worship, Part Two

CHAPTER 13 - Jesus Heals the Sinner

Faith Concepts:

- Jesus calls his disciples to forgive and to ask for forgiveness.
- Penance and Reconciliation continues Jesus' ministry of healing.
- Through Reconciliation, we are forgiven the sins we commit after we are baptized.

Sacred Scripture: Matthew 6:14-15 (If you forgive, your heavenly Father will forgive you); Luke 23:34 (Father, forgive them); Matthew 18:32-33 (The wicked servant); John 20:21-23 (Peace be with you); Psalm 103:2-3 (Bless the Lord, my soul)

Disciple Power: mercy (capital virtue)

Faith Vocabulary: sin, Sacraments of Healing, Sacrament of Penance and Reconciliation

Faith-Filled People: Blessed Charles de Foucauld

Catholics Believe: God's Grace

The Church Follows Jesus: Saint Maria Goretti

Prayer: Lord, Have Mercy

Catechism of the Catholic Church (CCC): 1420-1498

U.S. Catholic Catechism for Adults (USCCA): pp. 233-247

CHAPTER 14 - Jesus Heals the Sick

Faith Concepts:

- Jesus continues his ministry of healing through the Sacraments of Healing.
- Through the Anointing of the Sick, those who are seriously ill, weakened because of old age, or dying are joined to the suffering of Christ and receive strength and courage.
- A person may receive the Anointing of the Sick more than once.

Sacred Scripture: Matthew 9:2, 6-8 (Jesus heals the paralytic); John 9:2-3 (Neither he nor his parents sinned); Matthew 8:5-8, 13 (Lord, I am not worthy to have you enter under my roof)

Disciple Power: kindness (capital virtue)

Faith Vocabulary: Sacrament of the Anointing of the Sick, hope

Faith-Filled People: Blessed Frances Schervier

Catholics Believe: Extreme Unction

The Church Follows Jesus: Hospital Chaplains

Prayer: A Prayer for the Sick

Catechism of the Catholic Church (CCC): 1499-1532

U.S. Catholic Catechism for Adults (USCCA): pp. 249-259

CHAPTER 15 - The Sacrament of Holy Orders

Faith Concepts:

- All the baptized are called to continue the work of Christ.
- Holy Orders is one of the two Sacraments at the Service of Communion.
- In Holy Orders, a baptized man is consecrated to serve the whole Church as a bishop, priest, or deacon.

Sacred Scripture: Acts 20:28 (You tend the church of God); 1 Corinthians 12:12-13 (For in the one Spirit we were all baptized into one body); Colossians 3:12-15 (Put on love)

Disciple Power: faith (Theological Virtue)

Faith Vocabulary: Sacraments at the Service of Communion, Sacrament of Holy Orders

Faith-Filled People: Saint Joseph Maria Rubio y Peralta, SJ

Catholics Believe: Pastoral Administrators

The Church Follows Jesus: A Man of Faith, Holiness, and Humor (Saint Philip Neri)

Prayer: Love One Another (praying the Scriptures)

Catechism of the Catholic Church (CCC): 1536-1600

U.S. Catholic Catechism for Adults (USCCA): pp. 261-275

CHAPTER 16 - The Sacrament of Matrimony

Faith Concepts:

- Matrimony unites a baptized man and a baptized woman in a lifelong bond of faithful love.
- The couple being married are the ministers of this Sacrament.
- A married couple serves each other, their family, and others with love.

Sacred Scripture: 1 Corinthians 13:4-7 (Love is patient, love is kind); Genesis 1:28 and 2:24 (The two of them become one); Colossians 3:12-14 (Put on love)

Disciple Power: humility (capital virtue)

Faith Vocabulary: Sacrament of Matrimony, Rite of Marriage

Faith-Filled People: Saint Anne

Catholics Believe: Wedding Rings

The Church Follows Jesus: In Good Times and Bad Times (Saint Thomas More and his wife, Jane)

Prayer: A Family Blessing

Catechism of the Catholic Church (CCC): 1601-1666

U.S. Catholic Catechism for Adults (USCCA): pp. 277-292

Catholic Social Teaching — Unit 4: We Live in Community

Unit 5: We Live, Part One

CHAPTER 17 - Called to Holiness
Faith Concepts: <ul style="list-style-type: none"> • When we live as images of God, we live holy lives. • When we sin, we choose not to live holy lives. • The grace of God helps us live holy lives.
Sacred Scripture: 1 Peter 1:15–16 (Be holy); Matthew 5:14–16 (You are the light of the world); John 15:9,17 (Love one another); Ephesians 3:7–9 (A minister by the gift of God's grace); Psalm 25:4-6,8-9,21 (Make known to me your ways, Lord)
Disciple Power: goodness (Fruit of the Holy Spirit)
Faith Vocabulary: sanctifying grace, actual grace
Faith-Filled People: Saints Perpetua and Felicity
Catholics Believe: Canonization
The Church Follows Jesus: Venerable Solanus Casey
Prayer: A Prayer of Blessing (Psalm 25)
Catechism of the Catholic Church (CCC): 1846-1869, 1987-2016
U.S. Catholic Catechism for Adults (USCCA): pp. 307-338
CHAPTER 18 - Making Moral Decisions
Faith Concepts: <ul style="list-style-type: none"> • Moral decisions help us grow as children of God and live as followers of Jesus Christ. • Conscience is our ability to know and judge what is right and what is wrong. • The Cardinal Virtues are good habits that help us to live holy lives.
Sacred Scripture: Psalm 25:4 (Teach me your paths); Mark 14:72 (Before the cock crows twice you will deny me three times)
Disciple Power: prudence (Cardinal Virtue)
Faith Vocabulary: moral decisions, conscience
Faith-Filled People: Saint Catherine of Siena
Catholics Believe: Examination of Conscience
The Church Follows Jesus: Saint John Bosco
Prayer: An Examination of Conscience
Catechism of the Catholic Church (CCC): 1699-1709, 1716-1724, 1730-1742, 1762-1770, 1776-1794, 1803-1811
U.S. Catholic Catechism for Adults (USCCA): pp. 307-321
CHAPTER 19 - Living the Covenant
Faith Concepts: <ul style="list-style-type: none"> • Baptism binds us in an everlasting Covenant with God. • The Ten Commandments guide us in living the Covenant. • Jesus, the new and everlasting Covenant, came to fulfill the Law and the prophets.
Sacred Scripture: Psalm 117:2 (The Lord is faithful forever); Genesis 7:11–12 (The floodgates of the sky were opened); Genesis 8:21 (Never again will I doom the earth); Genesis 15:5 (Look up at the sky and count the stars); Galatians 3:29 (You are Abraham's descendant); Exodus 3: 4b-6a (God called out to Moses); Matthew 5:17 (I have come to fulfill the law); Matthew 5:19 (The greatest in the kingdom of heaven); Jeremiah 31:33 (I will place my law within them)
Disciple Power: obedience (Fruit of Holy Spirit)
Faith Vocabulary: Covenant, Exodus
Faith-Filled People: Abraham
Catholics Believe: Indelible Mark
The Church Follows Jesus: Solemn Agreements
Prayer: Prayer of Commitment
Catechism of the Catholic Church (CCC): 26-231
U.S. Catholic Catechism for Adults (USCCA): pp. 11-76
CHAPTER 20 - The Beatitudes
Faith Concepts: <ul style="list-style-type: none"> • The Beatitudes show ways Jesus wants his disciples to live. • The Beatitudes describe the qualities and actions of people blessed by God. • The Beatitudes guide us to prepare the way for the coming of the Kingdom of God.
Sacred Scripture: Matthew 5:3–12 (The Beatitudes); Luke 6:23 (Behold, your reward will be great in heaven)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: Sermon on the Mount, Beatitudes
Faith-Filled People: Saint Damien de Veuster (Damien of Molokai)
Catholics Believe: Peter's Pence Collection
The Church Follows Jesus: Habitat for Humanity
Prayer: Prayer to Live the Beatitudes
Catechism of the Catholic Church (CCC): 1716-1724
U.S. Catholic Catechism for Adults (USCCA): pp. 307-321
Catholic Social Teaching — Unit 5: We Care for God's Creation

Unit 6: We Live, Part Two

CHAPTER 21 - Love of God
Faith Concepts: <ul style="list-style-type: none"> • The Ten Commandments guide us in making moral decisions. • The first three Commandments describe our responsibility to worship God. • Sunday is the Lord's Day for Christians.
Sacred Scripture: Psalm 119:33–34 (Teach me the way of your laws); Deuteronomy 6:1–3 (Observe the commandments); Exodus 20:2-3 (The First Commandment); Exodus 20:7 (The Second Commandment); Exodus 20:8 (The Third Commandment); Genesis 2:3 (God blessed the seventh day)
Disciple Power: meekness (capital virtue)
Faith Vocabulary: manna, Ten Commandments
Faith-Filled People: Moses
Catholics Believe: Saturday Evening Mass
The Church Follows Jesus: The Child Saint (Saint Dominic Savio)
Prayer: You Are God (Te Deum)
Catechism of the Catholic Church (CCC): 2083-2132, 2142-2159, 2168-2188
U.S. Catholic Catechism for Adults (USCCA): pp. 339-371
CHAPTER 22 - Love of Neighbor
Faith Concepts: <ul style="list-style-type: none"> • The Fourth Commandment teaches respect for parents and those in authority. • The Fifth Commandment teaches that all human life is sacred. • The Sixth and Ninth Commandments teach us to be chaste.
Sacred Scripture: Psalm 119:11 (I treasure your promise); 1 John 4:7–8, 11–12 (Beloved, let us love one another); Matthew 5:43–45 (Love your enemies); Exodus 20:12 (The Fourth Commandment); Exodus 20:13 (The Fifth Commandment); Exodus 20:14,17 (The Sixth and Ninth Commandments)
Disciple Power: temperance (Cardinal Virtue)
Faith Vocabulary: chastity
Faith-Filled People: The Good Samaritan
Catholics Believe: Pastoral Letters
The Church Follows Jesus: Responding to God's Love (Saint Rose of Lima)
Prayer: Prayer of Saint Francis of Assisi
Catechism of the Catholic Church (CCC): 1490-1498
U.S. Catholic Catechism for Adults (USCCA): pp. 373-416, 439-446
CHAPTER 23 - Living a Just and Truthful Life
Faith Concepts: <ul style="list-style-type: none"> • The Seventh Commandment teaches us to not take what does not belong to us. • The Eighth Commandment teaches us to be truthful. • The Tenth Commandment teaches us to be a good steward.
Sacred Scripture: Isaiah 45:8 (Let justice descend); Exodus 20:15 (The Seventh Commandment); Exodus 20:16 (The Eighth Commandment); Ephesians 4:25 (Speak the truth); Exodus 20:17 (The Tenth Commandment); Psalm 19:8-12 (The law of the Lord)
Disciple Power: integrity (capital virtue)
Faith Vocabulary: justice, honesty
Faith-Filled People: Saint Stephen, First Martyr
Catholics Believe: Social Justice
The Church Follows Jesus: Blessed Miguel Pro
Prayer: Praying Psalm 19
Catechism of the Catholic Church (CCC): 1420–1498
U.S. Catholic Catechism for Adults (USCCA): pp. 417-438, 447-457
CHAPTER 24 - Lord, Teach Us to Pray
Faith Concepts: <ul style="list-style-type: none"> • Jesus taught his disciples to pray the Our Father. • The Our Father teaches us how to pray. • The Our Father teaches us how to live the Gospel.
Sacred Scripture: Psalm 69:14 (I pray to you, Lord); 1 Thessalonians 5:17 (Pray without ceasing); Matthew 6:9–13 (Jesus teaches the Our Father); John 17:20–21 (That they may all be one)
Disciple Power: piety (Gift of the Holy Spirit)
Faith Vocabulary: disciple, Our Father
Faith-Filled People: Venerable Pierre Toussaint
Catholics Believe: Evangelization
The Church Follows Jesus: Monks of Gethsemani
Prayer: The Lord's Prayer
Catechism of the Catholic Church (CCC): 2558-2865
U.S. Catholic Catechism for Adults (USCCA): pp. 481-495
Catholic Social Teaching — Unit 6: We Live in Community

Unit 1: We Believe, Part One

CHAPTER 1 - The Gift of Faith
Faith Concepts: <ul style="list-style-type: none"> • God placed in our hearts a desire to know, love, and serve him. • Jesus' whole life on Earth invited us to have faith in God. • The creeds are both a profession and a summary of the Church's faith in God.
Sacred Scripture: Psalm 148:7,9-10,12-13 (Praise the Lord); Jeremiah 24:7 (I am the Lord); Jeremiah 32:38-39 (They shall be my people, and I will be their God)
Disciple Power: perseverance in faith (Gift of the Holy Spirit)
Faith Vocabulary: faith, creed
Faith-Filled People: Miriam
Catholics Believe: The Nicene Creed
The Church Follows Jesus: World Youth Day
Prayer: We Believe in God (Profession of Faith, Rite of Baptism)
<i>Catechism of the Catholic Church (CCC): 26-49, 142-197</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 2-9, 36-47</i>
CHAPTER 2 - The Word of God
Faith Concepts: <ul style="list-style-type: none"> • The Holy Spirit guided the human writers of Scripture. • Through the Bible, God reveals himself and his loving plan of Salvation. • The Bible tells the story of the Covenant between God and his people.
Sacred Scripture: Psalm 119: 105-106, 111, 116 (Your word is a lamp for my feet); Baruch 3:9,12-13; 4:1-2 (Hear, O Israel, the commandments of life); Exodus 3:4,6,10 (I am the God of Abraham); Exodus 3:13-14 (I am who am)
Disciple Power: knowledge (Gift of the Holy Spirit)
Faith Vocabulary: Covenant, biblical inspiration, canon
Faith-Filled People: People of God
Catholics Believe: Sacred Scripture
The Church Follows Jesus: The Prophet Baruch
Prayer: You Word Is Light (lectio divina, Psalm 119)
<i>Catechism of the Catholic Church (CCC): 50-73, 101-141</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 12-27</i>
CHAPTER 3 - The Mystery of God
Faith Concepts: <ul style="list-style-type: none"> • God, the Mystery of mysteries, has revealed himself and his plan of creation and Redemption. • Creation is the work of the Holy Trinity. • The mystery of the Most Holy Trinity is at the center of our faith.
Sacred Scripture: John 1: 1, 3-5 (In the beginning was the Word); Exodus 34:6 (The Lord is slow to anger); 2 Samuel 7:28 (God's words are truth); Ephesians 2:4 (God is rich in mercy); John 3:16 (For God so loved the world); Genesis 1:27 (God created man in his image); Genesis 1:1 (In the beginning); Psalm 66:1-2, 4, 8-9, 20 (The works of God)
Disciple Power: wonder and awe (Gift of the Holy Spirit)
Faith Vocabulary: Divine Revelation, original holiness, original justice, sanctify
Faith-Filled People: Saint Thomas Aquinas
Catholics Believe: Faith in God
The Church Follows Jesus: Illuminating Mosaics
Prayer: Psalm 66:1-2, 4
<i>Catechism of the Catholic Church (CCC): 198-231, 249-267, 355-387</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 50-53, 56-59</i>
CHAPTER 4 - God, Father and Creator
Faith Concepts: <ul style="list-style-type: none"> • God has revealed himself as Creator of all things, visible and invisible. • Original Sin is the sin that Adam and Eve committed by freely turning away from God's love and friendship. • In Jesus Christ we have been reconciled with God the Father, with one another, and with all of Creation.
Sacred Scripture: Matthew 6:9-10 (Our Father); Micah 6: 1,2 (Hear what the Lord says); Micah 6:8 (Walk humbly with your God); Genesis 2:1-3 (The seventh day); Genesis 1:31 (God found it very good); Matthew 18:12 (The ninety-nine sheep and the one); Genesis 2:16-17 (From that tree you shall not eat); Genesis 3:4-5 (You certainly will not die!); Psalm 96:2-4,6,7,10,11 (Sing to the Lord)
Disciple Power: justice (Cardinal Virtue)
Faith Vocabulary: Original Sin, sin, temptation
Faith-Filled People: The New Eve
Catholics Believe: Salvation
The Church Follows Jesus: The Prophet Micah
Prayer: Sing to the Lord (Psalm 96)
<i>Catechism of the Catholic Church (CCC): 232-248, 268-354, 388-421</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 53-56, 68-75</i>
Catholic Social Teaching — Unit 1: We Care for God's Creation

Unit 2: We Believe, Part Two

CHAPTER 5 - Son of God, Son of Mary
Faith Concepts: <ul style="list-style-type: none"> • God the Father chose Mary to be the mother of his Son. • Jesus is the Second Person of the Trinity who is the Messiah. • The Rosary is a prayer in which we reflect on the mysteries of Salvation.
Sacred Scripture: Luke 1:28,20-33,35,38 (The Annunciation); Luke 1: 42, 45, 46-47, 49 (The Visitation); John 1:14 (And the Word became flesh); Matthew 16:14 (Some say John the Baptist); Matthew 16:16 (You are the Messiah)
Disciple Power: humility (capital virtue)
Faith Vocabulary: Incarnation, Christ, Lord
Faith-Filled People: Saint Lawrence
Catholics Believe: The Rosary
The Church Follows Jesus: Mary, the First and Model Disciple
Prayer: Hail, Holy Queen (in English and Polish)
<i>Catechism of the Catholic Church (CCC): 422-570</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 77-87</i>
CHAPTER 6 - The Suffering Servant
Faith Concepts: <ul style="list-style-type: none"> • The Paschal Mystery is the Passion, Death, Resurrection, and Ascension of Jesus Christ. • Jesus Christ suffered death for the Redemption and Salvation of humanity. • The Resurrection is the principle and source of our future resurrection.
Sacred Scripture: Isaiah 52:13-15; 53:12 (He shall take away the sins of many); Matthew 25:40 (What you did not do for one of these least ones); Luke 19:38 (Blessed is the king who comes in the name of the Lord); Matthew 27:54 (Truly, this was the Son of God); John 19:17-18 (The Crucifixion); John 1:29 *(Behold, the Lamb of God); Luke 22:19-20 (This is my body, which will be given up for you)
Disciple Power: mercy (Fruit of the Holy Spirit as related to charity)
Faith Vocabulary: Paschal Mystery, Passion, Salvation
Faith-Filled People: The Passionists
Catholics Believe: The Paschal Mystery
The Church Follows Jesus: Saint Paul of the Cross
Prayer: Stations of the Cross
<i>Catechism of the Catholic Church (CCC): 571-682</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 90-110</i>
CHAPTER 7 - The Holy Spirit
Faith Concepts: <ul style="list-style-type: none"> • The Holy Spirit is at work bringing about God's plan of Salvation within the Church. • The Holy Spirit strengthens the Church to be a sign of Christ's love. • The Gifts of the Holy Spirit help us continue the mission of the Church.
Sacred Scripture: Psalm 143:10 (Lord, teach me to do your will); Matthew 5:44 (Love your enemies); John 1:1 (In the beginning was the Word); Acts 1:4-5 (John baptized with water); Acts 2:2-4 (The first Pentecost); Luke 4:18 (The Spirit of the Lord is upon me); John 19:26-27 (Woman, behold your son); 1 Corinthians 6:19 (Your body is a temple of the Holy Spirit); John 17:20-21 (That the world may all be one)
Disciple Power: counsel (Gift of the Holy Spirit)
Faith Vocabulary: Gospels, Pentecost, charism
Faith-Filled People: Spiritans
Catholics Believe: Social Teachings
The Church Follows Jesus: Saint Benedict and Saint Scholastica
Prayer: Prayer of Intercession
<i>Catechism of the Catholic Church (CCC): 683-747, 963-975</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 102-110, 141-149</i>
CHAPTER 8 - The Mystery of the Church
Faith Concepts: <ul style="list-style-type: none"> • Jesus Christ is the Head of the Church, the Body of Christ. • The Holy Spirit strengthens the Church to be one, holy, catholic, and apostolic. • The Kingdom of God is mysteriously present in the Church.
Sacred Scripture: Psalm 28:7-9 (The Lord is my strength and my shield); 1 Corinthians 12:27 (Now you are Christ's body); Matthew 28:19-20 (Make disciples of all nations.); Matthew 16:18-19 (Upon this rock I will build my church); Matthew 9:35-38 (The harvest is abundant but laborers are few)
Disciple Power: peace (Fruit of the Holy Spirit)
Faith Vocabulary: Church, Kingdom of God
Faith-Filled People: Saint Timothy
Catholics Believe: Last Judgment
The Church Follows Jesus: Saint Marguerite Marie Alacoque
Prayer: Prayer of Vocation
<i>Catechism of the Catholic Church (CCC): 748-962, 988-1060</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 111-139, 151-162</i>
Catholic Social Teaching — Unit 2: We Care for God's Creation

Unit 3: We Worship, Part One

CHAPTER 9 - Celebrating the Liturgy

Faith Concepts:

- The liturgy is the Church's work of worshipping God.
- The Seven Sacraments are the center of the Church's liturgy.
- Throughout the year, the Church praises God for what he has done and continues to do.

Sacred Scripture: Psalm 57:8–11 (My heart is steadfast, God);
Leviticus 23:1, 3 (The Sabbath shall belong to the Lord)

Disciple Power: Diligence (capital virtue)

Faith Vocabulary: liturgy, Sacraments

Faith-Filled People: Abraham

Catholics Believe: Rites of the Catholic Church

The Church Follows Jesus: One Faith, One Lord

Prayer: Give Glory to God! (doxology from the Eucharistic Prayer)

Catechism of the Catholic Church (CCC): 1076-1109, 1136-1186, 1206

U.S. Catholic Catechism for Adults (USCCA): pp. 165-179

CHAPTER 10 - The Sacraments of Christian Initiation: Baptism

Faith Concepts:

- A person becomes fully initiated into the Church through the Sacraments of Initiation.
- Baptism is the doorway to new life in the Holy Spirit and Salvation in Christ.
- Through Baptism we are made sharers in God's divine life.

Sacred Scripture: Mark 1:9–11 (You are my beloved Son); John 3:5 (Amen, Amen, I say to you); Luke 3:21–22 (You are my beloved Son)

Disciple Power: modesty (Fruit of the Holy Spirit)

Faith Vocabulary: Christian Initiation, Baptism, sanctifying grace

Faith-Filled People: The Prophets

Catholics Believe: Chrism

The Church Follows Jesus: Saint Charles Lwanga

Prayer: Bless Us Today Lord (recalling baptismal anointing)

Catechism of the Catholic Church (CCC): 1210-1284

U.S. Catholic Catechism for Adults (USCCA): pp. 181-199

CHAPTER 11 - The Sacraments of Christian Initiation: Confirmation

Faith Concepts:

- The Sacrament of Confirmation perfects the grace of Baptism.
- The Rite of Confirmation includes the laying on of hands and anointing with oil by the bishop.
- Through Confirmation we are called to be living witnesses for Christ.

Sacred Scripture: Acts of the Apostles 2:2–4 (And they were all filled with the holy Spirit); Galatians 5:22–26 (The fruit of the Spirit)

Disciple Power: fortitude (Cardinal Virtue)

Faith Vocabulary: Confirmation, consecrate

Faith-Filled People: United States Conference of Catholic Bishops (USCCB)

Catholics Believe: Gifts of the Holy Spirit

The Church Follows Jesus: Land of Martyr Saints (Catholics in China)

Prayer: Come, Holy Spirit

Catechism of the Catholic Church (CCC): 1285-1321

U.S. Catholic Catechism for Adults (USCCA): pp. 201-211

CHAPTER 12 - The Sacraments of Christian Initiation: The Eucharist

Faith Concepts:

- Many events in the Old Testament prefigure the mystery of the Eucharist.
- The Mass recalls and makes present the one sacrifice of Christ.
- The Eucharist is a memorial of the Paschal Mystery.

Sacred Scripture: Psalm 105:39–41 (He brought them quail); Genesis 14:17–20 (Melchizedek blessed Abram); John 6:32–35 (I am the bread of life)

Disciple Power: faithfulness (Fruit of the Holy Spirit)

Faith Vocabulary: Eucharist, Mass

Faith-Filled People: Saint Dominic de Guzman

Catholics Believe: Table of the Lord

The Church Follows Jesus: Archbishop Óscar Romero

Prayer: Praise to You, Lord! (Liturgy of the Word)

Catechism of the Catholic Church (CCC): 1322-1419

U.S. Catholic Catechism for Adults (USCCA): pp. 215-232

Catholic Social Teaching — Unit 3: We Are From God

Unit 4: We Worship, Part Two

CHAPTER 13 - Penance and Reconciliation

Faith Concepts:

- The Sacraments of Healing are Penance and Reconciliation and the Anointing of the Sick.
- The Rite of Penance includes repentance, confession, and absolution.
- In Reconciliation we receive God's forgiveness for sins committed after Baptism.

Sacred Scripture: Luke 7:47,50 (Your faith has saved you); John 20:22–23 (Receive the Holy Spirit); Matthew 25:41–43 (I was thirsty and you gave me no drink); Psalm 25:6–9 (Teach me your paths)

Disciple Power: self-control (Fruit of the Holy Spirit)

Faith Vocabulary: Sacrament of Penance and Reconciliation, venial sin, mortal sin

Faith-Filled People: Saint Mary Magdalene

Catholics Believe: Forgiveness

The Church Follows Jesus: A Woman of Strength (Saint Monica)

Prayer: The Act of Contrition

Catechism of the Catholic Church (CCC): 1420-1498

U.S. Catholic Catechism for Adults (USCCA): pp. 233-247

CHAPTER 14 - Anointing of the Sick

Faith Concepts:

- The Church continues Jesus' ministry of healing in the Sacraments of Healing.
- Anointing of the Sick strengthens our faith and trust in God when we are seriously ill or dying.
- The Rite of Anointing consists of the prayer of faith, laying on of hands, and the anointing with oil.

Sacred Scripture: Psalm 102:2–6 (Lord, hear my prayer); Matthew 9:35 (Jesus cured every disease and illness); Luke 4:40 (He laid hands on each of them and cured them); Mark 6:12–13 (The Twelve preached repentance); James 5:14–15 (Is anyone among you sick?)

Disciple Power: gentleness (Fruit of the Holy Spirit)

Faith Vocabulary: Anointing of the Sick, hospice care

Faith-Filled People: Saint Rafqa

Catholics Believe: Respect for Those Who Suffer

The Church Follows Jesus: The Caring Warmth of Family (hospice care)

Prayer: Prayer for the Sick

Catechism of the Catholic Church (CCC): 1499-1532

U.S. Catholic Catechism for Adults (USCCA): pp. 249-259

CHAPTER 15 - The Sacrament of Holy Orders

Faith Concepts:

- Every Christian is joined to Christ in Baptism.
- Holy Orders consecrates a baptized man to serve the Church as a bishop, priest, or deacon.
- A bishop has received the fullness of the Sacrament of Holy Orders.

Sacred Scripture: Matthew 9:35–38 (The harvest is abundant but the laborers are few); Mark 10:44–45 (For the Son of Man did not come to be served but to serve)

Disciple Power: patience (Fruit of the Holy Spirit)

Faith Vocabulary: communion, ordination, crosier

Faith-Filled People: Venerable Jean Gailhac

Catholics Believe: Male Ordination

The Church Follows Jesus: Seeking to Serve (Blessed John Henry Newman)

Prayer: Prayer for Vocations

Catechism of the Catholic Church (CCC): 1533-1600

U.S. Catholic Catechism for Adults (USCCA): pp. 261-275

CHAPTER 16 - The Sacrament of Matrimony

Faith Concepts:

- In marriage, a man and a woman form a lifelong bond of faithful love.
- Spousal love is to be exclusive, permanent, unbreakable, and faithful.
- Married persons are to be a living sign of Christ's love for the Church.

Sacred Scripture: 1 Corinthians 13:4–7,13 (But the greatest of these is love); Matthew 19:6 (Therefore, what God has joined together, no human being must separate)

Disciple Power: chastity (Fruit of the Holy Spirit)

Faith Vocabulary: conjugal love, Matrimony, complementarity

Faith-Filled People: Blesseds Louis and Zélie Martin

Catholics Believe: Marital Love

The Church Follows Jesus: Pre-Cana Ministry

Prayer: Signs of Christ's Love (from Rite of Marriage)

Catechism of the Catholic Church (CCC): 1601-1666

U.S. Catholic Catechism for Adults (USCCA): pp. 277-292

Catholic Social Teaching — Unit 4: We Live in Community

Unit 5: We Live, Part One

CHAPTER 17 - Our Call to Holiness

Faith Concepts:

- The Theological Virtues connect us with God and strengthen us to live a life of holiness.
- The grace of the Holy Spirit helps us to freely make choices to grow in holiness.
- Living the Works of Mercy is a sign of holiness.

Sacred Scripture: Psalm 99:4,7,9 (Holy is the Lord, our God); Ruth 2:2-3 (Ruth and Naomi); Leviticus 11:44-45 (You shall be holy); 1 Corinthians 1:2 (Called to be holy); 1 Corinthians 13:13 (The greatest of these is love); 1 Corinthians 1:30 (You are in Christ Jesus); Proverbs 12:13 (The just); Colossians 3:12-14 (Put on love); Ruth 1:16 (Wherever you go I will go); Psalm 119: 1-2, 5, 8, 10, 18, 34, 41, 44, 47, 66, 105 (Your word is a lamp for my feet)

Disciple Power: understanding (Gift of the Holy Spirit)

Faith Vocabulary: holiness, Theological Virtues, Works of Mercy

Faith-Filled People: Job

Catholics Believe: Sacramentals

The Church Follows Jesus: The Gleaning Network

Prayer: The Road Ahead (Psalm 119)

Catechism of the Catholic Church (CCC): 1699-1715, 1730-1748, 1803-1845, 1987-2029

U.S. Catholic Catechism for Adults (USCCA): pp. 307-313, 315-321, 328-330

CHAPTER 18 - Making Moral Choices

Faith Concepts:

- Sin is freely choosing to do or say what we know is against God's Law.
- The sources of morality are object, intention, and circumstance.
- Our consciences help us to judge whether an act is good or evil.

Sacred Scripture: Proverbs 3:13-14, 18 (Happy the man who finds wisdom); Proverbs 29:8 (Wise men calm the fury); Proverbs 16:8 (Better a little with virtue); Proverbs 11:19 (Virtue directs toward life); Proverbs 15:4 (A soothing tongue); Proverbs 24:3 (By wisdom is a house built); 1 John 5:16 (If anyone sees his brother sinning); Psalm 119:2 (Happy those who observe God's decrees)

Disciple Power: prudence (Cardinal Virtue)

Faith Vocabulary: morality, conscience

Faith-Filled People: Saint Alphonse de Liguori

Catholics Believe: Magisterium

The Church Follows Jesus: Mixing Faith and Fun (the Don Bosco system)

Prayer: Examination of Conscience

Catechism of the Catholic Church (CCC): 1750-1761, 1776-1876

U.S. Catholic Catechism for Adults (USCCA): pp. 311-321

CHAPTER 19 - The Law of Love

Faith Concepts:

- Do good and avoid evil is a principle of the natural law.
- Love of God and love of neighbor is essentially the Great Commandment.
- The Law of Love is the way we are called to be friends with Jesus and with one another.

Sacred Scripture: Matthew 5:44, 46-47 (Love your enemies); Matthew 5:17 (I have come not to abolish but to fulfill); Matthew 22:37-40 (The Great Commandment); Deuteronomy 6:4-5 (Hear O Israel!); Luke 6:31 (Do to others as you would have them do to you); Tobit 4:15 (Do to no one what you yourself dislike); John 15:12 (Great Commandment); John 13:34 (Love one another); John 15:9-10 (Remain in my love); John 15:15 (I call you friends); 1 Chronicles 29:10-13 (Blessed may you be, O Lord)

Disciple Power: charity (Theological Virtue)

Faith Vocabulary: natural law, Golden Rule, Shema

Faith-Filled People: Canossian Sisters

Catholics Believe: The New Law

The Church Follows Jesus: Witness of Love (Saint Josephine Bakhita)

Prayer: The Shema (English and Hebrew)

Catechism of the Catholic Church (CCC): 1949-2029

U.S. Catholic Catechism for Adults (USCCA): pp. 310-311, 315-318, 327-330

CHAPTER 20 - Ways of Happiness

- Faith Concepts:**
- The Beatitudes are teachings of Jesus from his Sermon on the Mount.
 - Living the Beatitudes is the way to follow the Law of Love.
 - The spirit of joy comes from the love of God being the treasure kept in our hearts.

Sacred Scripture: Matthew 5:3-12 (The Beatitudes); Philippians 4:4,8,13 (Rejoice in the Lord always); Psalm 146:2, 5, 10 (Praise the Lord, my soul)

Disciple Power: joy (Fruit of the Holy Spirit)

Faith Vocabulary: Beatitudes, canonization

Faith-Filled People: Blessed Chiara Badano

Catholics Believe: Communion of Saints

The Church Follows Jesus: A Spirit of Peace (Blessed Pope John XXIII)

Prayer: Praise the Lord, My Soul (Psalm 146)

Catechism of the Catholic Church (CCC): 1716-1729, 1812-1819, 1830-1845, 1965-2029

U.S. Catholic Catechism for Adults (USCCA): pp. 307-311, 318

Catholic Social Teaching — Unit 5: We Defend Those Who Cannot Defend Themselves

Unit 6: We Live, Part Two

CHAPTER 21 - Love of God

Faith Concepts:

- The First Commandment teaches us to worship only God.
- The Second Commandment teaches us to respect and reverence God's name.
- The Third Commandment teaches us to keep the Lord's Day holy.

Sacred Scripture: Psalm 19: 8-9 (The law of the Lord is perfect); Exodus 20:2-3 (I, the Lord, am your God); Exodus 20:7 (The Second Commandment); Exodus 20:8-10 (The Third Commandment); Psalm 103:1, 2, 8 (Bless the Lord, my soul)

Disciple Power: piety (Gift of the Holy Spirit)

Faith Vocabulary: worship, idolatry

Faith-Filled People: Moses

Catholics Believe: World Mission Sunday

The Church Follows Jesus: The Collection at Mass

Prayer: Act of Love (Psalm 103)

Catechism of the Catholic Church (CCC): 2083-2195

U.S. Catholic Catechism for Adults (USCCA): pp. 337-371

CHAPTER 22 - Commandments of Love

Faith Concepts:

- The Fourth Commandment teaches respect for others.
- The Fifth Commandment teaches that we are to build a culture of life.
- The Sixth and Ninth Commandments teach us to express and share love in respectful ways.

Sacred Scripture: Mark 10:5-9 (Therefore what God has joined together, no human being must separate); Exodus 20:12 (The Fourth Commandment); Exodus 20:13 (The Fifth Commandment); Exodus 20:14 (The Sixth Commandment); Exodus 20:17 (The Ninth Commandment)

Disciple Power: temperance (Cardinal Virtue)

Faith Vocabulary: murder, chastity, covet

Faith-Filled People: Ruth

Catholics Believe: The Dignity of Persons

The Church Follows Jesus: Conflicting Cultures (culture of life)

Prayer: Peace Prayer (St. Francis of Assisi)

Catechism of the Catholic Church (CCC): 2196-2400, 2514-2533

U.S. Catholic Catechism for Adults (USCCA): pp. 373-416, 439-446

CHAPTER 23 - Love of Neighbor

Faith Concepts:

- The Seventh and Tenth Commandments teach respect for Earth's resources and other's possessions.
- The Eighth Commandment teaches us to speak the truth.
- We have the obligation to use our talents for the common good.

Sacred Scripture: Luke 21:3-4 (The widow's offering); Exodus 20:15 (The Seventh Commandment); Exodus 20:16 (The Eighth Commandment); Matthew 5:37 (Let your 'Yes' mean 'Yes'); Exodus 20:17 (The Tenth Commandment)

Disciple Power: generosity (Fruit of the Holy Spirit)

Faith Vocabulary: reparation, almsgiving, stewardship

Faith-Filled People: Saint Paul of Tarsus

Catholics Believe: Poverty of Heart

The Church Follows Jesus: Venerable Henriette Delille

Prayer: Prayer for Honesty

Catechism of the Catholic Church (CCC): 2401-2513, 2534-2557

U.S. Catholic Catechism for Adults (USCCA): pp. 417-438, 447-457

CHAPTER 24 - The Summary of the Gospel

- Faith Concepts:**
- The Lord's Prayer is a prayer of all Christians.
 - The Lord's Prayer teaches us how to live the Gospel.
 - Traditionally the three forms of prayer are vocal prayer, meditation and contemplation.

Sacred Scripture: Psalm 33:20-22 (Our soul waits for the Lord); Matthew 6: 9-13 (The Our Father); John 12:27-28 (Father, glorify your name)

Disciple Power: hope (Theological Virtue)

Faith Vocabulary: adoration, meditation, contemplation

Faith-Filled People: Sarah

Catholics Believe: Ecumenism

The Church Follows Jesus: Saint Hildegard of Bingen

Prayer: The Lord's Prayer

Catechism of the Catholic Church (CCC): 2558-2865

U.S. Catholic Catechism for Adults (USCCA): pp. 461-495

Catholic Social Teaching — Unit 6: We Protect the Rights of Others

Unit 1: The Good News of Jesus

CHAPTER 1 - Introduction to Sacred Scripture

Faith Concepts:
<ul style="list-style-type: none"> • Scripture is the inspired Word of God. • Jesus Christ is the fulfillment of God's promise in the Covenant. • Each of us is called to be devoted to reading and praying Sacred Scripture.
Sacred Scripture: Acts 2:22-24, 32-33 (Peter's speech at Pentecost); 2 Timothy 3:16-17 (All Scripture is inspired by God)
Disciple Power: devotion
Faith Vocabulary: canon of Scripture, inspiration
Holy People: Saint Jerome, Saint Peter
Catholics Believe: God is the author of Scripture.
Prayer: Prayer to Saint Jerome
Catechism of the Catholic Church (CCC): 51-67, 105-107, 515
U.S. Catholic Catechism for Adults (USCCA): pp. 21-33

CHAPTER 2 - Proclaim Boldly

Faith Concepts:
<ul style="list-style-type: none"> • The Gospel is the Good News of Jesus Christ. • Each evangelist presents a unique portrait of Jesus. • Being a disciple of Jesus means boldly proclaiming the Gospel
Sacred Scripture: Matthew 1:1, 16 (Jesus' genealogy); Luke 1:3, (Luke's prologue); John 1:1-5 (John's prologue)
Disciple Power: prayerfulness
Faith Vocabulary: disciples, evangelists
Holy People: Saint Luke the Evangelist
Catholics Believe: The Great Commandment
Prayer: A Litany of Praise
Catechism of the Catholic Church (CCC): 75, 124-125, 514-515
U.S. Catholic Catechism for Adults (USCCA): pp. 21-33

CHAPTER 3 - The Gospel of Mark

Faith Concepts:
<ul style="list-style-type: none"> • Mark's Gospel focuses primarily on Jesus' ministry and the Cross. • Mark challenges us to think about what it means to be a disciple. • Discipleship involves discipline and sacrifice.
Sacred Scripture: Mark 1:15 (Kingdom of God is at hand); Mark 1:29-38 (Jesus' healings in Capernaum); Mark 8:34-35 (Take up the cross and follow Jesus)
Disciple Power: peacemaking
Faith Vocabulary: mission, Paschal Mystery, sacrifice
Holy People: Saint Mark the Evangelist
Catholics Believe: Power of the Cross, The Seven Sacraments
Prayer: Prayer of Petitions
Catechism of the Catholic Church (CCC): 105-107, 515
U.S. Catholic Catechism for Adults (USCCA): pp. 21-33

CHAPTER 4 - The Gospel of Matthew

Faith Concepts:
<ul style="list-style-type: none"> • Jesus' Sermon on the Mount echoes the teachings of Moses. • The Beatitudes complement the Ten Commandments. • Disciples of Jesus are to be like salt of the earth and the lights of the world.
Sacred Scripture: Matthew 5:3-10 (The Beatitudes); Matthew 5:17-18 (Jesus fulfills the Law); Matthew 5:19-20 (Teaching about the Law); Matthew 5:39 (Turn the other cheek)
Disciple Power: humility
Faith Vocabulary: Covenant, discourse, Torah
Holy People: Joseph Cardinal Bernardin
Catholics Believe: Daily Prayer
Prayer: Prayer for Guidance
Catechism of the Catholic Church (CCC): 105-107, 515
U.S. Catholic Catechism for Adults (USCCA): 105-107, 515

CHAPTER 5 - Luke and Acts

Faith Concepts:
<ul style="list-style-type: none"> • The same author wrote both the Gospel of Luke and Acts of the Apostles. • Luke the Evangelist focuses on the role of the Holy Spirit in the life of Jesus and the Church. • Repentance and conversion are part of being a disciple.
Sacred Scripture: Luke 4:16-21 (The Rejection at Nazareth); Luke 24:46-48 (Risen Lord appears to disciples in Jerusalem); Romans 6:4 (Buried with Jesus in Baptism)
Disciple Power: repentance
Faith Vocabulary: conversion, parable
Holy People: Saint Francis of Assisi, Dorothy Day
Catholics Believe: Conversion of mind and heart
Prayer: A Prayer for Mercy
Catechism of the Catholic Church (CCC): 105-107, 515
U.S. Catholic Catechism for Adults (USCCA): pp. 21-33

CHAPTER 6 - The Gospel of John

Faith Concepts:
<ul style="list-style-type: none"> • The Gospel of John describes Jesus' miracles as signs of God's power and love. • John's Gospel features seven "I AM" statements, which declare that Jesus is God. • In John's Last Supper story, Jesus washes the disciples' feet and invites them to do the same.
Sacred Scripture: John 1:14 (Word made flesh); John 4:26, 6:35, 8:12, 10:7, 10:11, 11:25, 15:1 (I AM statements); John 11:21-27, 41-44 (Raising of Lazarus); John 13:12-14 (Jesus is Lord and Teacher)
Disciple Power: fear of the Lord
Faith Vocabulary: Book of Glory, Book of Signs, Incarnation
Holy People: Saint Hildegard von Bingen
Catholics Believe: At the moment of death
Prayer: A Profession of Faith
Catechism of the Catholic Church (CCC): 105-107, 515
U.S. Catholic Catechism for Adults (USCCA): pp. 21-33

Catholic Social Teaching - Unit 1

Principle: Preferential Option for the Poor and Vulnerable
Science: Research ocean businesses on the poor
Social Studies: Draft a profile of a Central American country.
Mathematics: Compare nutrients of cow's milk with goat's milk.
Faith Action: Help a family in a Third World country.

Unit 2: Proclaiming the Gospel

CHAPTER 7 - Evangelizing the World
Faith Concepts: <ul style="list-style-type: none"> • Jesus called the Church to be a missionary Church from the beginning. • Today the Church flourishes in Asia, Africa and the Americas. • Jesus calls each of us to build a world of love.
Sacred Scripture: Psalm 96:3 (Tell of God's glory)
Disciple Power: perseverance
Faith Vocabulary: catechist, evangelization, missionary
Holy People: Saint John Nepomucene Neumann
Catholics Believe: Apostles and disciples
Prayer: A Litany to the Saints
<i>Catechism of the Catholic Church (CCC): 830-838, 849-856, 1229-1233, 1247-1249</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 16-17, 135-138</i>
CHAPTER 8 - The Letter to the Romans
Faith Concepts: <ul style="list-style-type: none"> • After his encounter with the Risen Christ, Paul's life was changed forever. • Saint Paul proclaimed the Gospel to the Gentiles. • Through Baptism we receive the gift of God's grace to be children of God.
Sacred Scripture: Acts 9:3-5 (Saul's Conversion); Romans 6:1-6, 8-11 (Living for God); Romans 6:15-16, 20-23 (Freedom from sin); Romans 8:15-17 (Spirit of adoption)
Disciple Power: courage
Faith Vocabulary: epistles, Gentiles, grace
Holy People: Jesuit Volunteer Corps, Saint Paul
Catholics Believe: Relationship between Jews and Christians
Prayer: God Is Enough
<i>Catechism of the Catholic Church (CCC): 94-95, 154-165, 176</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 35-47</i>
CHAPTER 9 - The Letter to the Philippians
Faith Concepts: <ul style="list-style-type: none"> • Paul's Letter to the Philippians is one that deals with joy and suffering. • Saint Paul demonstrates that God can bring blessings from suffering. • Being a disciple of Jesus means we have reason to rejoice.
Sacred Scripture: Philippians 1:12-17 (Encouragement in times of distress); Philippians 1:27-28 (Steadfastness in faith); Philippians 4:4-9 (Peace of God surpasses all understanding.)
Disciple Power: steadfastness
Faith Vocabulary: joy, suffering
Holy People: Father Jerzy Popieluszko
Catholics Believe: Theological Virtues, suffering
Prayer: Philippians 2:5-11 (Hymn of Faith)
<i>Catechism of the Catholic Church (CCC): 2419-2445</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 325-327, 450-455</i>

CHAPTER 10 - The Letter to the Colossians
Faith Concepts: <ul style="list-style-type: none"> • The Letter to the Colossians was written to first-generation Christians who were aging and dying. • This letter contains one of the great hymns to the divine Christ. • God calls us to love like him in all that we do and say.
Sacred Scripture: John 13:34-35 (The New Commandment); Colossians 1:15-20 (Christ the person and work); Colossians 2:6-7, 12 (Buried with Christ); Colossians 3:1-4, 12-17 (Christ in our hearts)
Disciple Power: charity
Faith Vocabulary: New Commandment, source and summit
Holy People: Saint Josephine Bakhita, Saint Rose Philippine Duchesne
Catholics Believe: Kindness and mercy
Prayer: 1 John 3:7-16 (Put on Love)
<i>Catechism of the Catholic Church (CCC): 105-107, 515</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 21-33</i>
CHAPTER 11 - The Letter to the Hebrews
Faith Concepts: <ul style="list-style-type: none"> • The Letter to the Hebrews was written for Jews who had accepted Jesus as Messiah and Son of God. • This letter explains how Christ replaces the Temple in whom we encounter God. • The Mass is a source of strength for us to be ambassadors of Christ.
Sacred Scripture: Hebrews 8:1-2 (Christ is the high priest.); Hebrews 9:1-4, 7 (The New Ark); Hebrews 9:11-12, 15 (Christ is mediator of the New Covenant.)
Disciple Power: respect
Faith Vocabulary: apostasy, redemption
Holy People: Charles de Foucauld
Catholics Believe: Faith and works
Prayer: Lectio Divina
<i>Catechism of the Catholic Church (CCC): 1322-1344</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 215-216, 220-224</i>
CHAPTER 12 - The Book of Revelation
Faith Concepts: <ul style="list-style-type: none"> • The Book of Revelation uses vivid images and symbols to help us understand spiritual mysteries. • The last book of the Bible is written to give hope to Christians. • The prophecies in Revelation proclaim Christ's ultimate victory of good over evil.
Sacred Scripture: Revelation 18:1-2, 4-5, 8 (The Fall of Babylon); Revelation 21:1-7, 22:1-4 (The New Heaven and the New Earth); Revelation 22:13 (Jesus is the Alpha and the Omega.)
Disciple Power: hope
Faith Vocabulary: apocalyptic writing, temptation
Holy People: Saint Jeanne d'Arc, North American Martyrs
Catholics Believe: Second Coming of Christ
Prayer: The Lord's Prayer
<i>Catechism of the Catholic Church (CCC): 675-677, 1039, 1048, 1059</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 93-99</i>
Catholic Social Teaching - Unit 2
Principle: Dignity of Work and Rights of Workers
Mathematics: Keep a parish's balance sheet
Language Arts: Write a children's short story.
Creative Arts: Illustrate a children's short story
Faith Action: Use a gift or talent in service for others.

Unit 1: The Revelation of God

CHAPTER 1 - Faith in History
Faith Concepts: <ul style="list-style-type: none"> • Jesus is one person who is fully human and fully divine. • God is one in three Divine Persons. • God calls you to live your faith through your actions.
Sacred Scripture: Mark 8:27-29 (Peter confessing that Jesus is the Messiah); John 1:1, 14 (Word became flesh.); Philipians 2:11 (Every tongue confess that Jesus is Lord.)
Disciple Power: fortitude
Faith Vocabulary: dogma, ecumenical council, heresy
Holy People: Prominent martyrs of the faith
Catholics Believe: Defining Dogma
Prayer: The Apostles' Creed
<i>Catechism of the Catholic Church (CCC): 27-184</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 2-26</i>
CHAPTER 2 - Faith of the Church
Faith Concepts: <ul style="list-style-type: none"> • We have been created to live in friendship and communion with God, and we can come to know him through his creation. • God's revelation of himself and his will is called Divine Revelation. • God is a mystery who can never be fully understood or explained.
Sacred Scripture: Mark 12:29-31 (The Greatest Commandment); 1 Corinthians 13:12 (At present I know partially.)
Disciple Power: knowledge
Faith Vocabulary: Divine Revelation, faith, mystery
Holy People: Saint Elizabeth Ann Seton, Saint Augustine of Hippo, Saint Albert the Great
Catholics Believe: God is the First Cause.
Prayer: Prayer to the Triune God
<i>Catechism of the Catholic Church (CCC): 27, 32-34, 50-53, 153-162</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. pp. 12-18</i>
CHAPTER 3 - The Word of God
Faith Concepts: <ul style="list-style-type: none"> • God inspired human authors to write the Bible in his name. • The Bible reveals God's Covenant with humanity. In Jesus the Covenant is fulfilled. • Sacred Scripture and Sacred Tradition comprise one Deposit of Faith.
Sacred Scripture: Genesis 9:8-10, 12-13 (Covenant with Noah); Jeremiah 33:14-15 (Raise up a shoot of David); John 1:14 (Word became flesh.); Revelation 21:9-27 (New Jerusalem)
Disciple Power: prayer
Faith Vocabulary: canon, covenant, divine inspiration, exegesis
Holy People: Abraham, Moses
Catholics Believe: Original Sin
Prayer: Lectio Divina
<i>Catechism of the Catholic Church (CCC): 54-67, 80, 105-108, 110, 120</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 27-28, 32</i>

CHAPTER 4 - Images of God
Faith Concepts: <ul style="list-style-type: none"> • The Bible uses many different images and descriptions for God. • Jesus, the Word of God Incarnate, is the full revelation of God. • Each of us is created in the image and likeness of God.
Sacred Scripture: Genesis 1:26-27; 2:7 (Creation of man and woman); Deuteronomy 6:4-5 (Hear, O Israel); Isaiah 54:10 (God's love is everlasting); Psalm 139:13 (God formed my innermost being.); Romans 1:20 (Eternal power of God); 1 John 4:8 (God is love.)
Disciple Power: perseverance
Faith Vocabulary: monotheism, omnipresence, original justice
Holy People: Hélder Pessoa Câmara, Saint Teresa of Jesus
Catholics Believe: God is neither male nor female; Angels are spiritual creatures.
Prayer: Ephesians 3:14-21 (Be Glory in Christ)
<i>Catechism of the Catholic Church (CCC): 302-305, 356-373, 378-379, 385-409</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 55-56, 66-67, 364-365</i>
CHAPTER 5 - Divine Activity
Faith Concepts: <ul style="list-style-type: none"> • God makes his presence known through his creation. • We can know that God exists through his plan of Salvation in Jesus Christ. • Seeing with eyes of faith helps us to detect God's presence in the world.
Sacred Scripture: Genesis 1:1-3 (God created the heavens and the earth.); Exodus 3:13-14 (I am who am); Exodus 15:1-2 (The Lord is my strength and my courage.); Exodus 20:5a-6 (God is jealous but merciful.); Isaiah 49:14-16 (God's love is like that of a nurturing mother.)
Disciple Power: fear of the Lord
Faith Vocabulary: grace, freedom, parable, soul
Holy People: Students Reach Out clubs, Teresa of Calcutta
Catholics Believe: Stewards of creation
Prayer: Daniel 3 (Bless the Lord)
<i>Catechism of the Catholic Church (CCC): 232-267</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 49-63</i>
CHAPTER 6 - The Holy Trinity
Faith Concepts: <ul style="list-style-type: none"> • God is one in three Divine Persons: Father, Son, Holy Spirit. • Within the Trinity, there is one divine nature and three Divine Persons. • Our relationships with one another are to reflect the communion of the Holy Trinity.
Sacred Scripture: Deuteronomy 6:4-5 (The Shema); Matthew 28:19 (Baptize in the name of the Father, Son, Holy Spirit); Mark 1:10-11 (Baptism of Jesus); John 14:16-17 (The Advocate, the Spirit of truth); Acts 2:2-3 (Pentecost)
Disciple Power: understanding
Faith Vocabulary: nature, sanctifies, salvation
Holy People: Saint Athanasius
Catholics Believe: God is a community of love; The divine mission of the Trinity
Prayer: Glory to the Trinity
<i>Catechism of the Catholic Church (CCC): 230, 232-249, 257-260</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 51-53</i>
Catholic Social Teaching - Unit 1
Principle: Caring for Creation
Science: Research conditions on viewing the night sky.
Social Studies: Develop a plan for local community action.
Creative Arts: Prepare skits to advocate stewardship.
Faith Action: Reflect on personal stewardship.

Unit 2: The Gift of Salvation

CHAPTER 7 - Unity from Diversity

Faith Concepts:
<ul style="list-style-type: none"> • Through her diversity, the Church expresses oneness and universality. • The Catholic Church is one and holy because of God. • The Church has continually reformed in order to be the light of Christ in the world.
Sacred Scripture: John 17:21-23 (So that they may be one)
Disciple Power: reverence
Faith Vocabulary: Magisterium, rite, schism
Holy People: Saint Charles Borromeo
Catholics Believe: The Church is the sacrament of our communion with God.
Prayer: John 15:5-16 (Remain in My Love)
<i>Catechism of the Catholic Church (CCC): 77, 88, 95, 813-822, 890, 1471-1479, 2033-2034</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 22, 25-30, 133-134, 244-245</i>

CHAPTER 8 - Jesus of Nazareth

Faith Concepts:
<ul style="list-style-type: none"> • God the Son, the Word of God, truly took on flesh and was born of a woman. • Our faith in Christ provides us the right relationship with God and all of creation. • The Resurrection reveals who Jesus truly is and God's plan of Salvation.
Sacred Scripture: Mark 1:4, 7-8, 11 (Jesus' Baptism); Mark 1:14 (The Kingdom of God is at hand.); Mark 2:16-17 (Jesus eats with sinners.); Mark 8:27-30 (Peter confess Jesus is the Messiah.); Luke 4:16-21 (Jesus fulfills the Law.); John 1:14 (Word became flesh.)
Disciple Power: devotion
Faith Vocabulary: Gospel, messiah, metanoia
Holy People: Saint Elizabeth Ann Seton
Catholics Believe: The Gospels are the inspired Word of God.
Prayer: Praying the Beatitudes
<i>Catechism of the Catholic Church (CCC): 512-594</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 79-100</i>

CHAPTER 9 - The Son of God

Faith Concepts:
<ul style="list-style-type: none"> • Jesus Christ is the Incarnate Word of God, the Second Person of the Trinity. • Jesus is one Divine Person with both human and divine natures. • Mary is the Mother of God, and role model of all members of the Church.
Sacred Scripture: Matthew 1:23 (Jesus is Emmanuel); Luke 1:35 (Jesus is the Son of God); Luke 4:18-19 (Jesus is fulfillment of Isaiah's prophecy.); John 19:26-27 (Mary, Mother of the Church)
Disciple Power: joy
Faith Vocabulary: Incarnation, Kyrios
Holy People: Mary, the Mother of God
Catholics Believe: The Immaculate Conception; The Assumption
Prayer: Luke 1:68-72, 73-77 (Blessed Be the Lord)
<i>Catechism of the Catholic Church (CCC): 456-478, 484-507, 522-524, 535-560</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 79, 81-86, 105, 143-144</i>

CHAPTER 10 - Jesus' Passion and Death

Faith Concepts:
<ul style="list-style-type: none"> • Original Sin placed all of humanity in need of God's salvation. • The Paschal Mystery brought about our redemption. • Christ's Resurrection gives us hope when grieving from loss.
Sacred Scripture: Genesis 2:17 (Adam and Eve tempted in Garden); Mark 14: 32-36 (The Garden of Gethsemane); Luke 23:46 (Jesus' last words); 1 Peter 4:6 (Gospel preached to the dead.)
Disciple Power: trust
Faith Vocabulary: expiation, Original Sin, redemption
Holy People: Saint Leonard of Port Maurice
Catholics Believe: The Kingdom of God
Prayer: Meditation on Jesus' Last Words
<i>Catechism of the Catholic Church (CCC): 309-314, 385-390, 396-412, 599-618, 631-635</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 80, 93, 96-97</i>

CHAPTER 11 - The Resurrection and Ascension

Faith Concepts:
<ul style="list-style-type: none"> • Jesus' Resurrection is the source of our hope for eternal life with God. • The Resurrection is the center of our faith in Christ. • With God's grace, we have the strength and hope to handle life's challenges.
Sacred Scripture: John 11:25-26 (Promise of eternal life); Acts 1:9-11 (The Ascension); 1 Corinthians 15:3-6 (Paul testifies to Christ's death, burial and resurrection); Philippians 4:13 (Strength from God)
Disciple Power: piety
Faith Vocabulary: Ascension, Heaven, Hell, Purgatory
Holy People: Saint Mary Magdalene, Saint Paul
Catholics Believe: The resurrection of the body
Prayer: Christ, Our Hope
<i>Catechism of the Catholic Church (CCC): 639-655, 659-664, 668-679, 988-1014, 1020-1050</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 80, 93, 96-97</i>

CHAPTER 12 - The Giver of Life

Faith Concepts:
<ul style="list-style-type: none"> • The Holy Spirit is the power and presence of God at work in the world. • The Holy Spirit is the source of life, unity, and holiness for the Church. • The Gifts and Fruits of the Spirit enable us to work for the Kingdom of God.
Sacred Scripture: Ezekiel 37:1-3, 11-12, 14 (Dry bones); John 3:5 (Born of the Spirit); 1 Corinthians 3:16 (Spirit of God dwells in us.)
Disciple Power: faith
Faith Vocabulary: Advocate, charisms
Holy People: Ezekiel the Prophet
Catholics Believe: The Holy Spirit is the principle author of Scripture.
Prayer: Prayer to the Holy Spirit
<i>Catechism of the Catholic Church (CCC): 94, 152, 190, 291, 691-692, 738-741, 1286, 1830-1832</i>
<i>U.S. Catholic Catechism for Adults (USCCA): pp. 101-110</i>

Catholic Social Teaching - Unit 2

Principle: Preferential Option for the Poor and Vulnerable
Science: Research the aspects of a heat wave.
Social Studies: Identify health services for the elderly.
Language Arts: Present a community plan.
Faith Action: Volunteer to visit those in need.

Unit 1: Sacrament of Salvation

CHAPTER 1 - Discipleship for Today

Faith Concepts:

- Vatican II began a deep reflection on what it means to be Church.
- Vatican II brought a new breath of fresh air into the Church.
- As a result of Vatican II, the Church emphasizes even more the importance of being disciples in the world.

Sacred Scripture: John 13:34-35 (Law of Love)

Disciple Power: wisdom

Faith Vocabulary: aggiornamento, charisms, constitutions

Holy People: Saint Catherine of Siena, Saint Thomas Aquinas

Catholics Believe: Scripture and Tradition flow from Divine Revelation.

Prayer: Prayer for Renewal

Catechism of the Catholic Church (CCC): 670-671, 798-800, 820-821, 827, 1428, 1928-1942, 2003, 2425-2426, 2832

U.S. Catholic Catechism for Adults (USCCA): pp. 21-23, 133-134, 403-404

CHAPTER 2 - The People of God

Faith Concepts:

- The Church is the sacrament of God's love for the whole world.
- The Church is a pilgrim people called together by God to become one in Jesus Christ.
- These are four states of life: single, married, consecrated, and ordained.

Sacred Scripture: Genesis 9:9-13 (Covenant with Noah); Genesis 12:2 (Covenant with Abraham); Jeremiah 31:31-34 (Prophets announce a new covenant); Luke 22:14-20 (New Covenant is Jesus Christ); 1 Corinthians 12:4-7 (Different kinds of spiritual gifts)

Disciple Power: generosity

Faith Vocabulary: consecrated life, laity, ordained ministry

Holy People: Caritas Internationalis

Catholics Believe: The pilgrim Church, Election of the Pope

Prayer: Prayer for Vocations

Catechism of the Catholic Church (CCC): 1751, 758-776, 781-786, 871-913, 1555-1571

U.S. Catholic Catechism for Adults (USCCA): pp. 116-117

CHAPTER 3 - The Mystery of the Church

Faith Concepts:

- The Church is Mystery, a communion of God and humanity; both visible and invisible.
- We are the Body of Christ, who are called to be the hands, feet, and heart of Christ to others.
- God is fully present within the Church, through the Holy Spirit.

Sacred Scripture: Matthew 5:11-12 (Blessed are the persecuted.); Mark 6:34-44 (Miracles of Loaves and Fish); John 6:48-50 (Jesus is the Bread of Life.); 1 Corinthians 3: 16 (Temple of God); 1 Corinthians 12:12-27 (One Body of Christ)

Disciple Power: prayerfulness

Faith Vocabulary: mystery of faith, sacrament

Holy People: Saint Bridget of Sweden

Catholics Believe: Mystical Body of Christ subsists in the Roman Catholic Church.

Prayer: Prayer for God's People

Catechism of the Catholic Church (CCC): 85-90, 751-757, 787-801, 811-865, 888-892

U.S. Catholic Catechism for Adults (USCCA): pp.111-123

CHAPTER 4 - The Marks of the Church

Faith Concepts:

- The Four Marks of the Church are traits that make the Church unique.
- The Catholic Church works for unity among all peoples, especially among Christians.
- The Magisterium is the teaching authority of the Church.

Sacred Scripture: John 17:21 (So that they may all be one.); John 21:24 (John testifies to the truth of the Gospel.)

Disciple Power: integrity

Faith Vocabulary: apostolic succession, ecumenism, infallibility, Magisterium

Holy People: Saint Peter and the Apostles

Catholics Believe: Salvation through the grace of Jesus Christ

Prayer: Psalm 85 (Happy in Your House)

Catechism of the Catholic Church (CCC): 813-822, 823-829, 830-835, 857-865

U.S. Catholic Catechism for Adults (USCCA): pp. 125-139

CHAPTER 5 - People of Prayer

Faith Concepts:

- Prayer is an essential aspect of Christian living.
- When we pray, the Holy Spirit moves us and guides us to communicate.
- Vocal, meditation, and contemplation are the three main expressions of prayer.

Sacred Scripture: Luke 1:26-38 (The Magnificat); John 19:26 (Wedding at Cana); Romans 8:14-15, 26 (The Spirit intercedes for us through prayer.)

Disciple Power: piety

Faith Vocabulary: contemplation, meditation, vocal prayer

Holy People: Saint John of the Cross, Saint Teresa of Ávila

Catholics Believe: Nature of prayer

Prayer: The Magnificat

Catechism of the Catholic Church (CCC): 1174-1178, 2652-2660, 2700-2719

U.S. Catholic Catechism for Adults (USCCA): pp. 461-495

CHAPTER 6 - Prayer of the Church

Faith Concepts:

- Praying with the Church is an essential part our lives.
- Jesus is our greatest teacher in how to pray.
- Popular devotion and sacred images enrich the lives of Catholics.

Sacred Scripture: Matthew 26:39 (Jesus prays in the garden); 1 Thessalonians 5:17-18 (Pray without ceasing)

Disciple Power: obedience

Faith Vocabulary: icons, liturgy, rites

Holy People: Saint Benedict of Nursia, Saint Bernard of Clairvaux, Blessed Virgin Mary

Catholics Believe: Doctrine of the Assumption; Gift of prayer

Prayer: Prayer before a Crucifix

Catechism of the Catholic Church (CCC): 1077-1109, 1145-1206, 2558-2619

U.S. Catholic Catechism for Adults (USCCA): pp. 461-495

Catholic Social Teaching - Unit 1

Principle: Participation in Community Life

Mathematics: Calculate the dimensions of the whiteboard.

Social Studies: Analyze local issues in the news.

Creative Arts: Role-play a dramatic presentation.

Faith Action: Get involved in a community event.

Unit 2: Celebrating Mystery

CHAPTER 7 - History of the Sacraments

Faith Concepts:

- Throughout the centuries, the Church's understanding of the Sacraments has developed.
- Some of the ways in which we celebrate the Sacraments have changed according to the needs of the faithful.
- The Sacraments of Christian Initiation celebrate full communion into the Church.

Sacred Scripture: Ruth 1:16 (Your people shall be my people.)

Disciple Power: humility

Faith Vocabulary: apostates, Christendom, mendicant

Holy People: Saint Francis de Sales, Saint Teresa of Jesus, Saint Justin Martyr, Saint Columba

Catholics Believe: Order of the Mass

Prayer: Psalm 8:4-10 (Praise to God)

Catechism of the Catholic Church (CCC): 26, 298, 817-822, 2493-2498

U.S. Catholic Catechism for Adults (USCCA): pp. 166-179

CHAPTER 8 - Give Thanks to the Lord

Faith Concepts:

- The Mass is our worship to God the Father, with the Son, through the Holy Spirit.
- The Seven Sacraments are the means by which Christ shares grace with us.
- The liturgical year is the cycle of seasons and feasts the Church celebrates each year.

Sacred Scripture: Psalm 119:105 (God is the center of our lives.)

Disciple Power: prudence

Faith Vocabulary: grace, liturgical year

Holy People: Saint Pope Gregory the Great

Catholics Believe: Sacramentals

Prayer: Acclaim the Lord

Catechism of the Catholic Church (CCC): 1113-1144, 1153-1155, 1163-1173

U.S. Catholic Catechism for Adults (USCCA): pp. 165-179

CHAPTER 9 - Baptism and Confirmation

Faith Concepts:

- Baptism, Confirmation, and the Eucharist are the Sacraments of Christian Initiation.
- Through Baptism, we belong to Christ.
- Through Confirmation, the Holy Spirit strengthens us in a mature faith.

Sacred Scripture: Matthew 16:24-27 (Conditions of discipleship); Mark 4:1-9 (Parable of the Sower); Luke 4:16-22 (Rejection at Nazareth); John 3:5 (Born of water and Spirit)

Disciple Power: joy

Faith Vocabulary: Baptism, Confirmation, Sacraments of Christian Initiation

Holy People: Saint Paul Miki, Saint Kateri Tekakwitha

Catholics Believe: Baptismal white garment

Prayer: Professing Our Faith

Catechism of the Catholic Church (CCC): 1210-1212, 1229-1245, 1262-1270, 1286-1311

U.S. Catholic Catechism for Adults (USCCA): pp. 168, 183, 215, 186-191, 201-221

CHAPTER 10 - The Eucharist

Faith Concepts:

- The Mass is our celebration of thanksgiving to God for all he has done for us.
- The Eucharist is the source and summit of the Church's life.
- Holy Communion is our spiritual nourishment, helping us to have compassion and gratitude.

Sacred Scripture: Matthew 18:19-20 (Gathered in Jesus' name); Luke 22:19-20 (Institution of the Eucharist)

Disciple Power: compassion

Faith Vocabulary: Eucharist, memorial, sacrifice

Holy People: Bread for the World

Catholics Believe: Altar as both a place of sacrifice and a table for gathering

Prayer: Christ with Us

Catechism of the Catholic Church (CCC): 1324-1327, 1330-1334, 1337-1340, 1356-1381, 1390

U.S. Catholic Catechism for Adults (USCCA): pp. 213-232

CHAPTER 11 - Sacraments of Healing

Faith Concepts:

- The Sacraments of Healing are Anointing of the Sick and Penance and Reconciliation.
- The Church reaches out to all who are suffering with illness and the effects of old age through the Anointing of the Sick.
- Each of us can experience God's healing grace in the Sacrament of Penance and Reconciliation.

Sacred Scripture: Matthew 6:14-15; 18:21-22 (Forgive as Jesus forgives); John 20:21-23 (Whose sins you forgive are forgiven.); James 5:13-14 (Anointing the sick)

Disciple Power: mercy

Faith Vocabulary: conversion, free will, seal of confession

Holy People: Saints Perpetua and Felicity

Catholics Believe: Concupiscence

Prayer: The Jesus Prayer

Catechism of the Catholic Church (CCC): 547-553, 1420-1470, 1499-1525

U.S. Catholic Catechism for Adults (USCCA): pp. 233-247, 249-259

CHAPTER 12 - Sacraments of Service

Faith Concepts:

- The Sacraments at the Service of Communion are Holy Orders and Matrimony.
- The man and woman who celebrate the Sacrament of Matrimony become a living sign of God's fidelity.
- Holy Orders consecrates men who are called to serve, teach, and lead members of the Church.

Sacred Scripture: Genesis 2:24 (Man and woman to be partners); John 13:34-35 (Coming of the Kingdom)

Disciple Power: service

Faith Vocabulary: celibacy, conjugal act

Holy People: Saint Peter the Apostle

Catholics Believe: Annulments

Prayer: The Beatitudes

Catechism of the Catholic Church (CCC): 358, 825, 871-873, 898, 931, 1533-1589, 1700

U.S. Catholic Catechism for Adults (USCCA): pp. 261-275, 277-292

Catholic Social Teaching - Unit 2

Principle: Solidarity of the Human Family

Language Arts: Write a book report.

Mathematics: Problem solve transportation costs.

Social Studies: Locate relief efforts on a map.

Faith Action: Volunteer to help alleviate hunger and poverty.

Unit 1: Our Call to Moral Living

CHAPTER 1 - The Universal Mission

Faith Concepts:

- Jesus Christ is Lord and Savior of all.
- The Church has a universal mission to make disciples of all nations.
- At the Council of Jerusalem, the Church respected the diversity of her members.

Sacred Scripture: Matthew 28:19-20 (Make disciples of all nations); Acts 9:4-6 (Conversion of Paul); Acts 10:11-13 (Peter's Vision); Acts 10:34-35 (Peter's speech at Pentecost); Acts 15:7-11 (Council of Jerusalem); Galatians 3:26-28 (One in Christ Jesus)

Disciple Power: perseverance

Faith Vocabulary: Catholic, evangelization, missionaries

Holy People: Maryknoll Missionaries, Saint Peter, Saint Paul

Catholics Believe: Faith and works

Prayer: Renewal of Baptismal Promises

Catechism of the Catholic Church (CCC): 4-12, 873, 894-896, 1560, 1897-1904, 1905-1912, 2443-2449

U.S. Catholic Catechism for Adults (USCCA): pp. 15-17, 102-104, 116-121

CHAPTER 2 - Human Dignity

Faith Concepts:

- God created each of us in his image with a body and a soul.
- We are created out of love for eternal happiness with God.
- Happiness on Earth is found in our call to holiness.

Sacred Scripture: Isaiah 49:15-16 (God knows us like a mother knows her infant.); Matthew 5:3-10 (The Beatitudes); Matthew 22:37-40 (The Greatest Commandment); John 13:34 (The Law of Love)

Disciple Power: solidarity

Faith Vocabulary: actual grace, free will, holiness, intellect, sanctifying grace, soul

Holy People: Saint Thérèse Martin

Catholics Believe: The laity

Prayer: Matthew 5:3-12 (The Beatitudes)

Catechism of the Catholic Church (CCC): 1700-1709, 1716-1724, 1999-2000, 2012-2016

U.S. Catholic Catechism for Adults (USCCA): pp. 307-311

CHAPTER 3 - To Follow Jesus

Faith Concepts:

- At the heart of Jesus' teaching is living for the Kingdom of God.
- Love of God and love of neighbor is the core commandment to live the Gospel.
- Every person deserves our love and respect with forgiveness and compassion.

Sacred Scripture: Matthew 5:44-45 (Love your enemies); Matthew 25:31-40 (The Judgment of Nations); Mark 12:29 (The Greatest Commandment); Luke 7:40-43 (Parable of the Debtors); Luke 10:33-37 (The Good Samaritan)

Disciple Power: service

Faith Vocabulary: dignity, discipleship, Kingdom of God

Holy People: Catholic Relief Services, The Good Samaritan, Teresa of Calcutta

Catholics Believe: God is love.

Prayer: John 15:13-14 (A Disciple's Prayer)

Catechism of the Catholic Church (CCC): 668-679, 787-795, 811-972

U.S. Catholic Catechism for Adults (USCCA): pp. 101-113

CHAPTER 4 - Guided by Conscience

Faith Concepts:

- Christian morality is how we live our lives as disciples of Jesus.
- We are called to form our consciences with faith and reason.
- Christian morality is rooted in the teachings of the Church.

Sacred Scripture: Sirach 15:15 (Loyalty is doing God's will.); Romans 6:14-15, 23 (Freedom in grace)

Disciple Power: suffering

Faith Vocabulary: conscience, morality, Natural Law, sin

Holy People: Óscar Arnulfo Romero

Catholics Believe: Universal moral norms

Prayer: Psalm 139:1-7, 24 (Prayer for Guidance)

Catechism of the Catholic Church (CCC): 1731-1742, 1749-1756, 1776-1794 1846-1864, 1954-1960

U.S. Catholic Catechism for Adults (USCCA): pp. 307-321

CHAPTER 5 - The Exercise of Virtue

Faith Concepts:

- Virtues are moral habits of the heart, which become a part of us.
- There are three Theological Virtues and four Cardinal Virtues.
- As Christians we are called to seek the common good in society for the sake of the Kingdom.

Sacred Scripture: 1 Corinthians 13:13 (Greatest is Love); Galatians 5:19-26 (Fruits of the Holy Spirit)

Disciple Power: charity

Faith Vocabulary: Cardinal Virtues, common good, Theological Virtues

Holy People: Saint Vincent de Paul, Saint Louise de Marillac

Catholics Believe: Preparing for the Kingdom of God

Prayer: Prayer for Easter Virtues

Catechism of the Catholic Church (CCC): 1803-1809, 1812-1832, 1869, 1890-1896, 1905-1912

U.S. Catholic Catechism for Adults (USCCA): pp. 315-318, 327-331

CHAPTER 6 - The Grace of the Holy Spirit

Faith Concepts:

- Grace is the very life of God within us, and our participation in his plan.
- Justification is the new life in grace offered to us in Christ.
- The Holy Spirit offers the gift of sanctification, a sharing in the holiness of God.

Sacred Scripture: Mark 4:3-8, 20 (Parable of the Sower); Luke 1:30 (Mary, full of grace); Romans 8:15 (Led by the Spirit)

Disciple Power: commitment

Faith Vocabulary: grace, justification, merit, sanctification

Holy People: Mary, Mother of God

Catholics Believe: The gift of grace

Prayer: Prayer to the Holy Spirit

Catechism of the Catholic Church (CCC): 1987-1997, 2003

U.S. Catholic Catechism for Adults (USCCA): pp. 104-115, 311-313, 315, 320

Catholic Social Teaching - Unit 1

Principle: Dignity of the Human Person

Science: Research disabilities resulting from brain injuries.

Mathematics: Calculate batting averages.

Language Arts: Interview a teacher or volunteer.

Faith Action: Volunteer your time and talents.

Unit 2: The Way to Moral Living

CHAPTER 7 - A Pilgrim Church

Faith Concepts:

- The Second Vatican Council helped the Church respond to the needs of today's world.
- The Church must read the signs of the times and interpret them in light of the Gospel.
- We are called to honor the dignity of the human person as Christ did.

Sacred Scripture: John 3:16-17 (God so loved the world); John 16:12-13 (The Spirit of Truth will guide us.)

Disciple Power: wisdom

Faith Vocabulary: ecumenical council, laity, solidarity

Holy People: Pope John XXIII (Angelo Roncalli)

Catholics Believe: The Church is human and divine.

Prayer: Prayer of the Faithful

Catechism of the Catholic Church (CCC): 670-671, 737-738, 798-800, 820-821, 827, 849-855, 1428, 1783-1785, 1928-1942, 2003, 2425-2426, 2832

U.S. Catholic Catechism for Adults (USCCA): pp. 21-23, 111-123, 501

CHAPTER 8 - To Love God Above All

Faith Concepts:

- The First Commandment demands that we place God first in our lives.
- The Second Commandment calls on us to treat the name of God with respect and never invoke God's name inappropriately.
- The Third Commandment calls on us to give time in prayer to God and to take part in Mass each Sunday.

Sacred Scripture: Exodus 20:2-8 (The first three Commandments); Matthew 5:17, 19 (Jesus comes to fulfill the Law); Philippians 2:9-11 (Above every name is Jesus.)

Disciple Power: obedience

Faith Vocabulary: blasphemy, idols, perjury, reverence

Holy People: Moses

Catholics Believe: Indulgences

Prayer: The Divine Praises

Catechism of the Catholic Church (CCC): 2084-2132, 2142-2159, 2168-2188

U.S. Catholic Catechism for Adults (USCCA): pp. 339-359

CHAPTER 9 - A Community for Life

Faith Concepts:

- The Fourth Commandment means that we must obey those in just authority with respect.
- The Fifth Commandment demands that we treat all human life as sacred.
- We are called to work together to defend the sanctity of human life by be peace-filled disciples of Jesus.

Sacred Scripture: Exodus 20:12-13 (The Fourth and Fifth Commandments); Matthew 5:9 (Blessed are the peacemakers); Acts 5:29 (Obey God over people.)

Disciple Power: respect

Faith Vocabulary: abortion, euthanasia, obedience

Holy People: Community of Sant'Edigio, Saint Augustine of Hippo

Catholics Believe: Gift of human life

Prayer: Prayer for Peace

Catechism of the Catholic Church (CCC): 2196-2246, 2258-2317

U.S. Catholic Catechism for Adults (USCCA): pp. 373-401

CHAPTER 10 - Integrity of Heart

Faith Concepts:

- Our sexuality is a gift from God to be lived through chaste living.
- Marriage is the only proper relationship for sexual activity.
- All forms of stealing are sins against human dignity.

Sacred Scripture: Genesis 1:28 (Dominion over the Earth); Exodus 20:14-15, 17 (The Sixth, Seventh, and Ninth Commandments)

Disciple Power: fidelity

Faith Vocabulary: adultery, chastity, hedonism, stewardship

Holy People: Pope John Paul II (Karol Józef Wojtyła)

Catholics Believe: Purity of heart

Prayer: 1 Corinthians 13:1-7, 13 (If I Have Love)

Catechism of the Catholic Church (CCC): 2331-2391, 2401-2449, 2514-2527

U.S. Catholic Catechism for Adults (USCCA): pp. 403-428, 439-446

CHAPTER 11 - People of Truth

Faith Concepts:

- God commands us to be people of truth and integrity.
- If we lie or covet another's goods, we are to make amends.
- On our journey to Heaven, we are to form humble and generous hearts.

Sacred Scripture: Exodus 20:16-17 (The Eighth and Tenth Commandments); Matthew 5:34, 37 (Teaching about oaths); John 8:31-32 (God's Word will set us free.)

Disciple Power: courage

Faith Vocabulary: covet, envy, generosity, integrity, lying

Holy People: Saint Thomas More, Saint John Fisher

Catholics Believe: Wealth is for the betterment of people.

Prayer: A Litany for Generosity

Catechism of the Catholic Church (CCC): 2464-2503, 2534-2550

U.S. Catholic Catechism for Adults (USCCA): pp. 429-438, 447-457

CHAPTER 12 - The Lord's Prayer

Faith Concepts:

- The Lord's Prayer is the one prayer that Jesus taught his disciples to pray.
- At the heart of the prayer is an understanding of God as Father.
- The Lord's Prayer contains many key points about God's Kingdom.

Sacred Scripture: Matthew 6:9-13 (The Lord's Prayer); Matthew 6:14-15 (Forgiveness of transgressions); Luke 11:11, 13 (Answer to Prayer); John 17:11-15 (May they be one)

Disciple Power: prayer

Faith Vocabulary: temptation

Holy People: Saint Francis of Assisi, Saint Clare of Assisi

Catholics Believe: Prayer as an expression of faith

Prayer: The Lord's Prayer

Catechism of the Catholic Church (CCC): 2761-2772, 2777-2796, 2807-2854

U.S. Catholic Catechism for Adults (USCCA): pp. 481-495

Catholic Social Teaching - Unit 2

Principle: Participation in Community Life

Social Studies: Trace the origins of Islam.

Creative Arts: Role-play the story of Musad.

Mathematics: Problem solve the pizza dilemma.

Faith Action: Reach out to a person in friendship.

*"If you remain in my
word, you will truly be
my disciples..."*

John 8:31



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