



**BORN** 270

**DIED** 343

**FEAST DAY**  
DECEMBER 6

### **Holy Habit**

**Nicholas was generous with others.**

**Generosity is freely sharing the gifts you receive from God to help others.**

## **Saint Nicholas**

### **What do you do to help others?**

Nicholas was born many years ago. His parents taught him to follow Jesus. Later in his life, he became the bishop of Myra.

Nicholas liked to help others in need. There is a story about him helping a father who had three daughters. The father had little money. In those days, each daughter needed a dowry, or money as a gift for the man she would marry. The father had no money to give his daughters.

Nicholas heard about the father and his daughters. He filled three bags with gold coins. On three different nights, Nicholas went to the family's home and left a bag of gold coins. He ran away quickly, but the father saw him. The daughters could get married. The father was very happy.

This story about Nicholas started a time of gift-giving. On December 6, many people give small gifts to remember the generous spirit of Saint Nicholas. He is the patron saint of children.

**Action** **What gifts can you share to help others?**

### Prayer

*Dear Saint Nicholas,  
thank you for  
sharing your gifts  
with others. I want  
to help others, too.  
Guide me to grow  
with a generous  
spirit. Amen.*

**BORN 331**

**DIED 387**

**FEAST DAY**  
**AUGUST 27**

### **Holy Habit**

**Saint Monica loved her husband and family. She showed devotion by her love, loyalty, and willingness to serve God.**

## **Saint Monica**

### **How can prayer help others?**

Monica lived with her husband, their three children, and her husband's mother in North Africa. Her husband and his mother did not believe in Jesus. They were not Christians. Her husband did not treat Monica well.

Monica prayed for him and his mother. Many years later, her husband and his mother became Christians. Monica thanked God!

Monica also prayed for her children, especially her son, Augustine. He did not believe in Jesus. Every day she prayed for her son at church. Soon, with the help of others, Augustine believed in and loved Jesus. Monica thanked God!

Monica never gave up. She continued to love and pray for her family. She was a devoted Christian woman.

### **Action**

**Think about someone that you can help through prayer. Now pray for that person!**

### **Prayer**

***Dear God, praying is important. It helped Saint Monica. Help me to pray for myself and others, especially my family. Amen.***





# Saint Augustine

BORN 354

DIED 430

FEAST DAY  
AUGUST 28

## Why is it important to listen to your parents and trusted adults?

Augustine lived with his parents, grandmother, brother, and sister in North Africa. Saint Monica was his mother.

Augustine made poor choices when he was a young man. He did not obey his mother. He did not believe in Jesus. Augustine's mother prayed for her son every day.

When Augustine was an adult he traveled to Milan, Italy to teach. Bishop Ambrose helped Augustine to know and love Jesus. Augustine was baptized by Bishop Ambrose. Later, Bishop Ambrose became a saint, too!

Augustine lived a holy life and became a priest, then bishop in North Africa. He was a writer and wrote books to help people know and love God.

**Action** What is one way you can help others to know and love God?

**Prayer** *Dear God, you always love me even when I do not listen to my parents. I want to choose to follow your Son, Jesus. Guide me to make good choices in my life. Amen.*

### Holy Habit

In his youth, Augustine did not make good choices. **Prudence** helps us to know what is good for us and to choose what is good.

