



# Adoration Coloring Pages

## Activities for Groups or Families

### 24 HOURS FOR THE LORD

In 2014, the Vatican's Dicastery for Evangelization initiated "24 Hours for the Lord" as an opportunity for dioceses around the world to emphasize the importance of Eucharistic adoration and the Sacrament of Penance and Reconciliation. This event begins on the eve of the Fourth Sunday of Lent, running from Friday, March 28, to Saturday, March 29. During this Jubilee Year 2025, Pope Francis encourages us to focus on God as our hope.

These resources have been developed to aid groups or families during this 24 Hours for the Lord of this Jubilee Year. Being intentional is key during this time. Perhaps you dedicate the first hour to praising God by reading some of the Psalms. Then you might spend another hour in Eucharistic adoration and complete the last hour or so with Confession and then Mass. Whatever you decide, may these resources help you spend these twenty-four hours for the Lord.

### OVERVIEW OF ACTIVITY

The following coloring pages can provide both adults and children with a prayerful activity for a Eucharistic holy hour—that is, a devoted hour in adoration before the Blessed Sacrament. Coloring can help you focus your attention and remain present in the moment, especially if what you are coloring is connected to what is happening around you.

Each of the following pages is suited for a different age group and offers a quote by a saint who was devoted to the Real Presence of Christ in the Eucharist. Provide these coloring pages and colored pencils for use during Eucharistic adoration. Encourage people, children and adults, to spend time reflecting on these images and words before the Blessed Sacrament.



# Adoration Coloring Page

For Adults

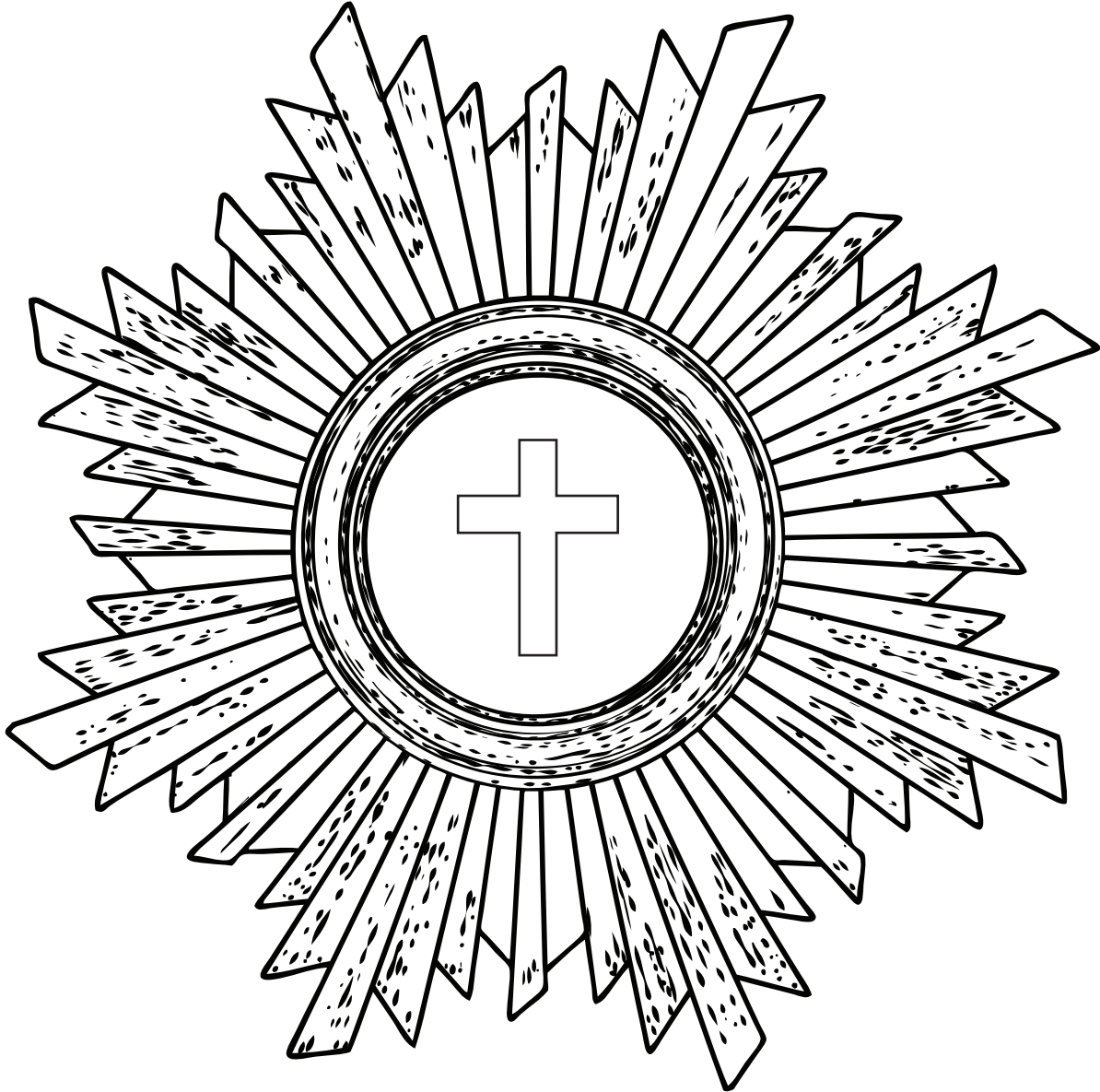


O holy angels,  
make me see God  
on the altar  
as you see him  
in Heaven.

—Saint André Bessette

# Adoration Coloring Page

For High School

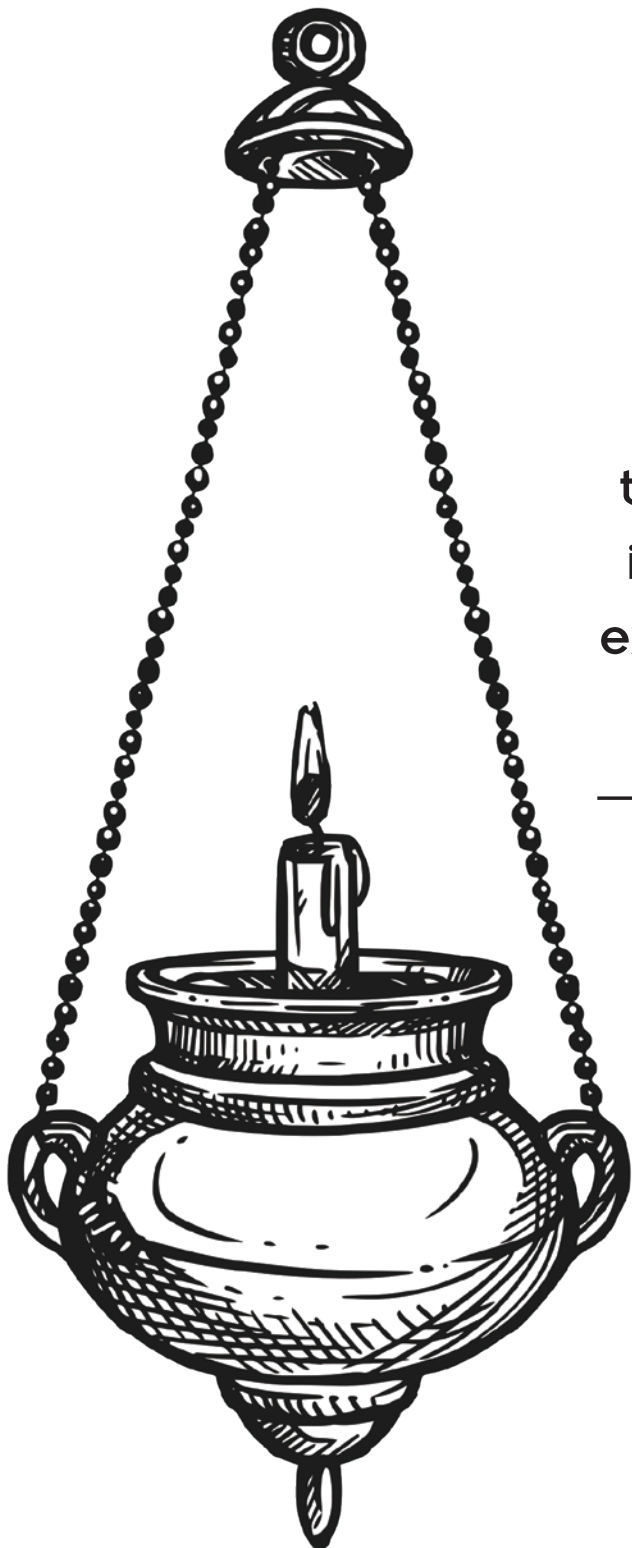


When we face the sun we get a tan . . .  
but when we stand before Jesus  
in the Eucharist we become saints.

—Blessed Carlo Acutis

# Adoration Coloring Page

For Junior High



Do you realize  
that Jesus is there  
in the tabernacle  
expressly for you—  
for you alone?

—Saint Thérèse of Lisieux

# Adoration Coloring Page

For Intermediate

When I find myself  
alone with Jesus,  
I feel myself  
in delightful  
company.  
—Saint Gemma



# Adoration Coloring Page

For Primary



Ask Jesus  
to make you  
a saint.  
After all,  
only he  
can do that.

—Saint Dominic  
Savio