



### GRADE 8 THE STORY OF OUR CHURCH

Chapter	Title	Faith Focus	Family Time	Healthy Habits @ Home	Safer Together	Family in Action	Catechism References
<b>Ch 1</b>	The Social Scene	Belonging to a community is essential to living our faith.	Share moments when friends supported you.	Write one way to commit to justice and love.	Review tips for being safe online.	Practice some social skills this week.	1877-1885, 1939-1942
<b>Ch 2</b>	Sharing the Gift of Life and Love	By their love, husband and wife commit to one another's holiness.	Discuss the importance of promises.	List top five commitments of a married couple.	Review three keys for talking about human sexuality.	Discuss how you live one of the Fruits of the Holy Spirit.	1601-1605, 1639-1640, 1643-1654, 2331-2336
<b>Ch 3</b>	Homegrown Happiness	God is the ultimate fulfillment of our happiness.	Seek advice within your family.	Discuss the Beatitudes.	Identify ways to avoid the abuse of grooming.	Identify ways to make family life happier.	1718-1724, 2214-2231
<b>Ch 4</b>	The Right Companions	Good friends help us to be better persons.	Discuss the benefits of belonging to a group of friends.	List groups your family belongs to.	3 R's of Safety: Recognize, Respond, and Report	Discuss the qualities of being a good friend.	1829, 1939, 2207-2213
<b>Ch 5</b>	Problems and Possibilities	Acting upon our emotions in virtuous ways enriches our lives.	Discuss best ways to express our emotions.	Use a family prayer journal.	Review steps to help deal with anger.	Identify positive ways to respond to emotions.	1763-1770, 1817-1821, 2337-2359
<b>Ch 6</b>	Family Matters	Gratitude is at the heart of happiness.	Develop guidelines for happiness.	Handwrite a letter to another family member.	3 R's of Safety: Recognize, Respond, and Report	Research your family's heritage and genealogy.	1718-1724, 2199, 2220
<b>Ch 7</b>	The Value of Life	Being created in God's image and likeness, every person has dignity.	Keep in mind tips on how to discuss threats to human life.	Mark space in your home as sacred.	Review healthy ways to cope with violence.	List ways your family can defend human life.	1700-1709, 2258-2317
<b>Ch 8</b>	Healthy Judgments	Good judgement helps us make healthy and holy choices.	Discuss as a family the topic of health.	Support one another with health check-ups.	Review simple rules for good decisions.	Track good habits throughout the week.	1805-1809, 2288-2291
<b>Ch 9</b>	A Moral Compass	Following God's laws leads us to doing good.	Discuss the morality of an act.	Talk about the Beatitudes.	Review basic rules when making decisions.	List five essential house rules.	1749-1756, 1776-1794
<b>Ch 10</b>	Faithful to New Life	By their love, husband and wife commit to one another's holiness.	Review active listening for effective communication.	Talk about acts of self-giving.	Create a safe climate to talk about human sexuality.	Identify examples of how to keep a loving home.	1601-1605, 1639-1640, 1643-1654, 2331-2336



### GRADE 8 THE STORY OF OUR CHURCH

Chapter	Title	Faith Focus	Family Time	Healthy Habits @ Home	Safer Together	Family in Action	Catechism References
<b>Ch 11</b>	Respect for Life	Respecting each other develops a consistent ethic of life.	Talk about ways to end the cycle of violence.	Memorialize moments that are life giving.	Examine how consistent you are in respecting others.	Suggest a response to various attitudes.	1810-1811, 2284-2287, 2288-2291
<b>Ch12</b>	Overcoming Temptations	God offers us the abundant gift of grace to overcome temptations.	Discuss the prevalent use of harmful substances.	Identify good habits to overcome bad habits.	Discern a situation involving harmful substances.	Encourage one another to resist temptations.	1810-1811, 2284-2287, 2288-2291
<b>Ch 13</b>	Taking Time	The soul gives the person the power of self-knowledge and freedom.	Share with one another what you hope for in life.	Discuss the gifts and inspiration of your family.	Review tips to help grow in confidence.	Design masks for each family member.	362-368, 1817-1821
<b>Ch 14</b>	Healthy Friendships	Self-respect and self-preservation are necessary for healthy friendships.	Share with one another about the importance of friendships.	Discuss the qualities of being a friend.	Review some steps for developing healthy relationships.	Discuss family guidelines for spending time with friends.	1931, 2517-2519, 2521-2527
<b>Ch 15</b>	Forming Our Consciences	A well-formed conscience comes from choosing the good with the aid of grace.	Seek the advice of other family members.	Identify ways to keep focused on happiness.	Review some basic rules when making decisions.	Discuss advice or counsel for given situations.	1718-1724, 1776-1794
<b>Ch 16</b>	Christian Love	Our sexuality is related to our taking part in God's plan for life and love.	Discuss the topic of authentic love.	Reflect on what Christian love includes.	Review three keys for talking about human sexuality.	Develop a list of expectations for dating.	2331-2337, 2360-2363
<b>Ch 17</b>	Growing in Wisdom	Wisdom gives us the ability to learn more about the meaning and mystery of life.	Share family stories about wisdom imparted.	Discuss appropriate levels of responsibility for overall health.	Share six ways to show you are responsible.	Plan a celebration to honor a family member.	1831, 1877-1885
<b>Ch 18</b>	Overwhelmed by Strong Emotions	Hope opens us up to God's sustaining grace in times of need.	Identify some effective communication strategies.	Use a family prayer journal.	Review the impact our emotions have on us and others.	Identify three activities that will bring joy to the family.	1817-1821, 2697-2745
<b>Ch 19</b>	Love like God	Every person has dignity and deserves our respect.	Discuss the call to love one another, even our enemies.	Mark space in your home as sacred.	Review healthy ways to cope with violence.	Brainstorm ways to cherish human life.	1700-1709, 1825, 2284-2301
<b>Ch 20</b>	The Meaning of Life	God calls each of us to seek him, to know him, and to love him.	Discuss family life as an ongoing journey to God.	Talk about the ways to plant the seeds of justice and love.	3 R's of Safety: Recognize, Respond, and Report	Share as a family some thought-provoking dream-starters.	68, 2204-2207, 2407-2418