



GRADE 7 THE STORY OF JESUS

Chapter	Title	Faith Focus	Family Time	Healthy Habits @ Home	Safer Together	Family in Action	Catechism References
Ch 1	Family Communication	With God's grace, we can communicate with compassion.	Discuss values and virtues important to the family.	Describe living out the Works of Mercy.	3 R's of Safety: Recognize, Respond, and Report	Check off communication principles when in a conflict situation.	1655-1658, 2201-2233, 2447
Ch 2	Practicing Values	We build up God's kingdom when we practice Jesus' values.	Identify the values of your family.	Set aside time and space to talk, to play, and to pray together.	Review steps as a guide to resolve conflicts peacefully.	Identify objects of value in your home.	2044-2046, 2201-2233, 2685
Ch 3	Know Thyself	God has created us resilient so we can seek happiness.	Identify examples of courageous men and women.	Discuss ways in which each family member has been resilient.	Review warning signs of potential predators.	Discern how well your family listens to one another.	1767-1770, 2288-2291
Ch 4	Living Dangerously	God gives us the strength to resist temptation.	Talk about overcoming and avoiding temptations.	Identify some reasons for choosing life.	Evaluate your own state of self-confidence.	Identify the good you experience about your health.	1805-1809, 2288-2291
Ch 5	The Meaning of Love	Love is to will the good of another.	Discuss some ways your family shows charity to others.	Share how each family member's attitude about love has changed.	Review tips for being safe online.	Identify ways in which love is expressed or experienced.	1766, 1822-1829, 2196
Ch 6	Unique Gift of Self	Living chaste lives directs our sexuality toward authentic love.	Discuss your understanding of human sexuality.	Examine healthy ways we care our bodies.	Review statements about abuse.	Discuss the pressures one faces in living a chaste life.	1767-1770, 2288-2291, 2348-2359
Ch 7	Wellness Responsibility	We are responsible for our physical, mental, emotional, and spiritual wellness.	Discuss how we can grow in respect for ourselves and for others.	Establish a family wellness action plan.	3 R's of Safety: Recognize, Respond, and Report	Complete a quick personal wellness check-up.	1805-1809, 2288-2291
Ch 8	Pressure for Good	Good judgment helps us to respond appropriately to peer pressure.	Research a few saints and discuss how they inspire you.	Set aside time and space to talk, to play, and to pray together.	Review steps as a guide to resolve conflicts peacefully.	Analyze and evaluate pressures from popular culture.	1716, 2442, 2685, 2834
Ch 9	Tending to Friends	God created us to be social beings.	Discuss as a family the gift of friendship.	Get to know family friends through planned events and conversations.	Review warning signs of potential predators.	Talk about ways you live the Golden Rule.	1877-1885, 1939-1942
Ch 10	People in Bloom	Every person is beautifully made in God's image and likeness.	Discuss issues related to body decorating.	Pray seeking God's loving mercy.	Review ways your child can grow in confidence.	Complete a quick personal wellness check-up.	1700-1709, 1825, 2284-2301



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Ch 11	The Power of Attraction	Chastity protects the integrity of the body and soul, the whole person.	Talk about the gift of human sexuality.	Discuss how modesty builds confidence in oneself.	Review the importance of being chaste and modest online.	Describe the appropriate outfits for specific situations.	1767-1770, 2288-2291, 2348-2359
Ch 12	Messages of Abuse	We are called to respect the dignity of the human person.	Identify personal examples of honoring human dignity.	Evaluate the family's entertainment choices as healthy or unhealthy.	Identify the ways you show or express love and respect.	Write letters that critique entertainment companies.	1700-1709, 1825, 2284-2301
Ch 13	Rejecting the Destruction	Each of us can temper our actions for the sake of healthy living.	Talk about overcoming and avoiding temptations.	Discuss ways in which you face evil with grace and strength.	Evaluate your good use of healthy habits.	Identify the good you experience about your health.	1805-1809, 2288-2291
Ch 14	Christian Love	Loving like God requires self-giving and sacrifice.	Discuss the ways your family shows charity to others.	Discuss each other's understanding of charity.	Review ways to express love appropriately.	Identify some of the ways love is expressed or experienced.	1766, 1822-1829, 2196
Ch 15	Equal and Unique	Society depends on the complementarity of the two genders.	Discuss the importance of both genders.	Share memories of growing up.	Review ways to appreciate the complementarity of the two genders.	Describe how gender roles are portrayed in the media.	1877-1885, 1939-1942
Ch 16	Needing One Another	Solidarity builds a civil society among people.	Discuss ways to appreciate the gift of a civil society.	Brainstorm ways in which the family can better appreciate other cultures.	Review tips for being safe online.	Identify examples of how each family member shows solidarity with others.	1877-1885, 1939-1942
Ch 17	Communication with Heart	Compassion is sign of God's presence.	Discuss ways to improve communication skills.	Describe living out the Works of Mercy.	Practice speaking openly and honestly.	Check off communication principles when in a conflict situation.	1655-1658, 2201-2233, 2447
Ch 18	Maturing in Faith	Spiritual maturity means becoming more like Jesus.	Ask each other what it means to be like Jesus.	Share how you see others in the family living like Jesus.	Review warning signs of potential predators.	Discern how well your family listens to one another.	1308, 1763-1770
Ch 19	Part of God's Plan	We can be proud of God creating us male and female.	Discuss the importance of both genders.	Share memories of growing up.	Review ways to appreciate the complementarity of the two genders.	Research a saint who can serve as a role model for you.	1767-1770, 2288-2291
Ch 20	Rejecting Social Evil	Chaste living can help us reject social evils and say yes to God.	Cite examples of living Christian love.	Commit to a day and time to go to Confession as a family.	3 R's of Safety: Recognize, Respond, and Report	Discuss how best to respond to harrasment.	1829, 1939, 2207-2213